

# Black Privilege Opportunity Comes To Those Who Create It

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## Black Privilege

### Opportunity Comes to Those Who Create It *Simon and Schuster*

An instant New York Times bestseller! Charlamagne Tha God—the self-proclaimed “Prince of Pissing People Off,” cohort of Power 105.1’s The Breakfast Club, and “the most important voice in hip-hop”—shares his eight principles for unlocking your God-given privilege. In Black Privilege, Charlamagne presents his often controversial and always brutally honest insights on how living an authentic life is the quickest path to success. This journey to truth begins in the small town of Moncks Corner, South Carolina, and leads to New York and headline-grabbing interviews and insights from celebrities like Kanye West, Kevin Hart, Malcolm Gladwell, Lena Dunham, Jay Z, and Hillary Clinton. Black Privilege lays out all the great wisdom Charlamagne’s been given from many mentors, and tells the uncensored story of how he turned around his troubled early life by owning his (many) mistakes and refusing to give up on his dreams, even after his controversial opinions got him fired from several on-air jobs. These life-learned principles include: -There are no losses in life, only lessons -Give people the credit they deserve for being stupid—starting with yourself -It’s not the size of the pond but the hustle in the fish -When you live your truth, no one can use it against you -We all have privilege, we just need to access it By combining his own story with bold advice and his signature commitment to honesty no matter the cost, Charlamagne hopes Black Privilege will empower you to live your own truth.

## Black Privilege

### Opportunity Comes to Those Who Create It *Simon and Schuster*

Charlamagne Tha God shares his unlikely success story.

## Shook One

### Anxiety Playing Tricks on Me *Atria Books*

Charlamagne Tha God, New York Times bestselling author of Black Privilege and always provocative cohort of Power 105.1’s The Breakfast Club, reveals his blueprint for breaking free from your fears and anxieties. Being “shook” is more than a rap lyric for Charlamagne, it’s his mission to overcome. While it may seem like he’s ahead of the game, he is actually plagued by anxieties, such as the fear of losing his roots, the fear of being a bad dad, and the fear of being a terrible husband. In the national bestseller Shook One, Charlamagne chronicles his journey to beat those fears and shows a path that you too can take to overcome the anxieties that may be holding you back. Ironically, Charlamagne’s fear of failure—of falling into the life of stagnation or crime that caught up so many of his friends and family in his hometown of Moncks Corner—has been the fuel that has propelled him to success. However, even after achieving national prominence as a radio personality, Charlamagne still found himself paralyzed by anxiety and distrust. Here, in Shook One, he is working through these problems—many of which he traces back to cultural PTSD—with help from mentors, friends, and therapy. Being anxious doesn’t serve the same purpose anymore. Through therapy, he’s figuring out how to get over the irrational fears that won’t take him anywhere positive. Charlamange hopes Shook One can be a call to action: Getting help is your right. His second book “cements the radio personality’s stance in making sure he’s on the right side of history when it comes to society’s growing focus on mental health, while helping remove the negative stigma” (Billboard).

## Summary of Charlamagne Tha God's Black Privilege

### Key Takeaways & Analysis *Createspace Independent Publishing Platform*

PLEASE NOTE: This is a summary, analysis and review of the book and not the original book. In Charlamagne The God's half-memoir, half-self-help book, "Black Privilege: Opportunity Comes to Those Who Create It," the successful radio show host weaves a balance between his own personal narrative and the lessons he learned into a guide for anyone to find success, no matter where they came from. This SUMOREADS Summary & Analysis offers supplementary material to "Black Privilege" to help you distill the key takeaways, review the book's content, and further understand the writing style and overall themes from an editorial perspective. Whether you'd like to deepen your understanding, refresh your memory, or simply decide whether or not this book is for you, SUMOREADS Summary & Analysis is here to help. Absorb everything you need to know in under 20 minutes! What does this SUMOREADS Summary & Analysis Include? An Executive Summary of the original book Editorial Review Key takeaways & analysis Brief chapter summaries A short bio of the the author Original Book Summary Overview Raised in a small town by a religious mother and a crack sniffing, alcoholic father, life didn't come on a platter for Charlamagne. The environment was harsh but here's where he learned one of his most valued principles of attaining success in life: "bite your tongue for none." By following his gut and believing in himself, he managed to land jobs in different radio stations including co-hosting the Wendy Williams show and hosting the Breakfast Club. As a person in the public arena, he experienced love, hate, criticism, physical attack and even dismissal from four different jobs on account of his brutal honesty. Charlamagne describes brutal honesty as a sign of real friendship and good manners. He writes boldly, using fearless speech and uncensored anecdotes from his formative years to explain his evolution. The author is expressive about his sexual and criminal escapades and articulates his learning points using lyrics from hip hop tracks. He quotes artists like a skilled essayist on an excellent thesis driving the point home brilliantly, especially for lovers of hip hop music. He shares eight principles which he learned and developed over time. These principles have been the anchor of his successes, and he hopes to impress on the reader. BEFORE YOU BUY: The purpose of this SUMOREADS Summary & Analysis is to help you decide if it's worth the time, money and effort reading the original book (if you haven't already). SUMOREADS has pulled out the essence-but only to help you ascertain the value of the book for yourself. This analysis is meant as a supplement to, and not a replacement for, "Black Privilege."

## Black Privilege

### Modern Middle-Class Blacks with Credentials and Cash to Spend *Stanford University Press*

In their own words, the subjects of this book present a rich portrait of the modern black middle-class, examining how cultural consumption is a critical tool for enjoying material comforts as well as challenging racism. New York City has the largest population of black Americans out of any

metropolitan area in the United States. It is home to a steadily rising number of socio-economically privileged blacks. In *Black Privilege* Cassi Pittman Claytor examines how this economically advantaged group experiences privilege, having credentials that grant them access to elite spaces and resources with which they can purchase luxuries, while still confronting persistent anti-black bias and racial stigma. Drawing on the everyday experiences of black middle-class individuals, Pittman Claytor offers vivid accounts of their consumer experiences and cultural flexibility in the places where they live, work, and play. Whether it is the majority white Wall Street firm where they're employed, or the majority black Baptist church where they worship, questions of class and racial identity are equally on their minds. They navigate divergent social worlds that demand, at times, middle-class sensibilities, pedigree, and cultural acumen; and at other times pride in and connection with other blacks. Rich qualitative data and original analysis help account for this special kind of privilege and the entitlements it affords—materially in terms of the things they consume, as well as symbolically, as they strive to be unapologetically black in a society where a racial consumer hierarchy prevails.

