
Live Alone And Like It

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also a way to check out new stories and categories that we might have never uncovered on our own.

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Live Alone and Like It

The Classic Guide for the Single Woman 5
Spot

"Whether you view your one-woman ménage as Doom or Adventure, you need a plan, if you are going to make the best of it." Thus begins Marjorie Hillis' archly funny, gently prescriptive manifesto for single women. Though it was 1936 when the Vogue editor first shared her wisdom with her fellow singletons, the tome has been passed lovingly through the generations, and is even more apt today than when it was first published. Hillis, a true bon vivant, was sick and tired of hearing single women carping about their living arrangements and lonely lives; this book is her invaluable wake-up call for single women to take control and enjoy their circumstances. Hillis

takes readers through the fundamentals of living alone, including the importance of creating a hospitable environment at home, cultivating hobbies that keep her there ("for no woman can accept an invitation every night without coming to grief"), the question of whether single ladies may entertain men at home (the answer may surprise you!), and many more. With engaging chapter titles like "A Lady and Her Liquor" and "The Pleasures of a Single Bed," along with a new preface by author Laurie Graff (You Have to Kiss A Lot of Frogs), **LIVE ALONE AND LIKE IT** is sure to appeal to live-aloners and many other readers alike.

Live Alone And Like It
Hachette UK

Who can resist a book with chapters such as 'A Lady and Her Liquor', 'Pleasures of a Single Bed' and 'Solitary Refinement'? In this priceless gem from a more genteel age, Marjorie Hillis provides no-nonsense advice for the single-but-hoping-not-to-be woman. 'This book is no brief for living alone. Five out of ten of the people who do so can't help themselves, and at least three of the others are irritatingly selfish. But the chances are that at some time in your life, possibly only now and then between husbands, you will find yourself settling down to a solitary existence . . . The point is that there is a technique about living alone successfully, as there

is about doing anything really well. Whether you view your one-woman menage as Doom or Adventure, you need a plan, if you are going to make the best of it' And, lest you worry about how to put all the advice into practice, every chapter includes a case study providing examples of women who heeded -- and women who disregarded -- these golden rules.

Live Alone and Like It

The Classic Guide for the Single Woman *Hachette UK*

In this witty, engaging guide, a renowned Vogue editor takes readers through the fundamentals of living alone by showing them how to create a welcoming

environment and cultivate home-friendly hobbies, "for no woman can accept an invitation every night without coming to grief." "Whether you view your one-woman ménage as Doom or Adventure, you need a plan, if you are going to make the best of it." Thus begins Marjorie Hillis' archly funny, gently prescriptive manifesto for single women. Though it was 1936 when the Vogue editor first shared her wisdom with her fellow singletons, the tome has been passed lovingly through the generations, and is even more apt today than when it was first published. Hillis, a true bon vivant, was sick and tired of hearing single women carping about their living arrangements and

lonely lives; this book is her invaluable wake-up call for single women to take control and enjoy their circumstances. With engaging chapter titles like "A Lady and Her Liquor" and "The Pleasures of a Single Bed," along with a new preface by author Laurie Graff (You Have to Kiss A Lot of Frogs), *Live Alone and Like It* is sure to appeal to live-aloners—and those considering taking the plunge.

Living Alone and Loving It *Simon and Schuster*

After a relationship impasse, Barbara Feldon -- universally known as the effervescent spy "99" on *Get Smart* -- found herself living alone. Little did she know that this time would

become one of the most enriching and joyous periods of her life. Now Feldon shares her secrets for living alone and loving it. Prescribing antidotes for loneliness, salves for fears, and answers for just about every question that arises in an unpartnered day, she covers both the practical and emotional aspects of the solo life, including how to: Stop imagining that marriage is a solution for loneliness • Nurture a glowing self-image that is not dependent on an admirer • Value connections that might be overlooked • Develop your creative side • End negative thinking Whether you are blessed with the promise of youth or the wisdom of age, *Living Alone & Loving It* will instill the know-how to

forge a life with few maps and many adventures.

Going Solo

The Extraordinary Rise and Surprising Appeal of Living Alone *Penguin*

With eye-opening statistics, original data, and vivid portraits of people who live alone, renowned sociologist Eric Klinenberg upends conventional wisdom to deliver the definitive take on how the rise of going solo is transforming the American experience. Klinenberg shows that most single dwellers—whether in their twenties or eighties—are deeply engaged in social and civic life. There's even evidence that people who live alone enjoy better mental health

and have more environmentally sustainable lifestyles. Drawing on more than three hundred in-depth interviews, Klinenberg presents a revelatory examination of the most significant demographic shift since the baby boom and offers surprising insights on the benefits of this epochal change.

