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# The Master And His Emissary

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## CONCLUSION

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## **The Master and His Emissary**

### **The Divided Brain and the Making of the Western World, Second Edition**

*Yale University Press*

A new edition of the bestselling classic - published with a special introduction to mark its 10th anniversary This pioneering account sets out to understand the structure of the human brain - the place where mind meets matter. Until recently, the left hemisphere of our brain has been seen as the 'rational' side, the superior partner to the right. But is this distinction true? Drawing on a vast body of experimental research, Iain McGilchrist argues while our left brain makes for a wonderful servant, it is a very poor master. As he shows, it is the

right side which is the more reliable and insightful. Without it, our world would be mechanistic – stripped of depth, colour and value.

### **The Master and His Emissary**

#### **The Divided Brain and the Making of the Western World** *Yale University Press*

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distinction true? Drawing on a vast body of experimental research, Iain McGilchrist argues while our left brain makes for a wonderful servant, it is a very poor master. As he shows, it is the right side which is the more reliable and insightful. Without it, our world would be mechanistic – stripped of depth, colour and value.

#### **The Divided Brain and the Search for Meaning**

#### **Why We Are So Unhappy** *Yale University Press*

In this 10,000-word essay, written to complement Iain McGilchrist's acclaimed *The Master and His Emissary*, the author asks why – despite the vast increase in material well-being – people are less

happy today than they were half a century ago, and suggests that the division between the two hemispheres of the brain has a critical effect on how we see and understand the world around us. In particular, McGilchrist suggests, the left hemisphere's obsession with reducing everything it sees to the level of minute, mechanistic detail is robbing modern society of the ability to understand and appreciate deeper human values. Accessible to readers who haven't yet read *The Master and His Emissary* as well as those who have, this is a fascinating, immensely thought-provoking essay that delves to the very heart of what it means to be human.

### **Ways of Attending**

### **How our Divided Brain Constructs the World** *Routledge*

Attention is not just receptive, but actively creative of the world we inhabit. How we attend makes all the difference to the world we experience. And nowadays in the West we generally attend in a rather unusual way: governed by the narrowly focussed, target-driven left hemisphere of the brain. Forget everything you thought you knew about the difference between the hemispheres, because it will be largely wrong. It is not what each hemisphere does – they are both involved in everything – but how it does it, that matters. And the prime difference between the brain hemispheres is the manner in which they attend. For reasons of survival we need one

hemisphere (in humans and many animals, the left) to pay narrow attention to detail, to grab hold of things we need, while the other, the right, keeps an eye out for everything else. The result is that one hemisphere is good at utilising the world, the other better at understanding it. Absent, present, detached, engaged, alienated, empathic, broad or narrow, sustained or piecemeal, attention has the power to alter whatever it meets. The play of attention can both create and destroy, but it never leaves its object unchanged. How you attend to something – or don't attend to it – matters a very great deal. This book helps you to see what it is you may have been trained by our very unusual culture not to see.

## **The Matter with Things**

### **Our Brains, Our Delusions, and the Unmaking of the World**

Iain McGilchrist addresses some of the hardest questions humanity faces ¿ Who are we? What is the world? How can we understand consciousness, matter, space and time? Following neurology, philosophy and physics, McGilchrist leads us to a vision of the world that is profound and beautiful ¿ in line with the deepest traditions of human wisdom.

## **The Madman's Library**

### **The Greatest Curiosities of Literature** *Simon and Schuster*

\* BBC RADIO 4 BOOK OF THE WEEK \*  
'Anybody who loves the printed word will

be bowled over by this amusing, erudite, beautiful book about books. It is in every way a triumph. One of the loveliest books to have been published for many, many years' Alexander McCall Smith 'Quite simply the best gift for any book lover this year, or perhaps ever' Lucy Atkins, Sunday Times Literary Book of the Year 'An utterly joyous journey into the deepest eccentricities of the human mind... The most cheering, fascinating book I've read for ages' Guardian From the author of the critically acclaimed and globally successful The Phantom Atlas, The Golden Atlas and The Sky Atlas comes a stunning new work. The Madman's Library is a unique, beautifully illustrated journey through the entire history of literature, delving into its darkest territories to hunt down the very

strangest books ever written, and uncover the fascinating stories behind their creation. This is a madman's library of eccentric and extraordinary volumes from around the world, many of which have been completely forgotten. Books written in blood and books that kill, books of the insane and books that hoaxed the globe, books invisible to the naked eye and books so long they could destroy the Universe, books worn into battle, books of code and cypher whose secrets remain undiscovered... and a few others that are just plain weird. From the 605-page Qur'an written in the blood of Saddam Hussein, through the gorgeously decorated 15th-century lawsuit filed by the Devil against Jesus, to the lost art of binding books with human skin, every strand of strangeness

imaginable (and many inconceivable) has been unearthed and bound together for a unique and richly illustrated collection ideal for every book-lover.