State of Emergency

How We Win in the Country We Built *Simon and Schuster*

Social justice leader Tamika D. Mallory states her case for action and reveals “the power we all have to win transformative change” (Marc Lamont Hill, New York Times bestselling author) in this searing indictment of America’s historical, deadly, and continuing assault on Black and brown lives. Drawn from a lifetime of frontline culture-shifting advocacy, organizing, and fighting for equal justice, State of Emergency makes Mallory’s demand for change and shares the keys to effective activism both for those new to and long-committed to the defense of Black lives. From Minneapolis to Louisville, to Portland, Kenosha, and Washington, DC, America’s reckoning with its unmet promises on race and class is at a boiling point not seen since the 1960s. While conversations around pathways to progress take place on social media and cable TV, history tells us that meaningful change only comes with radical legislation and boots-on-the-ground activism. Here, Mallory shares her unique personal experience building coalitions, speaking truth to power, and winning over hearts and minds in the struggle for shared prosperity and safety. Forward-looking, steeped in history, and rich with stories from life on the margins of American life, State of Emergency effortlessly gives us the tools we “need to fight injustice and find a pathway towards true freedom” (Marie Claire).

Such a Fun Age *Penguin*

A Best Book of the Year: The Washington Post • Chicago Tribune • NPR • Vogue • Elle • Real Simple • InStyle • Good Housekeeping • Parade • Slate • Vox • Kirkus Reviews • Library Journal • BookPage Longlisted for the 2020 Booker Prize An Instant New York Times Bestseller A Reese's Book Club Pick "The most provocative page-turner of the year." --Entertainment Weekly "I urge you to read Such a Fun Age." --NPR A striking and surprising debut novel from an exhilarating new voice, *Such a Fun Age* is a page-turning and big-hearted story about race and privilege, set around a young black babysitter, her well-intentioned employer, and a surprising connection that threatens to undo them both. Alix Chamberlain is a woman who gets what she wants and has made a living, with her confidence-driven brand, showing other women how to do the same. So she is shocked when her babysitter, Emira Tucker, is confronted while watching the Chamberlains' toddler one night, walking the aisles of their local high-end supermarket. The store's security guard, seeing a young black woman out late with a white child, accuses Emira of kidnapping two-year-old Briar. A small crowd gathers, a bystander films everything, and Emira is furious and humiliated. Alix resolves to make things right. But Emira herself is aimless, broke, and wary of Alix's desire to help. At twenty-five, she is about to lose her health insurance and has no idea what to do with her life. When the video of Emira unearths someone from Alix's past, both women find themselves on a crash course that will upend everything they think they know about themselves, and each other. With empathy and piercing social commentary, *Such a Fun Age* explores the stickiness of transactional relationships, what it means to make someone "family," and the complicated reality of being a grown up. It is a searing debut for our times.

So You Want to Talk About Race *Seal Press*

In this New York Times bestseller, Ijeoma Oluo offers a hard-hitting but user-friendly examination of race in America Widespread reporting on aspects of white supremacy -- from police brutality to the mass incarceration of Black Americans -- has put a media spotlight on racism in our society. Still, it is a difficult subject to talk about. How do you tell your roommate her jokes are racist? Why did your sister-in-law take umbrage when you asked to touch her hair -- and how do you make it right? How do you explain white privilege to your white, privileged friend? In *So You Want to Talk About Race*, Ijeoma Oluo guides readers of all races through subjects ranging from intersectionality and affirmative action to "model minorities" in an attempt to make the seemingly impossible possible: honest conversations about race and racism, and how they infect almost every aspect of American life. "Oluo gives us -- both white people and people of color -- that language to engage in clear, constructive, and confident dialogue with each other about how to deal with racial prejudices and biases." -- National Book Review "Generous and empathetic, yet usefully blunt . . . it's for anyone who wants to be smarter and more empathetic about matters of race and engage in more productive anti-racist action." -- Salon (Required Reading)

I Can't Make This Up

Life Lessons *Simon and Schuster*

New York Times bestselling author, superstar comedian, and Hollywood box office star Kevin Hart turns his immense talent to the written word by writing some words. Some of those words include: the, a, for, above, and even even. Put them together and you have a “hilarious but also heartfelt” (Elle) memoir on survival, success, and the importance of believing in yourself. The question you’re probably asking yourself right now is: What does Kevin Hart have that a book also has? According to the three people who have seen Kevin Hart and a book in the same room, the answer is clear: A book is compact. Kevin Hart is compact. A book has a spine that holds it together. Kevin Hart has a spine that holds him together. A book has a beginning. Kevin Hart’s life uniquely qualifies him to write this book by also having a beginning. It begins in North Philadelphia. He was born an accident, unwanted by his parents. His father was a drug addict who was in and out of jail. His brother was a crack dealer and petty thief. And his mother was overwhelmingly strict, beating him with belts, frying pans, and his own toys. The odds, in short, were stacked against our young hero. But Kevin Hart, like Ernest Hemingway, J.K. Rowling, and Chocolate Droppa before him, was able to defy the odds and turn it around. In his literary debut, he takes us on a journey through what his life was, what it is today, and how he’s overcome each challenge to become the man he is today. And that man happens to be the biggest comedian in the world, with tours that sell out football stadiums and films that have collectively grossed over \$3.5 billion. He achieved this not just through hard work, determination, and talent. “Hart is an incredibly magnetic storyteller, on the page as he is onstage,

and that’s what shines through [in this] genial, entertaining guide to a life in comedy” (Kirkus Reviews).