The Art of Living Alone and Loving It

Your inspirational toolkit for a whole and happy life *Allen & Unwin*

Whether you view living alone as the ultimate compromise or the ultimate luxury, it presents daily challenges, such as cooking for one, organising holidays, juggling finances, and avoiding the siren call

of wine, Ugg boots and Netflix. And there are the less tangible tests, like nailing the octopus of loneliness to the wall, and holding your head high in a society where solo living is viewed (consciously or not) as the runner-up prize. Author Jane Mathews believes that to be truly content living alone, it pays to examine every aspect of your life-relationships, health, home, finances, interests and spirituality-and then take action. No matter what your unique situation, there's something here for you. Jane provides the map and you choose the route to a more joyful, contented life.

The Extra Woman

How Marjorie Hillis

Led a Generation of Women to Live Alone and Like it

Presents a cultural history of independent single women between the 1920s and the 1950s through the reclaimed life of glamorous guru Marjorie Hillis.

Living Alone & Liking It!

A Complete Guide to Living on Your Own

Bubbly on Your Budget

Live Luxuriously with What You Have *Chronicle Books*

Bubbly on Your Budget is an effervescent guide to living on a budget without sacrificing style. First published in 1937, these tips stand the test of time. Author

Marjorie Hillis proves that it isn't how much we have, but how we act, that matters. With a charming can-do attitude she offers hundreds of creative solutions, including creating the perfect capsule wardrobe, dining out for brunch rather than dinner, and setting aside a budget for miscellaneous (this is where the bubbly fits in!) each month. Brimming with vintage line illustrations, this delightful book shows that being smart about money and living life to the fullest never goes out of style.

How to Be Alone

If You Want To, and Even If You Don't

Simon and Schuster

The former Sex & Relationships Editor for Cosmopolitan and host

of the wildly popular comedy show *Tinder Live* with Lane Moore presents her poignant, funny, and deeply moving first book. Lane Moore is a rare performer who is as impressive onstage—whether hosting her iconic show *Tinder Live* or being the enigmatic front woman of *It Was Romance*—as she is on the page, as both a former writer for *The Onion* and an award-winning sex and relationships editor for *Cosmopolitan*. But her story has had its obstacles, including being her own parent, living in her car as a teenager, and moving to New York City to pursue her dreams. Through it all, she looked to movies, TV, and music as the family and support

systems she never had. From spending the holidays alone to having better “stranger luck” than with those closest to her to feeling like the last hopeless romantic on earth, Lane reveals her powerful and entertaining journey in all its candor, anxiety, and ultimate acceptance—with humor always her bolstering force and greatest gift. *How to Be Alone* is a must-read for anyone whose childhood still feels unresolved, who spends more time pretending to have friends online than feeling close to anyone in real life, who tries to have genuine, deep conversations in a roomful of people who would rather you not. Above all, it’s a book for anyone who

desperately wants to feel less alone and a little more connected through reading her words.

Abuelo Vivía Solo
Arte Publico Press

A young woman recalls her grandfather's abiding presence in her life as he cares for her throughout her infancy and childhood while her mother is at school or work, until she is the one fixing his snacks and seeing him safely to bed.

The Man Who Lived Alone *David R. Godine*
Publisher

A man who had been unhappy as a child finds after he has grown up that he is happy living alone in his cabin in the New England woods.

Better Than Beauty

A Guide to Charm

Chronicle Books

A collection of hints, tips, and advice on charm, personal beauty, and social interactions.

Orchids on Your Budget

Or Live Smartly on What You Have

Virago

First published in 1937, ORCHIDS ON YOUR BUDGET gives advice on all manner of subjects, from entertaining and creating the perfect capsule wardrobe to relinquishing the family estate. Lest you worry about how to put the advice into practice, each chapter concludes with a case study providing examples of women who heeded - and those lamentable souls

who ignored - Marjorie's wise words. 'It's not difficult to have fun out of economizing (up to a point), both because of the sense of achievement it gives you and because everyone else is doing it, too ... A slight financial pressure sharpens the wits, though it needn't sharpen the disposition. But it takes an interesting person to have an attractive ménage on a shoe-string and to run it with gaiety and charm ... Maybe you would rather play polo than ping-pong, but if you've got an old ping-pong set and no ponies, you'll get a lot more fun out of life from being a ping-pong champion than from taking a dispirited whack with a polo mallet every now and

then.