### **The Right Way to Flourish**

#### **Reconnecting to the Real World** *Routledge*

In this ground-breaking book, pre-eminent thought leader in the fields of sustainability and flourishing, John R. Ehrenfeld, critiques the concept of sustainability as it is understood today and which is coming more and more under attack as unclear and ineffective as a call for action. Building upon the recent work of cognitive scientist, Iain McGilchrist, who argues that the human brain's two hemispheres present distinct

different worlds, this book articulates how society must replace the current foundational left-brain-based beliefs – a mechanistic world and a human driven by self interest – with new ones based on complexity and care. Flourishing should replace the lifeless metrics now being used to guide business and government, as well as individuals. Until we accept that our modern belief structure is, itself, the barrier, we will continue to be mired in an endless succession of unsolved problems.

### **The Master and His Emissary**

#### **The Divided Brain and the Making of the Western World**

### **The God of the Left Hemisphere**

**Blake, Bolte Taylor and the Myth of Creation** *Routledge*

The God of the Left Hemisphere explores the remarkable connections between the activities and functions of the human brain that writer William Blake termed 'Urizen' and the powerful complex of rationalising and ordering processes which modern neuroscience identifies as 'left hemisphere' brain activity. The book argues that Blake's profound understanding of the human brain is finding surprising corroboration in recent neuroscientific discoveries, such as those of the influential Harvard neuro-anatomist Jill Bolte Taylor, and it explores Blake's provocative supposition that the emergence of these rationalising, law-making, and 'limiting' activities within the human brain has

been recorded in the earliest Creation texts, such as the Hebrew Bible, Plato's Timaeus, and the Norse sagas. Blake's prescient insight into the nature and origins of this dominant force within the brain allows him to radically reinterpret the psychological basis of the entity usually referred to in these texts as 'God'. The book draws in particular on the work of Bolte Taylor, whose study in this area is having a profound impact on how we understand mental activity and processes.

**Paradoxology****Why Christianity Was Never Meant to Be Simple** *InterVarsity Press*

Many of us have big questions about God that the Christian faith seems to

leave unanswered. But what if that tension is exactly where faith comes alive? Paradoxology boldly claims that the paradoxes that seem to undermine belief are actually the heart of our vibrant faith, and it is only by continually wrestling with them that God is most clearly revealed.

**The Development of the Unconscious Mind (Norton Series on Interpersonal Neurobiology)** *W. W. Norton & Company*

An exploration of how the unconscious is formed and functions by one of our most renowned experts on emotion and the brain. This book traces the evolution of the concept of the unconscious from an intangible, metapsychological abstraction to a psychoneurobiological

function of a tangible brain. An integration of current findings in the neurobiological and developmental sciences offers a deeper understanding of the dynamic mechanisms of the unconscious. The relevance of this reformulation to clinical work is a central theme of Schore's other new book, *Right Brain Psychotherapy*.

**The Master and His Emissary**

**The Divided Brain and the Making of the Western World**

Why is the brain divided? The difference between right and left hemispheres has been puzzled over for centuries. In a book of unprecedented scope, Iain McGilchrist draws on a vast body of recent brain research, illustrated with

case histories, to reveal that the difference is profound - not just this or that function, but two whole, coherent, but incompatible ways of experiencing the world. The left hemisphere is detail-oriented, prefers mechanisms to living things, and is inclined to self-interest, where the right hemisphere has greater breadth, flexibility and generosity. This division helps explain the origins of music and language, and casts new light on the history of philosophy, as well as on some mental illnesses. In the second part of the book, he takes the reader on a journey through the history of Western culture, illustrating the tension between these two worlds as revealed in the thought and belief of thinkers and artists, from Aeschylus to Magritte. He argues that, despite its inferior grasp of

reality, the left hemisphere is increasingly taking precedence in the modern world, with potentially disastrous consequences. This is truly a tour de force that should excite interest in a wide readership.