White Fragility

Why It's So Hard for White People to Talk About Racism *Beacon Press*

The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain racial inequality. In this “vital, necessary, and beautiful book” (Michael Eric Dyson), antiracist educator Robin DiAngelo deftly illuminates the phenomenon of white fragility and “allows us to understand racism as a practice not restricted to ‘bad people’ (Claudia Rankine). Referring to the defensive moves that white people make when challenged racially, white fragility is characterized by emotions such as anger, fear, and guilt, and by behaviors including argumentation and silence. These behaviors, in turn, function to reinstate white racial equilibrium and prevent any meaningful cross-racial dialogue. In this in-depth exploration, DiAngelo examines how white fragility develops, how it protects racial inequality, and what we can do to engage more constructively.

My Black Family, My White Privilege

A White Man’S Journey Through the Nation’S Racial Minefield *iUniverse*

In 1970, a working-class, Jewish man from New York City married an African American woman from rural, segregated North Carolina. From their union, Michael Wenger has three children, four grandchildren, and one great grandchild. Years later, Mr. Wenger served as Deputy Director for Outreach and Program Development for President Clintons Initiative on Race, an opportunity that confirmed for him the conscious and unconscious bias that people of color confront daily in the United States. Both personally and professionally, Mr. Wenger has peered into a world far beyond the comprehension of most white people in our society. His book, deeply moving and tenderly written, shares the discoveries hes made. He masterfully weaves his personal and professional journeys and helps readers of all races to become more aware of the pain that well-meaning white Americans inflict on people of color, often without knowing it, and to recognize the richness that awaits those with the courage to embrace our nations growing diversity. Mr. Wengers remarkable and inspirational story will, at times, move you to tears while occasionally triggering a knowing laugh as he recounts the struggles and triumphs of his journey. It will awaken you to the stark realities of life for some in America today, while fostering hope for and a commitment to a more racially equitable and harmonious future for all.

Hurricanes

A Memoir *Harlequin*

\*NEW YORK TIMES BESTSELLER\* “A gripping journey.”—People The highly anticipated memoir from hip-hop icon Rick Ross chronicles his coming of age amid Miami’s crack epidemic, his star-studded controversies and his unstoppable rise to fame. Rick Ross is an indomitable presence in the music industry, but few people know his full story. Now, for the first time, Ross offers a vivid, dramatic and unexpectedly candid account of his early childhood, his tumultuous adolescence and his dramatic ascendancy in the world of hip-hop. Born William Leonard Roberts II, Ross grew up “across the bridge,” in a Miami at odds with the glitzy beaches, nightclubs and yachts of South Beach. In the aftermath of the 1980 race riots and the Mariel boatlift, Ross came of age at the height of the city’s crack epidemic, when home invasions and execution-style killings were commonplace. Still, in the midst of the chaos and danger that surrounded him, Ross flourished, first as a standout high school football player and then as a dope boy in Carol City’s notorious Matchbox housing projects. All the while he honed his musical talent, overcoming setback after setback until a song called “Hustlin’” changed his life forever. From the making of “Hustlin’” to his first major label deal with Def Jam, to the controversy surrounding his past as a correctional officer and the numerous health scares, arrests and feuds he had to transcend along the way, *Hurricanes* is a revealing portrait of one of the biggest stars in the rap game, and an intimate look at the birth of an artist.

Conversations in Black

On Power, Politics, and Leadership *Hachette Books*

An award-winning journalist envisions the future of leadership, excellence, and prosperity in Black America with this "urgent and pathbreaking" work (Marc Lamont Hill). Hard-hitting, thought-provoking, and inspiring, *Conversations in Black* offers sage wisdom for navigating race in a radically divisive America, and, with help from his mighty team of black intelligentsia, veteran journalist Ed Gordon creates hope and a timeless new narrative on what the future of black leadership should look like and how we can get there. In *Conversations in Black*, Gordon brings together some of the most prominent voices in black America today, including Stacey Abrams, Harry Belafonte, Charlamagne tha God, Michael Eric Dyson, Alicia Garza, Jemele Hill, Iyanla VanZant, Eric Holder, Killer Mike, Angela Rye, Al Sharpton, T.I., Maxine Waters, and so many more to answer questions about vital topics affecting our nation today, such as: Will the black vote control the 2020 election? Do black lives really matter? After the Obama presidency, are black people better off? Are stereotypical images of people of color changing in Hollywood? How is "Black Girl Magic" changing the face of black America? Bombarded with media, music, and social media messages that enforce stereotypes of people of color, Gordon sets out to dispel what black power and black excellence really look like today and offers a way forward in a new age of black prosperity and pride.

Will *Penguin*

The instant #1 New York Times bestseller! “It's the best memoir I've ever read.” —Oprah Winfrey “Will Smith isn't holding back in his bravely inspiring new memoir . . . An ultimately heartwarming read, Will provides a humane glimpse of the man behind the actor, producer and musician, as he bares all his insecurities and trauma.” —USA Today Winner of the NAACP Image Award for Outstanding Literary Achievement One of the most dynamic and globally recognized entertainment forces of our time opens up fully about his life, in a brave and inspiring book that traces his learning curve to a place where outer success, inner happiness, and human connection are aligned. Along the way, Will tells the story in full of one of the most amazing rides through the worlds of music and film that anyone has ever had. Will Smith’s transformation from a West Philadelphia kid to one of the biggest rap stars of his era, and then one of the biggest movie stars in Hollywood history, is an epic tale—but it’s only half the story. Will Smith thought, with good reason, that he had won at life: not only was his own success unparalleled, his whole family was at the pinnacle of the entertainment world. Only they didn't see it that way: they felt more like star performers in his circus, a seven-days-a-week job they hadn't signed up for. It turned out Will Smith's education wasn't nearly over. This memoir is the product of a profound journey of self-knowledge, a reckoning with all that your will can get you and all that it can leave behind. Written with the help of Mark Manson, author of the

multi-million-copy bestseller *The Subtle Art of Not Giving a F\*ck*, Will is the story of how one person mastered his own emotions, written in a way that can help everyone else do the same. Few of us will know the pressure of performing on the world's biggest stages for the highest of stakes, but we can all understand that the fuel that works for one stage of our journey might have to be changed if we want to make it all the way home. The combination of genuine wisdom of universal value and a life story that is preposterously entertaining, even astonishing, puts *Will* the book, like its author, in a category by itself.