How to Be Alone

Picador

IN THIS AGE OF CONSTANT CONNECTIVITY, LEARN HOW TO ENJOY SOLITUDE AND FIND HAPPINESS WITHOUT OTHERS. Our fast-paced society does not approve of solitude; being alone is antisocial and some even find it sinister. Why is this so when autonomy, personal freedom, and individualism are more highly prized than ever before? In *How to Be Alone*, Sara Maitland answers this question by exploring changing attitudes throughout history. Offering experiments and strategies for overturning our fear of solitude, she helps us practice it without

anxiety and encourages us to see the benefits of spending time by ourselves. By indulging in the experience of being alone, we can be inspired to find our own rewards and ultimately lead more enriched, fuller lives.

Live Alone and Like it

A Guide for the Extra Woman

Alone Simon and Schuster

Perfect for fans of *Hatchet* and the *I Survived* series, this harrowing middle grade debut novel-in-verse from a Pushcart Prize-nominated poet tells the story of a young girl who wakes up one day to find herself utterly alone in her small Colorado

town. When twelve-year-old Maddie hatches a scheme for a secret sleepover with her two best friends, she ends up waking up to a nightmare. She's alone—left behind in a town that has been mysteriously evacuated and abandoned. With no one to rely on, no power, and no working phone lines or internet access, Maddie slowly learns to survive on her own. Her only companions are a Rottweiler named George and all the books she can read. After a rough start, Maddie learns to trust her own ingenuity and invents clever ways to survive in a place that has been deserted and forgotten. As months pass, she escapes natural disasters, looters, and wild

animals. But Maddie's most formidable enemy is the crushing loneliness she faces every day. Can Maddie's stubborn will to survive carry her through the most frightening experience of her life?

No One Tells You This

A Memoir *Simon & Schuster*

Featured in multiple "must-read" lists, *No One Tells You This* is "sharp, intimate...A funny, frank, and fearless memoir...and a refreshing view of the possibilities—and pitfalls—personal freedom can offer modern women" (Kirkus Reviews). If the story doesn't end with marriage or a child, what then? This question plagued

Glynnis MacNicol on the eve of her fortieth birthday. Despite a successful career as a writer, and an exciting life in New York City, Glynnis was constantly reminded she had neither of the things the world expected of a woman her age: a partner or a baby. She knew she was supposed to feel bad about this. After all, single women and those without children are often seen as objects of pity or indulgent spoiled creatures who think only of themselves. Glynnis refused to be cast into either of those roles, and yet the question remained: What now? There was no good blueprint for how to be a woman alone in the world. It was time to create one. Over the course of her fortieth year, which this “beguiling” (The Washington Post) memoir chronicles, Glynnis embarks on a revealing journey of self-discovery that continually contradicts everything she’d been led to expect. Through the trials of family illness and turmoil, and the thrills of far-flung travel and adventures with men, young and old (and sometimes wearing cowboy hats), she wrestles with her biggest hopes and fears about love, death, sex, friendship, and loneliness. In doing so, she discovers that holding the power to determine her own fate requires a resilience and courage that no one talks about, and is more rewarding than anyone imagines. “Amid the raft of motherhood memoirs

out this summer, it's refreshing to read a book unapologetically dedicated to the fulfillment of single life" (Vogue). No One Tells You This is an "honest" (Huffington Post) reckoning with modern womanhood and "a perfect balance between edgy and poignant" (People)—an exhilarating journey that will resonate with anyone determined to live by their own rules.

On My Own

The Art of Being a Woman Alone *Harmony*

At some point over the course of the average American woman's life, she will find herself alone, whether she is divorced, widowed, single, or in a loveless, isolating relationship. And when that time

comes, it is likely that she will be at a loss as to how to handle it. As a society, we have an unspoken but omnipresent belief that a woman alone is an outcast, inherently flawed in some way. In this invigorating, supportive book, psychotherapist Florence Falk aims to take the fear, doubt, confusion, and helplessness out of being a woman alone. Falk invites all women to find their own paths toward an authentic selfhood, to discover the pleasures and riches of solitude, and to reconnect with others through a newfound sense of self-confidence. Like so many women before her, Florence Falk found herself divorced, alone, and unsure of herself. Soon she

realized that by embracing her solitude for what it was—a potentially enriching and life-altering experience—she could turn what once would have felt like “loneliness” into a far more positive and empowered “aleness.” Falk notes that each of us has two opposing drives: one causes us to yearn to make close connections with others, and the other pulls us back into ourselves, into the need for selfhood and certainty that can only be shaped through solitude. In order to be whole, she says, we must heed both of those impulses. But in our modern culture, the former is stressed while the latter is neglected, even vilified. On My Own

boldly shifts that paradigm. With inspiring, intimate stories of women from all backgrounds, Falk illuminates the essential role that being alone plays in women’s lives. Whether she is in a stable relationship or on her own, every woman must learn to be by herself; for if she can be fully free, unfettered by society’s stigmas about being alone, life and all its possibilities will open up for her. And as Falk demonstrates, once a woman has discovered the richness of solitude, she is not likely to give it up so easily.

Live Alone and Like it

A Guide for the Extra Woman

Unattached

Empowering Essays on Singlehood

Random House

Powerful. Self-assured.
Independent.

Unattached. Thirty women, from Megan Barton-Hanson and Shaparak Khorsandi to Shon Faye and Stephanie Yeboah write on what single womanhood in the modern age means to them. Have you ever worried about going on holiday alone? Felt queasy at the thought of Valentine's Day without a date? Thought to yourself, "I want what she has?" This book is the tonic you need. ANGELICA MALIN - MEGAN BARTON HANSON - ANNIE LORD - STEPHANIE YEBOAH - SHAPARAK KHORSANDI - POORNA BELL -

CHARLIE CRAGGS - REBECCA REID - ASHLEY JAMES - CHANTÉ JOSEPH - ROSIE WILBY - SALMA EL-WARDANY - NATALIE BYRNE - SHON FAYE - VENUS LIBIDO - JESSICA MORGAN - FRANCESCA SPECTER - SHANI SILVER - RACHEL THOMPSON - BELLA DEPAULO - MIA LEVITIN - FELICITY MORSE - KETAKI CHOWKHANI - LUCIE BROWNLEE - CHLOE PIERRE - SOPHIA MONEY-COUTTS - NICOLA SLAWSON - RAHEL AKLILU - SOPHIA LEONIE - ROSE STOKES - MADELEINE SPENCER
Curated by journalist and author Angelica Malin, *Unattached* explores the nuances of being single today through the voices of thirty women; with personal essays reflecting both the

unique challenges (hello, going to a wedding alone), and the glorious benefits (goodbye, joint bank account). Unattached shines a light on brilliant women stepping into their power, owning being alone, and reveals the true depth of female potential when we choose to go against what society expects of us and revel in our own strength.

Alone and Content

Inspiring, Empowering Essays to Help Divorced and Widowed Women Feel Whole and Complete on Their Own *Createspace Independent Publishing Platform*

"This collection of essays offers hope and encouragement for

those searching for answers. Here, you'll find practical and inspirational advice for overcoming loneliness, rediscovering your true self, and coming into your own with confidence, curiosity, and a renewed love for life. The thoughtful counsel in this book will help you develop a new, stronger sense of self and experience the freedom that comes with being alone and content"--Back cover.

One Night at the Call Center

A Novel *Ballantine Books*

Press 1 for technical support. Press 2 for broken hearts. Press 3 if your life has totally crashed. . . . Six friends work nights at a call center in India, providing technical

support for a major U.S. appliance corporation. Skilled in patience-and accent management-they help American consumers keep their lives running. Yet behind the headsets, everybody's heart is on the line. Shyam (Sam to his callers) has lost his self-confidence after being dumped by the girl who just so happens to be sitting next to him. Priyanka's domineering mother has arranged for her daughter's upscale marriage to an Indian man in Seattle. Esha longs to be a model but discovers it's a horizontal romp to the runway. Lost, dissatisfied Vroom has high ideals, but compromises them by talking on the phone to idiots each night. Traditional Radhika has

just found out that her husband is sleeping with his secretary. And Military Uncle (nobody knows his real name) sits alone working the online chat. They all try to make it through their shifts-and maintain their sanity-under the eagle eye of a boss whose ego rivals his incompetence. But tonight is no ordinary night. Tonight is Thanksgiving in America: Appliances are going haywire, and the phones are ringing off their hooks. Then one call, from one very special caller, changes everything. Chetan Bhagat's delicious romantic comedy takes us inside the world of the international call center, where cultural cross-wires come together with perfect pathos, hilarity, and

spice.

Singled Out

How Singles Are Stereotyped, Stigmatized, and Ignored, and Still Live Happily Ever After *St. Martin's Press*

People who are single are changing the face of America. Did you know that: * More than 40 percent of the nation's adults---over 87 million people---are divorced, widowed, or have always been single. * There are more households comprised of single people living alone than of married parents and their children. * Americans now spend more of their adult years single than married. Many of today's single people have engaging jobs, homes that they own,

and a network of friends. This is not the 1950s---singles can have sex without marrying, and they can raise smart, successful, and happy children. It should be a great time to be single. Yet too often single people are still asked to defend their single status by an onslaught of judgmental peers and fretful relatives. Prominent people in politics, the popular press, and the intelligentsia have all taken turns peddling myths about marriage and singlehood. Marry, they promise, and you will live a long, happy, and healthy life, and you will never be lonely again. Drawing from decades of scientific research and stacks of stories from the front lines of singlehood, Bella DePaulo debunks

the myths of singledom---and shows that just about everything you've heard about the benefits of getting married and the perils of staying single are grossly exaggerated or just plain wrong. Although singles are singled out for unfair treatment by the workplace, the marketplace, and the federal tax structure, they are not simply victims of this singlism. Single people really are living happily ever after. Filled with bracing bursts of truth and dazzling dashes of humor, Singled Out is a spirited and provocative read for the single, the married, and everyone in between. You will never think about singlehood or marriage the same way again.