**The Privileged Poor**

**How Elite Colleges Are Failing Disadvantaged Students** *Harvard University Press*  
An NPR Favorite Book of the Year Winner of the Critics' Choice Book Award, American Educational Studies Association Winner of the Mirra Komarovsky Book Award Winner of the CEP-Mildred García Award for Exemplary Scholarship "Eye-opening...Brings home the pain and reality of on-campus poverty and puts the blame squarely on elite institutions." —Washington Post "Jack's investigation redirects attention from the matter of access to the matter of inclusion...His book challenges universities to support the diversity they indulge in advertising." —New Yorker "The lesson is plain—simply admitting low-income students is just the start of a university's obligations. Once they're on campus, colleges must show them that they are full-fledged citizen." —David Kirp, American Prospect "This book should be studied closely by anyone interested in improving diversity and inclusion in higher education and provides a moving call to action for us all." —Raj Chetty, Harvard University The Ivy League looks different than it used to. College presidents and deans of admission have opened their doors—and their coffers—to support a more diverse student body. But is it enough just to admit these students? In this bracing exposé, Anthony Jack shows that many students' struggles continue long after they've settled in their dorms. Admission, they quickly learn, is not the same as acceptance. This powerfully argued book documents how university policies and campus culture can exacerbate preexisting inequalities and reveals why some students are harder hit than others.

**The Mother of Black Hollywood**

**A Memoir** *HarperCollins*  
National Book Club Conference 'Book of the Year' Award Winner From her more than three hundred appearances for film and television, stage and cabaret, performing comedy or drama, as an unforgettable lead or a scene stealing supporting character, Jenifer Lewis has established herself as one of the most respected, admired, talented, and versatile entertainers working today. This "Mega Diva" and costar of the hit sitcom *black-ish* bares her soul in this touching and poignant—and at times side-splittingly hilarious—memoir of a Midwestern girl with a dream, whose journey took her from poverty to the big screen, and along the way earned her many accolades. With candor and warmth, Jenifer Lewis reveals the heart of a woman who lives life to the fullest. This multitaled "force of nature" landed her first Broadway role within eleven days of her graduation from college and later earned the title "Reigning Queen of High-Camp Cabaret." In the audaciously honest voice that her fans adore, Jenifer describes her transition to Hollywood, with guest roles on hits like *The Fresh Prince of Bel-Air* and *Friends*. Her movie *Jackie's Back!* became a cult favorite, and as the "Mama" to characters portrayed by Whitney Houston, Tupac Shakur, Taraji P. Henson, and many more, Jenifer cemented her status as the "Mother of Black Hollywood." When an undiagnosed mental illness stymies Jenifer's career, culminating in a breakdown while filming *The Temptations*, her quest for wholeness becomes a harrowing and inspiring tale, including revelations of bipolar disorder and sex addiction. Written with no-holds-barred honesty and illustrated with more than forty color photographs, this gripping memoir is filled with insights gained through a unique life that offers a universal message: "Love yourself so that love will not be a stranger when it comes."

**Black American Refugee**

**Escaping the Narcissism of the American Dream** *Penguin*  
Named "most anticipated" book of February by Marie Claire, Essence, and A.V. Club "...extraordinary and representative."—NPR "Drayton explores the ramifications of racism that span generations, global white supremacy, and the pitfalls of American culture."—Shondaland After following her mother to the US at a young age to pursue economic opportunities, one woman must come to terms with the ways in which systematic racism and resultant trauma keep the American Dream inaccessible to Black people. In the early '90s, young Tiffanie Drayton and her siblings left Trinidad and Tobago to join their mother in New Jersey, where she'd been making her way as a domestic worker, eager to give her children a shot at the American Dream. At first, life in the US was idyllic. But chasing good school districts with affordable housing left Tiffanie and her family constantly uprooted—moving from Texas to Florida then back to New Jersey. As Tiffanie came of age in the suburbs, she began to ask questions about the binary Black and white American world. Why were the Black neighborhoods she lived in crime-ridden, and the multicultural ones safe? Why were there so few Black students in advanced classes at school, if there were any advanced classes at all? Why was it so hard for Black families to achieve stability? Why were Black girls treated as something other than worthy? Ultimately, exhausted by the pursuit of a "better life" in America, twenty-year old Tiffanie returns to Tobago. She is suddenly able to enjoy the simple freedom of being Black without fear, and imagines a different future for her own children. But then COVID-19 and widely publicized instances of police brutality bring America front and center again. This time, as an outsider supported by a new community, Tiffanie grieves and rages for Black Americans in a way she couldn't when she was one. An expansion of her New York Times piece of the same name, *Black American Refugee* examines in depth the intersection of her personal experiences and the broader culture and historical ramifications of American racism and global white supremacy. Through thoughtful introspection and candidness, Tiffanie unravels the complex workings of the people in her life, including herself, centering Black womanhood, and illuminating the toll a lifetime of racism can take. Must Black people search beyond the shores of the "land of the free" to realize emancipation? Or will the voices that propel America's new reckoning welcome all dreamers and dreams to this land?

**We Are Not Like Them**

**A Novel** *Simon and Schuster*  
A GOOD MORNING AMERICA BOOK CLUB PICK "[A] propulsive, deeply felt tale of race and friendship." —People "We Are Not Like Them will stay with you long after you turn the last page." —Laura Dave, New York Times bestselling author of *The Last Thing He Told Me* Told from alternating perspectives, an evocative and riveting novel about the lifelong bond between two women, one Black and one white, whose friendship is indelibly altered by a tragic event—a powerful and poignant exploration of race in America today and its devastating impact on ordinary lives. Jen and Riley have been best friends since kindergarten. As adults, they remain as close as sisters, though

their lives have taken different directions. Jen married young, and after years of trying, is finally pregnant. Riley pursued her childhood dream of becoming a television journalist and is poised to become one of the first Black female anchors of the top news channel in their hometown of Philadelphia. But the deep bond they share is severely tested when Jen's husband, a city police officer, is involved in the shooting of an unarmed Black teenager. Six months pregnant, Jen is in freefall as her future, her husband's freedom, and her friendship with Riley are thrown into uncertainty. Covering this career-making story, Riley wrestles with the implications of this tragic incident for her Black community, her ambitions, and her relationship with her lifelong friend. Like Tayari Jones's *An American Marriage* and Jodi Picoult's *Small Great Things*, *We Are Not Like Them* explores complex questions of race and how they pervade and shape our most intimate spaces in a deeply divided world. But at its heart, it's a story of enduring friendship—a love that defies the odds even as it faces its most difficult challenges.