Singled Out debunks the Ten Myths of Singlehood, including: Myth #1: The Wonder of Couples: Marrieds know best. Myth #3: The Dark Aura of Singlehood: You are miserable and lonely and your life is tragic. Myth #5: Attention, Single Women: Your work won't love you back and your eggs will dry up. Also, you don't get any and you're promiscuous. Myth #6: Attention, Single Men: You are horny, slovenly, and irresponsible, and you are the scary criminals. Or you are sexy, fastidious, frivolous, and gay. Myth #7: Attention, Single Parents: Your kids are doomed. Myth #9: Poor Soul: You will grow old alone and you will die in a room by yourself where no one will find

you for weeks. Myth #10: Family Values: Let's give all of the perks, benefits, gifts, and cash to couples and call it family values. "With elegant analysis, wonderfully detailed examples, and clear and witty prose, DePaulo lays out the many, often subtle denigrations and discriminations faced by single adults in the U.S. She addresses, too, the resilience of single women and men in the face of such singlism. A must-read for all single adults, their friends and families, as well as social scientists and policy advocates." ---E. Kay Trimberger, author of *The New Single Woman*

How We Live Now

Redefining Home

and Family in the 21st Century *Simon and Schuster*

A close-up examination and exploration, *How We Live Now* challenges our old concepts of what it means to be a family and have a home, opening the door to the many diverse and thriving experiments of living in twenty-first century America. Across America and around the world, in cities and suburbs and small towns, people from all walks of life are redefining our "livespaces"—the way we live and who we live with. The traditional nuclear family in their single-family home on a suburban lot has lost its place of prominence in contemporary life. Today, Americans have more choices than ever

before in creating new ways to live and meet their personal needs and desires. Social scientist, researcher, and writer Bella DePaulo has traveled across America to interview people experimenting with the paradigm of how we live. In *How We Live Now*, she explores everything from multi-generational homes to cohousing communities where one's "family" is made up of friends and neighbors to couples "living apart together" to single-living, and ultimately uncovers a pioneering landscape for living that throws the old blueprint out the window. Through personal interviews and stories, media accounts, and in-depth research, *How We Live Now* explores thriving lifespaces, and offers

the reader choices that are freer, more diverse, and more attuned to our modern needs for the twenty-first century and beyond.

Choosing the Simply Luxurious Life

A Modern Woman's Guide

How can you have a rich and fulfilling life? The choices you make, not your income or financial assets, are the most powerful determining factor for your quality of life. Women have never had so many options. Yet we often experience a kind of paralysis, an unconscious willingness to follow societal dictates rather than become the CEOs of our own lives. When we mindlessly follow

the dots, we smother our innate gifts and miss opportunities to fulfill our true potential. There is another way-choosing to live a simply luxurious life. This book will show you how to invest your time and what to eliminate from your life. It will enable you to:

- * Design a life of purpose that is aligned with your passions and talents
- * Become financially independent
- * Enjoy cultivating a healthy mind and body
- * Build and maintain strong, loving relationships
- * Create a chic, timeless signature style
- * Design a comfortable home that is a true sanctuary
- * Travel in comfort and style
- * Discover simple pleasures that make each day something to look forward to

You can

curate the life of your dreams by being purposeful and selective, no matter where you live, your income, or your relationship status. Luxury and true fulfillment are ours for the having if we know where to look and how to make the right choices.

Live Alone and Like It *Virago Press*

Who can resist a book with chapters such as 'A Lady and Her Liquor', 'Pleasures of a Single Bed' and 'Solitary Refinement'? In this priceless gem from a more genteel age, Marjorie Hillis provides no-nonsense advice for the single-but-hoping-not-to-be woman. ***'This book is no brief for living alone. Five out of ten of the people who do

so can't help themselves, and at least three of the others are irritatingly selfish. But the chances are that at some time in your life, possibly only now and then between husbands, you will find yourself settling down to a solitary existence . . . The point is that there is a technique about living alone successfully, as there is about doing anything really well. Whether you view your one-woman menage as Doom or Adventure, you need a plan, if you are going to make the best of it' *** And, lest you worry about how to put all the advice into practice, every chapter concludes with a case study providing examples of women who heeded -- and women who

disregarded -- these golden rules.