**The Exceptional Negro**

**Racism, White Privilege and the Lie of Respectability Politics**  
Traci O'Neal was thrust into the national spotlight in 2017 when local threats grew into a national racist outcry after a former GOP Presidential candidate singled her out on social media. What followed was a disturbing and widespread campaign of racist attacks. This is a frank discussion of that story and race, law, and politics in America.

**The Unapologetic Guide to Black Mental Health**

**Navigate an Unequal System, Learn Tools for Emotional Wellness, and Get the Help you Deserve** *New Harbinger Publications*  
An unapologetic exploration of the Black mental health crisis—and a comprehensive road map to getting the care you deserve in an unequal system. We can't deny it any longer: there is a Black mental health crisis in our world today. Black people die at disproportionately high rates due to chronic illness, suffer from poverty, under-education, and the effects of racism. This book is an exploration of Black mental health in today's world, the forces that have undermined mental health progress for African Americans, and what needs to happen for African Americans to heal psychological distress, find community, and undo years of stigma and marginalization in order to access effective mental health care. In *The Unapologetic Guide to Black Mental Health*, psychologist and African American mental health expert Rheeda Walker offers important information on the mental health crisis in the Black community, how to combat stigma, spot potential mental illness, how to practice emotional wellness, and how to get the best care possible in system steeped in racial bias. This breakthrough book will help you: Recognize mental and emotional health problems Understand the myriad ways in which these problems impact overall health and quality of life and relationships Develop psychological tools to neutralize ongoing stressors and live more fully Navigate a mental health care system that is unequal It's past time to take Black mental health seriously. Whether you suffer yourself, have a loved one who needs help, or are a mental health professional working with the Black community, this book is an essential and much-needed resource.

**Uncomfortable Conversations with a Black Man** *Flatiron Books: An Oprah Book*  
INSTANT NEW YORK TIMES BESTSELLER An urgent primer on race and racism, from the host of the viral hit video series "Uncomfortable Conversations with a Black Man" "You cannot fix a problem you do not know you have." So begins Emmanuel Acho in his essential guide to the truths Americans need to know to address the systemic racism that has recently electrified protests in all fifty states. "There is a fix," Acho says. "But in order to access it, we're going to have to have some uncomfortable conversations." In *Uncomfortable Conversations With a Black Man*, Acho takes on all the questions, large and small, insensitive and taboo, many white Americans are afraid to ask—yet which all Americans need the answers to, now more than ever. With the same open-hearted generosity that has made his video series a phenomenon, Acho explains the vital core of such fraught concepts as white privilege, cultural appropriation, and "reverse racism." In his own words, he provides a space of compassion and understanding in a discussion that can lack both. He asks only for the reader's curiosity—but along the way, he will galvanize all of us to join the antiracist fight.

**Real Life, Real Love**

**Life Lessons on Joy, Pain & the Magic That Holds Us Together** *Abrams*  
USA Today National Bestseller Publisher's Weekly National Bestseller Advice on how to have healthy, dynamic relationships from Raashaun (DJ Envy) and Gia Casey, revealing their secrets to navigating marriage, family, and faith Gia and Raashaun Casey met when they were two teenagers attending the same high school in Queens. They have been together for an astounding 27 years and married for 20. They have remained together through Raashaun's growing celebrity, a devastating (and very public) cheating scandal, and the births of six children. Now, more than a quarter of a century into their relationship, they are stronger and more committed to each other than they've ever been, and their fans are clamoring to know how they did it. In *Real Life, Real Love*, Gia and Raashaun explore the entire chronology of their love story with remarkable vulnerability, searing honesty, and a lot of humor. It's a riveting narrative about how to grow together, an aspirational guidebook for people who seek the same unconditional love in their relationships, and an in-depth look at how to remain equals after being thrust into the public eye.

**Woke Racism**

**How a New Religion Has Betrayed Black America** *Penguin*  
NEW YORK TIMES BESTSELLER New York Times bestselling author and acclaimed linguist John McWhorter argues that an illiberal neoracism, disguised as antiracism, is hurting Black communities and weakening the American social fabric. Americans of good will on both the left and the right are secretly asking themselves the same question: how has the conversation on race in America gone so crazy? We're told to read books and listen to music by people of color but that wearing certain clothes is "appropriation." We hear that being white automatically gives you privilege and that being Black makes you a victim. We want to speak up but fear we'll be seen as unwoke, or worse, labeled a racist. According to John McWhorter, the problem is that a well-meaning but pernicious form of antiracism has become, not a progressive ideology, but a religion—and one that's illogical, unreachable, and unintentionally neoracist. In *Woke Racism*, McWhorter reveals the workings of this new religion, from the original sin of "white privilege" and the weaponization of cancel culture to ban heretics, to the evangelical fervor of the "woke mob." He shows how this religion that claims to "dismantle racist structures" is actually harming his fellow Black Americans by infantilizing Black people, setting Black students up for failure, and passing policies that disproportionately damage

Black communities. The new religion might be called “antiracism,” but it features a racial essentialism that’s barely distinguishable from racist arguments of the past. Fortunately for Black America, and for all of us, it’s not too late to push back against woke racism. McWhorter shares scripts and encouragement with those trying to deprogram friends and family. And most importantly, he offers a roadmap to justice that actually will help, not hurt, Black America.

Black Food Matters

Racial Justice in the Wake of Food Justice *U of Minnesota Press*

An in-depth look at Black food and the challenges it faces today For Black Americans, the food system is broken. When it comes to nutrition, Black consumers experience an unjust and inequitable distribution of resources. Black Food Matters examines these issues through in-depth essays that analyze how Blackness is contested through food, differing ideas of what makes our sustenance “healthy,” and Black individuals’ own beliefs about what their cuisine should be. Primarily written by nonwhite scholars, and framed through a focus on Black agency instead of deprivation, the essays here showcase Black communities fighting for the survival of their food culture. The book takes readers into the real world of Black sustenance, examining animal husbandry practices in South Carolina, the work done by the Black Panthers to ensure food equality, and Black women who are pioneering urban agriculture. These essays also explore individual and community values, the influence of history, and the ongoing struggle to meet needs and affirm Black life. A comprehensive look at Black food culture and the various forms of violence that threaten the future of this cuisine, Black Food Matters centers Blackness in a field that has too often framed Black issues through a white-centric lens, offering new ways to think about access, privilege, equity, and justice. Contributors: Adam Bledsoe, U of Minnesota; Billy Hall; Analena Hope Hassberg, California State Polytechnic U, Pomona; Yuson Jung, Wayne State U; Kimberly Kasper, Rhodes College; Tyler McCreary, Florida State U; Andrew Newman, Wayne State U; Gillian Richards-Greaves, Coastal Carolina U; Monica M. White, U of Wisconsin-Madison; Brian Williams, Mississippi State U; Judith Williams, Florida International U; Psyche Williams-Forsen, U of Maryland, College Park; Willie J. Wright, Rutgers U.

Place of Privilege

Young, Black and in an Unexpected Place of Privilege

The ultra-elite private schools, the super schools; places where the resources, the curriculum and the tuition are comparable to the best liberal arts colleges. These are schools where lineage is a factor in the admission process. These are not schools for those who can afford better, they are schools for those who can afford only the very best. These are places of privilege. Rarely do they include black students. In the 1960's, they almost never did. In New York, the crown jewel place of privilege is The Dalton School; one of the most prestigious, elite prep schools in the nation, recognized globally for its visionary progressive educational philosophy and its ultra-wealthy, celebrity student body. Dalton is where Anderson Cooper was a student, Jeffrey Epstein was a teacher and Robert Redford and Bob Fosse were members of the PTA. In the mid-1960s, Dalton reached out to previously unfamiliar communities and for the first time actively recruited minority students. Mark and Ray are among the very first young Black men to attend Dalton. "Place Of Privilege" provides the remarkable narrative of the pathfinder courses their lives would take. This is the story of how Dalton changed their lives forever, and how their presence changed Dalton forever.

The Power of Privilege *HQ*

The death of George Floyd and subsequent Black Lives Matter protests have made clear to everyone the vicious reality of racism that persists today. Many of those privileged enough to be distanced from racism are now having to come to terms with the fact that they continue to prosper at the detriment of others. Having spent the last four years researching, writing, and speaking about the benefits of diversity for society, June Sarpong is no stranger to educating and challenging those that have been enjoying the benefits of a system steeped in systemic racism without realising its true cost. In The Power of Privilege, June will empower those fortunate enough not to be 'otherised' by mainstream Western society to become effective allies against racism, both by understanding the roots of their privilege and the systemic societal inequities that perpetuates it. The Power of Privilege offers practical steps and action-driven solutions so that those who have been afforded privilege can begin undoing the limiting beliefs held by society, and help build a fairer future for all.

Race Cars

A Children's Book about White Privilege *Frances Lincoln Limited*

Race Cars is a picture book that serves as a springboard for parents and educators to discuss race, privilege, and oppression with their kids.

White Kids

Growing Up with Privilege in a Racially Divided America *NYU Press*

Winner, 2019 William J. Goode Book Award, given by the Family Section of the American Sociological Association Finalist, 2019 C. Wright Mills Award, given by the Society for the Study of Social Problems Riveting stories of how affluent, white children learn about race American kids are living in a world of ongoing public debates about race, daily displays of racial injustice, and for some, an increased awareness surrounding diversity and inclusion. In this heated context, sociologist Margaret A. Hagerman zeroes in on affluent, white kids to observe how they make sense of privilege, unequal educational opportunities, and police violence. In fascinating detail, Hagerman considers the role that they and their families play in the reproduction of racism and racial inequality in America. White Kids, based on two years of research involving in-depth interviews with white kids and their families, is a clear-eyed and sometimes shocking account of how white kids learn about race. In doing so, this book explores questions such as, “How do white kids learn about race when they grow up in families that do not talk openly about race or acknowledge its impact?” and “What about children growing up in families with parents who consider themselves to be ‘anti-racist’?” Featuring the actual voices of young, affluent white kids and what they think about race, racism, inequality, and privilege, White Kids illuminates how white racial socialization is much more dynamic, complex, and varied than previously recognized. It is a process that stretches beyond white parents’ explicit conversations with their white children and includes not only the choices parents make about neighborhoods, schools, peer groups, extracurricular activities, and media, but also the choices made by the kids themselves. By interviewing kids who are growing up in different racial contexts—from racially segregated to meaningfully integrated and from politically progressive to conservative—this important book documents key differences in the outcomes of white racial socialization across families. And by observing families in their everyday lives, this book explores the extent to which white families, even those with anti-racist intentions, reproduce and reinforce the

forms of inequality they say they reject.

Piecing Me Together *Bloomsbury Publishing*

2018 Newbery Honor Book and Coretta Scott King Author Award Winner 'Important and deeply moving' JOHN GREEN 'Timely and timeless' JACQUELINE WOODSON Jade is a girl striving for success in a world that seems like it's trying to break her. She knows she needs to take every opportunity that comes her way. And she has: every day Jade rides the bus away from her friends to a private school where she feels like an outsider, but where she has plenty of opportunities. But some opportunities Jade could do without, like the mentor programme for 'at-risk' girls. Just because her mentor is black doesn't mean she understands where Jade is coming from. Why is Jade always seen as someone to fix? But with a college scholarship promised at the end of it, how can Jade say no? Jade feels like her life is made up of hundreds of conflicting pieces. Will it ever fit together? Will she ever find her place in the world? More than anything, Jade just wants the opportunity to be real, to make a difference. NPR's Best Books of 2017 A 2017 New York Public Library Best Teen Book of the Year Chicago Public Library's Best Books of 2017 A School Library Journal Best Book of 2017 Kirkus Reviews' Best Teen Books of 2017 2018 Josette Frank Award Winner

Creating Connecticut

Critical Moments That Shaped a Great State *Rowman & Littlefield*

Connecticut State Historian Walter Woodward helps us understand how people and events in Connecticut’s past played crucial roles in forming the culture and character of Connecticut today. Woodward, a gifted story-teller, brings the history we thought we knew to life in new ways, from the nearly forgotten early presence of the Dutch, to the time when Connecticut was New England’s fiercest prosecutor of witches, the decades when Connecticutans were rapidly leaving the state, and the years when Irish immigrants were hurrying into it. Whether it’s his investigation into the unusually rough justice meted out to Revolutionary War hero Nathan Hale, or a peek into Mark Twain’s smoking habits, Creating Connecticut will leave you thinking about our state’s past—and its future—in a whole new way.