Alone

The Badass Psychology of People Who Like Being Alone
Createspace Independent Publishing Platform

Collection of more than 60 articles published in places such as Psychology Today, Psych Central, and the Washington Post.

Live Alone and Like it

A Dream I Lived Alone *Ebury Press*
Padma Vibhushan-awardee Ustad Ghulam Mustafa Khan narrates his life's story-from practicing music in a graveyard as a young boy to teaching stalwarts of the music

industry, his journey is as lyrical as his songs. The octogenarian has nourished his family with love and care, even in his absence. Guru to Shaan, Sonu Nigam, Lata Mangeshkar, and many others, he is modest even about his own achievements.

Captured in its essence by Namrata Gupta Khan, his daughter-in-law, *A Dream I Lived Alone* is a heart-warming story of love, riyaz, dedication and the maestro of music, Ustad Ghulam Mustafa Khan.

Think Again

The Power of Knowing What You Don't Know *Penguin*

#1 New York Times Bestseller “THIS. This is the right book for right now. Yes, learning

requires focus. But, unlearning and relearning requires much more—it requires choosing courage over comfort. In *Think Again*, Adam Grant weaves together research and storytelling to help us build the intellectual and emotional muscle we need to stay curious enough about the world to actually change it. I’ve never felt so hopeful about what I don’t know.”

—Brené Brown, Ph.D., #1 New York Times bestselling author of *Dare to Lead* The bestselling author of *Give and Take* and *Originals* examines the critical art of rethinking: learning to question your opinions and open other people's minds, which can position you for excellence at work and

wisdom in life. Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there's another set of cognitive skills that might matter more: the ability to rethink and unlearn. In our daily lives, too many of us favor the comfort of conviction over the discomfort of doubt. We listen to opinions that make us feel good, instead of ideas that make us think hard. We see disagreement as a threat to our egos, rather than an opportunity to learn. We surround ourselves with people who agree with our conclusions, when we should be gravitating toward those who challenge our thought process. The result is that our beliefs get brittle long before our bones. We think too much like preachers defending our sacred beliefs, prosecutors proving the other side wrong, and politicians campaigning for approval--and too little like scientists searching for truth. Intelligence is no cure, and it can even be a curse: being good at thinking can make us worse at rethinking. The brighter we are, the blinder to our own limitations we can become.

Organizational psychologist Adam Grant is an expert on opening other people's minds--and our own. As Wharton's top-rated professor and the bestselling author of *Originals* and *Give and Take*, he makes it one of his guiding principles to argue like

he's right but listen like he's wrong. With bold ideas and rigorous evidence, he investigates how we can embrace the joy of being wrong, bring nuance to charged conversations, and build schools, workplaces, and communities of lifelong learners. You'll learn how an international debate champion wins arguments, a Black musician persuades white supremacists to abandon hate, a vaccine whisperer convinces concerned parents to immunize their children, and Adam has coaxed Yankees fans to root for the Red Sox. *Think Again* reveals that we don't have to believe everything we think or internalize everything we feel. It's an invitation to let go of

views that are no longer serving us well and prize mental flexibility over foolish consistency. If knowledge is power, knowing what we don't know is wisdom.

The Four Winds

A Novel *St. Martin's Press*

"The Bestselling Hardcover Novel of the Year."--Publishers Weekly From the number-one bestselling author of *The Nightingale* and *The Great Alone* comes a powerful American epic about love and heroism and hope, set during the Great Depression, a time when the country was in crisis and at war with itself, when millions were out of work and even the land seemed to have turned against them.

“My land tells its story if you listen. The story of our family.” Texas, 1921. A time of abundance. The Great War is over, the bounty of the land is plentiful, and America is on the brink of a new and optimistic era. But for Elsa Wolcott, deemed too old to marry in a time when marriage is a woman’s only option, the future seems bleak. Until the night she meets Rafe Martinelli and decides to change the direction of her life. With her reputation in ruin, there is only one respectable choice: marriage to a man she barely knows. By 1934, the world has changed; millions are out of work and drought has devastated the Great Plains. Farmers are fighting to keep their land and their livelihoods as crops fail and water dries up and the earth cracks open. Dust storms roll relentlessly across the plains. Everything on the Martinelli farm is dying, including Elsa’s tenuous marriage; each day is a desperate battle against nature and a fight to keep her children alive. In this uncertain and perilous time, Elsa—like so many of her neighbors—must make an agonizing choice: fight for the land she loves or leave it behind and go west, to California, in search of a better life for her family. The Four Winds is a rich, sweeping novel that stunningly brings to life the Great Depression and the people who lived through it—the harsh realities that divided us

as a nation and the enduring battle between the haves and the have-nots. A testament to hope, resilience, and the strength of the human spirit to survive adversity, *The Four Winds* is an indelible portrait of America and the American dream, as seen through the eyes of one indomitable woman whose courage and sacrifice will come to define a generation.

A Single Thread *Viking*

After the Great War took both her beloved brother and her fiancé, Violet Speedwell has become a "surplus woman," one of a generation doomed to a life of spinsterhood. She is drawn into a society of women who embroider kneelers for

the cathedral. When forces threaten her new independence and another war appears on the horizon, she fights to put down roots in a place where women aren't expected to grow.

If I Lived Alone

If I lived alone, I could eat ice cream, for breakfast, lunch, and dinner. I wouldn't have to share my toys or clean up my room. That would be great! Or would it? With humor and insight, this book explores the many ways family members need each other.

The Breakup Bible

The Smart Woman's Guide to Healing from a Breakup or Divorce *Harmony*

Breakups are an

unfortunate but inevitable part of every woman's life, and there's no denying that the heartache experienced after the ending of a serious relationship can be excruciating. But it doesn't have to feel insurmountable, and there is always hope to be found. In *The Breakup Bible*, psychotherapist and breakup expert Rachel Sussman reveals the secrets every woman needs to get her life back on track. Drawing on hundreds of counseling sessions she's conducted with women at all stages of recovery, Sussman developed a proven 3-phase process for healing from a breakup. *The Breakup Bible* takes women through Healing, Understanding, and

Transformation, with new perspectives and advice from real, healed women at each step. Sussman's plan for getting over the end of a relationship is revolutionary and sound, complete with steps for creating a personalized Love Map, a vital and groundbreaking tool for moving on after a breakup. *The Breakup Bible* proves that it is possible to not only survive a breakup, but to emerge from one as an even stronger, empowered woman.

Count Down

How Our Modern World Is Threatening Sperm Counts, Altering Male and Female Reproductive Development, and Imperiling the

Future of the Human Race *Scribner*

In the tradition of *Silent Spring* and *The Sixth Extinction*, an urgent, meticulously researched, and groundbreaking book about the ways in which chemicals in the modern environment are changing—and endangering—human sexuality and fertility on the grandest scale, from renowned epidemiologist Shanna Swan. In 2017, author Shanna Swan and her team of researchers completed a major study. They found that over the past four decades, sperm levels among men in Western countries have dropped by more than 50 percent. They came to this conclusion after examining 185 studies involving close to 45,000 healthy men.

The result sent shockwaves around the globe—but the story didn't end there. It turns out our sexual development is changing in broader ways, for both men and women and even other species, and that the modern world is on pace to become an infertile one. How and why could this happen? What is hijacking our fertility and our health? *Count Down* unpacks these questions, revealing what Swan and other researchers have learned about how both lifestyle and chemical exposures are affecting our fertility, sexual development—potentially including the increase in gender fluidity—and general health as a species. Engagingly explaining the science and

repercussions of these worldwide threats and providing simple and practical guidelines for effectively avoiding chemical goods (from water bottles to shaving cream) both as individuals and societies, *Count Down* is at once an urgent wake-up call, an illuminating read, and a vital tool for the protection of our future.

The Lonely City

Adventures in the Art of Being Alone *Macmillan*

"You can be lonely anywhere, but there is a particular flavor to the loneliness that comes from living in a city, surrounded by thousands of strangers. *The Lonely City* is a roving cultural history of urban loneliness,

centered on the ultimate city: Manhattan, that teeming island of gneiss, concrete, and glass. What does it mean to be lonely? How do we live, if we're not intimately involved with another human being? How do we connect with other people, particularly if our sexuality or physical body is considered deviant or damaged? Does technology draw us closer together or trap us behind screens? Olivia Laing explores these questions by travelling deep into the work and lives of some of the century's most original artists, among them Andy Warhol, David Wojnarowicz, Edward Hopper, Henry Darger and Klaus Nomi. Part memoir, part biography, part

dazzling work of cultural criticism, *The Lonely City* is not just a map, but a celebration of the state of loneliness. It's a voyage out to a strange and sometimes lovely island, adrift from the larger continent of human experience, but visited by many - millions, say - of souls"--

Honjok

The Art of Living Alone *Eddison Books Limited*

Honjok is the South Korean term for loners and for those who undertake activities alone. Living and being alone is a growing, global phenomenon fed in part by the isolation that social media and technology can bring and by more people opting to remain

single. This beautiful and timely book analyzes the trend and explains the difference between lonely and alone; how introspection can present opportunities for self-discovery and building self esteem and how solitude can be nurtured to help foster more happiness and fulfilment. Giving practical, psychological and inspirational support, this book will help those embarking on their solo adventure to embrace solitude and independence with confidence.