The Souls of Black Folk *Phoemixx Classics Ebooks*

The Souls of Black Folk W. E. B. Du Bois - One of the Most Important Books on Civil Rights, Race, and Freedom Ever Written. It is a seminal work in the history of sociology and a cornerstone of African-American literature and a monumental collection of essays that examines race and racism in America during the early 1900s and prior. To develop this work, Du Bois drew from his own experiences as an African American in American society. Outside of its notable relevance in African-American history, The Souls of Black Folk also holds an important place in social science as one of the early works in the field of sociology. The Souls of Black Folk is perfect for anyone interested in African-America literature and history

The Go-Between

A Portrait of Growing Up Between Different Worlds *Canongate Books*

A coming-of-age story set in Birmingham in the 1980s and 1990s, The Go-Between opens a window into a closed migrant community living in a red-light district on the wrong side of the tracks. The adult world is seen through Osman's eyes as a child: his own devout Pashtun patriarchal community, with its divide between the world of men and women, living cheek-by-jowl with parallel migrant communities. The orthodox attend a mosque down the road from the prostitutes and pimps. Children balance Western school teachings with cultural traditions. Alternative masculinities compete with strict gender roles, and female erasure and honour-based violence are committed, even as empowering female friendships prevail. The stories Osman tells, some fantastical and humorous, others melancholy and even harrowing, take us from the Birmingham of Osman's childhood to the banks of the river Kabul and the river Indus, and, eventually, to the London of his teenage years. Osman weaves in and out of these worlds, struggling with the dual burdens of racism and community expectations, as he is forced to realise it is no longer possible to exist in the spaces in between.

Land of Strangers *John Wiley & Sons*

The impersonality of social relationships in the society of strangers is making majorities increasingly nostalgic for a time of closer personal ties and strong community moorings. The constitutive pluralism and hybridity of modern living in the West is being rejected in an age of heightened anxiety over the future and drummed up aversion towards the stranger. Minorities, migrants and dissidents are expected to stay away, or to conform and integrate, as they come to be framed in an optic of the social as interpersonal or communitarian. Judging these developments as dangerous, this book offers a counter-argument by looking to relations that are not reducible to local or social ties in order to offer new suggestions for living in diversity and for forging a different politics of the stranger. The book explains the balance between positive and negative public feelings as the synthesis of habits of interaction in varied spaces of collective being, from the workplace and urban space, to intimate publics and tropes of imagined community. The book proposes a series of interventions that make for public being as both unconscious habit and cultivated craft of negotiating difference, radiating civilities of situated attachment and indifference towards the strangeness of others. It is in the labour of cultivating the commons in a variety of ways that Amin finds the elements for a new politics of diversity appropriate for our times, one that takes the stranger as there, unavoidable, an equal claimant on ground that is not pre-allocated.

Ask a Manager

How to Navigate Clueless Colleagues, Lunch-Stealing Bosses, and the Rest of Your Life at Work *Ballantine Books*

From the creator of the popular website Ask a Manager and New York’s work-advice columnist comes a witty, practical guide to 200 difficult professional conversations—featuring all-new advice! There’s a reason Alison Green has been called “the Dear Abby of the work world.” Ten years as a workplace-advice columnist have taught her that people avoid awkward conversations in the office because they simply don’t know what to say. Thankfully, Green does—and in this incredibly helpful book, she tackles the tough discussions you may need to have during your career. You’ll learn what to say when • coworkers push their work on you—then take credit for it • you accidentally trash-talk someone in an email then hit “reply all” • you’re being micromanaged—or not being managed at all • you catch a colleague in a lie • your boss seems unhappy with your work • your cubemate’s loud speakerphone is making you homicidal • you got drunk at the holiday party Praise for Ask a Manager “A must-read for anyone who works . . . [Alison Green’s] advice boils down to the idea that you should be professional (even when others are not) and that communicating in a straightforward manner with candor and kindness will get you far, no matter where you work.”—Booklist (starred

review) “The author’s friendly, warm, no-nonsense writing is a pleasure to read, and her advice can be widely applied to relationships in all areas of readers’ lives. Ideal for anyone new to the job market or new to management, or anyone hoping to improve their work experience.”—Library Journal (starred review) “I am a huge fan of Alison Green’s Ask a Manager column. This book is even better. It teaches us how to deal with many of the most vexing big and little problems in our workplaces—and to do so with grace, confidence, and a sense of humor.”—Robert Sutton, Stanford professor and author of The No Asshole Rule and The Asshole Survival Guide “Ask a Manager is the ultimate playbook for navigating the traditional workforce in a diplomatic but firm way.”—Erin Lowry, author of Broke Millennial: Stop Scraping By and Get Your Financial Life Together