Heat Wave

A Social Autopsy of Disaster in Chicago *University of Chicago Press*

On Thursday, July 13, 1995, Chicagoans awoke to a blistering

day in which the temperature would reach 106 degrees. The heat index, which measures how the temperature actually feels on the body, would hit 126 degrees by the time the day was over. Meteorologists had been warning residents about a two-day heat wave, but these temperatures did not end that soon. When the heat wave broke a week later, city streets had buckled; the records for electrical use were shattered; and power grids had failed, leaving residents without electricity for up to two days. And by July 20, over seven hundred people had perished—more than twice the number that died in the Chicago Fire of 1871, twenty times the

number of those struck by Hurricane Andrew in 1992—in the great Chicago heat wave, one of the deadliest in American history. Heat waves in the United States kill more people during a typical year than all other natural disasters combined. Until now, no one could explain either the overwhelming number or the heartbreaking manner of the deaths resulting from the 1995 Chicago heat wave. Meteorologists and medical scientists have been unable to account for the scale of the trauma, and political officials have puzzled over the sources of the city's vulnerability. In *Heat Wave*, Eric Klinenberg takes us inside the anatomy of the metropolis to conduct what he calls a "social autopsy,"

examining the social, political, and institutional organs of the city that made this urban disaster so much worse than it ought to have been. Starting with the question of why so many people died at home alone, Klinenberg investigates why some neighborhoods experienced greater mortality than others, how the city government responded to the crisis, and how journalists, scientists, and public officials reported on and explained these events. Through a combination of years of fieldwork, extensive interviews, and archival research, Klinenberg uncovers how a number of surprising and unsettling forms of social breakdown—including the literal and social isolation of seniors, the institutional abandonment of poor neighborhoods, and the retrenchment of public assistance programs—contributed to the high fatality rates. The human catastrophe, he argues, cannot simply be blamed on the failures of any particular individuals or organizations. For when hundreds of people die behind locked doors and sealed windows, out of contact with friends, family, community groups, and public agencies, everyone is implicated in their demise. As Klinenberg demonstrates in this incisive and gripping account of the contemporary urban condition, the widening

cracks in the social foundations of American cities that the 1995 Chicago heat wave made visible have by no means subsided as the temperatures returned to normal. The forces that affected Chicago so disastrously remain in play in America's cities, and we ignore them at our peril. For the Second Edition Klinenberg has added a new Preface showing how climate change has made extreme weather events in urban centers a major challenge for cities and nations across our planet, one that will require commitment to climate-proofing changes to infrastructure rather than just relief responses.

Children Under Fire

An American Crisis

HarperCollins

One of The New York Times' 16 New Books to Watch for in March One of Publishers Weekly's Most Anticipated Books of the Year One of Newsweek's Most Highly Anticipated Books of The Year One of BuzzFeed's Most Anticipated Books the Year Based on the acclaimed series—a finalist for the Pulitzer Prize—an intimate account of the devastating effects of gun violence on our nation's children, and a call to action for a new way forward In 2017, seven-year-old Ava in South Carolina wrote a letter to Tyshaun, an eight-year-old boy from Washington, DC. She asked him to be her pen pal; Ava thought they could help each

other. The kids had a tragic connection—both were traumatized by gun violence. Ava's best friend had been killed in a campus shooting at her elementary school, and Tyshaun's father had been shot to death outside of the boy's elementary school. Ava's and Tyshaun's stories are extraordinary, but not unique. In the past decade, 15,000 children have been killed from gunfire, though that number does not account for the kids who weren't shot and aren't considered victims but have nevertheless been irreparably harmed by gun violence. In *Children Under Fire*, John Woodrow Cox investigates the effectiveness of gun safety reforms as well as efforts to manage children's trauma in the wake of neighborhood shootings and campus massacres, from Columbine to Marjory Stoneman Douglas. Through deep reporting, Cox addresses how we can effect change now, and help children like Ava and Tyshaun. He explores their stories and more, including a couple in South Carolina whose eleven-year-old son shot himself, a Republican politician fighting for gun safety laws, and the charlatans infiltrating the school safety business. In a moment when the country is desperate to better understand and address gun violence, *Children Under Fire* offers a way to do just

that, weaving States to embrace
wrenching personal practical reforms that
stories into a critical would save thousands
call for the United of young lives.