The Sum of Us

**What Racism Costs Everyone and How We Can Prosper Together** *One World*  
NEW YORK TIMES BESTSELLER • LONGLISTED FOR THE NATIONAL BOOK AWARD • One of today’s most insightful and influential thinkers offers a powerful exploration of inequality and the lesson that generations of Americans have failed to learn: Racism has a cost for everyone—not just for people of color. WINNER OF THE PORCHLIGHT BUSINESS BOOK AWARD • ONE OF THE BEST BOOKS OF THE YEAR: Time, The Washington Post, St. Louis Post-Dispatch, Ms. magazine, BookRiot, Library Journal • LONGLISTED FOR THE ANDREW CARNEGIE MEDAL • “This is the book I’ve been waiting for.”—Ibram X. Kendi, #1 New York Times bestselling author of How to Be an Antiracist Heather McGhee’s specialty is the American economy—and the mystery of why it so often fails the American public. From the financial crisis of 2008 to rising student debt to collapsing public infrastructure, she found a root problem: racism in our politics and policymaking. But not just in the most obvious indignities for people of color. Racism has costs for white people, too. It is the common denominator of our most vexing public problems, the core dysfunction of our democracy and constitutive of the spiritual and moral crises that grip us all. But how did this happen? And is there a way out? McGhee embarks on a deeply personal journey across the country from Maine to Mississippi to California, tallying what we lose when we buy into the zero-sum paradigm—the idea that progress for some of us must come at the expense of others. Along the way, she meets white people who confide in her about losing their homes, their dreams, and their shot at better jobs to the toxic mix of American racism and greed. This is the story of how public goods in this country—from parks and pools to functioning schools—have become private luxuries; of how unions collapsed, wages stagnated, and inequality increased; and of how this country, unique among the world’s advanced economies, has thwarted universal healthcare. But in unlikely places of worship and work, McGhee finds proof of what she calls the Solidarity Dividend: the benefits we gain when people come together across race to accomplish what we simply can’t do on our own. The Sum of Us is not only a brilliant analysis of how we arrived here but also a heartfelt message, delivered with startling empathy, from a black woman to a multiracial America. It leaves us with a new vision for a future in which we finally realize that life can be more than a zero-sum game.

Let Love Have the Last Word

**A Memoir** *Atria Books*  
“An insightful memoir that uncovers unique stories about matters of the heart.” —Essence The inspiring New York Times bestseller from Common—the Grammy Award, Academy Award, and Golden Globe-winning musician, actor, and activist—explores how love and mindfulness can build communities and allow you to take better control of your life through actions and words. Common believes that the phrase “let love have the last word” is not just a declaration; it is a statement of purpose, a daily promise. Love is the most powerful force on the planet, and ultimately the way you love determines who you are and how you experience life. Touching on God, self-love, partners, children, family, and community, Common explores the core tenets of love to help us understand what it means to receive and, most importantly, to give love. He moves from the personal—writing about his daughter, to whom he wants to be a better father—to the universal, where he observes that our society has become fractured under issues of race and politics. He knows there’s no quick remedy for all of the hurt in the world, but love—for yourself and for others—is where the healing begins. In his first public reveal, Common also shares a deeply personal experience of childhood molestation that he is now confronting...and forgiving. Courageous, insightful, brave, and characteristically authentic, Let Love Have the Last Word shares Common’s own unique and

personal stories of the people and experiences that have led to a greater understanding of love and all it has to offer. It is a powerful call to action for a new generation of open hearts and minds, one that is sure to resonate for years to come.

**Between the World and Me** *One World*  
#1 NEW YORK TIMES BESTSELLER • NATIONAL BOOK AWARD WINNER • NAMED ONE OF TIME’S TEN BEST NONFICTION BOOKS OF THE DECADE • PULITZER PRIZE FINALIST • NATIONAL BOOK CRITICS CIRCLE AWARD FINALIST • ONE OF OPRAH’S “BOOKS THAT HELP ME THROUGH” • NOW AN HBO ORIGINAL SPECIAL EVENT Hailed by Toni Morrison as “required reading,” a bold and personal literary exploration of America’s racial history by “the most important essayist in a generation and a writer who changed the national political conversation about race” (Rolling Stone) NAMED ONE OF THE MOST INFLUENTIAL BOOKS OF THE DECADE BY CNN • NAMED ONE OF PASTE’S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY The New York Times Book Review • O: The Oprah Magazine • The Washington Post • People • Entertainment Weekly • Vogue • Los Angeles Times • San Francisco Chronicle • Chicago Tribune • New York • Newsday • Library Journal • Publishers Weekly In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation’s history and current crisis. Americans have built an empire on the idea of “race,” a falsehood that damages us all but falls most heavily on the bodies of black women and men—bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden? Between the World and Me is Ta-Nehisi Coates’s attempt to answer these questions in a letter to his adolescent son. Coates shares with his son—and readers—the story of his awakening to the truth about his place in the world through a series of revelatory experiences, from Howard University to Civil War battlefields, from the South Side of Chicago to Paris, from his childhood home to the living rooms of mothers whose children’s lives were taken as American plunder. Beautifully woven from personal narrative, reimagined history, and fresh, emotionally charged reportage, Between the World and Me clearly illuminates the past, bracingly confronts our present, and offers a transcendent vision for a way forward.

The Green Belt Movement

**Sharing the Approach and the Experience** *Lantern Books*  
Wangari Maathai, founder of The Green Belt Movement, tells its story including the philosophy behind it, its challenges, and objectives.

**The Political Determinants of Health** *Johns Hopkins University Press*  
A thought-provoking and evocative account that considers both the policies we think of as "health policyand those that we don't, The Political Determinants of Health provides a novel, multidisciplinary framework for addressing the systemic barriers preventing the United States from becoming the healthiest nation in the world.

**Hustle Harder, Hustle Smarter** *HarperCollins*  
NEW YORK TIMES BESTSELLER For the first time, Curtis “50 Cent” Jackson opens up about his amazing comeback—from tragic personal loss to thriving businessman and cable’s highest-paid executive—in this unique self-help guide, his first since his blockbuster New York Times bestseller The 50th Law. In his early twenties Curtis Jackson, known as 50 Cent rose to the heights of fame and power in the cutthroat music business. A decade ago the multi-platinum selling rap artist decided to pivot. His ability to adapt to change was demonstrated when he became the executive producer and star of Power, a high-octane, gripping crime drama centered around a drug kingpin’s family. The series quickly became “appointment” television, leading to Jackson inking a four-year, \$150 million contract with the Starz network—the most lucrative deal in premium cable history. Now, in his most personal book, Jackson shakes up the self-help category with his unique, cutting-edge lessons and hard-earned advice on embracing change. Where The 50th Law tells readers “fear nothing and you shall succeed,” Hustle Harder, Hustle Smarter builds on this message, combining it with Jackson’s street smarts and hard-learned corporate savvy to help readers successfully achieve their own comeback—and to learn to flow with the changes that disrupt their own lives.