### **Biblical Words and Their Meaning**

#### **An Introduction to Lexical Semantics** *Zondervan*

When first published in 1983, *Biblical Words and Their Meaning* broke new ground by introducing to students of the Bible the principles of linguistics, in particular, on lexical semantics -- that branch that focuses on the meaning of individual words. Silva's structural approach provides the interpreter with an important lexical tool for more

responsible understanding of the biblical text and more effective use of standard exegetical resources. This revised edition includes a bibliographical essay by Silva, "Recent Developments in Semantics," and an appendix by Karen H. Jobes, "Distinguishing the Meaning of Greek Verbs in the Semantic Domain for Worship," that provides the reader with a substantive example of lexical study.

## **Interdependence**

### **Biology and Beyond** *Fordham Univ Press*

From biology to economics to information theory, the theme of interdependence is in the air, framing our experiences of all sorts of everyday phenomena. Indeed, the network may be

the ascendant metaphor of our time. Yet precisely because the language of interdependence has become so commonplace as to be almost banal, we miss some of its most surprising and far-reaching implications. In *Interdependence*, biologist Kriti Sharma offers a compelling alternative to the popular view that interdependence simply means independent things interacting. Sharma systematically shows how interdependence entails the mutual constitution of one thing by another—how all things come into being only in a system of dependence on others. In a step-by-step account filled with vivid examples, Sharma shows how a coherent view of interdependence can help make sense not only of a range of everyday experiences but also of the

most basic functions of living cells. With particular attention to the fundamental biological problem of how cells pick up signals from their surroundings, Sharma shows that only an account which replaces the perspective of "individual cells interacting with external environments" with one centered in interdependent, recursive systems can adequately account for how life works. This book will be of interest to biologists and philosophers, to theorists of science, of systems, and of cybernetics, and to anyone curious about how life works. Clear, concise, and insightful, *Interdependence: Biology and Beyond* explicitly offers a coherent and practical philosophy of interdependence and will help shape what interdependence comes to mean in the twenty-first century.

**EBOOK: Body Psychotherapy**  
*McGraw-Hill Education (UK)*

"...a well-rooted resource for bodywork courses and a useful introductory text for a broad audience." Caduceus "It's not a big book but it's got a vast amount of information and knowledge in it. ...if you are interested in getting a good overall picture of the subject you couldn't do better." The Fulcrum Body psychotherapy is an holistic therapy which approaches human beings as united bodymind, and offers embodied relationship as its central therapeutic stance. Well-known forms include Reichian Therapy, Bioenergetics, Dance Movement Therapy, Primal Integration and Process Oriented Psychology. This new title examines the growing field of body psychotherapy: Surveys the many

forms of body psychotherapy Describes what may happen in body psychotherapy and offers a theoretical account of how this is valuable drawing in current neuroscientific evidence Defines the central concepts of the field, and the unique skills needed by practitioners Accessible and practical, yet grounded throughout in current research Body Psychotherapy: An Introduction is of interest to practitioners and students of all forms of psychotherapy and counselling, and anyone who wants to understand how mind and body together form a human being.

**American Born Chinese** *First Second*

A tour-de-force by rising indy comics star Gene Yang, American Born Chinese tells

the story of three apparently unrelated characters: Jin Wang, who moves to a new neighborhood with his family only to discover that he's the only Chinese-American student at his new school; the powerful Monkey King, subject of one of the oldest and greatest Chinese fables; and Chin-Kee, a personification of the ultimate negative Chinese stereotype, who is ruining his cousin Danny's life with his yearly visits. Their lives and stories come together with an unexpected twist in this action-packed modern fable. American Born Chinese is an amazing ride, all the way up to the astonishing climax. American Born Chinese is a 2006 National Book Award Finalist for Young People's Literature, the winner of the 2007 Eisner Award for Best Graphic Album: New, an Eisner Award

nominee for Best Coloring and a 2007 Bank Street - Best Children's Book of the Year. This title has Common Core Connections

### **The Darkening Age**

#### **The Christian Destruction of the Classical World** *HarperCollins*

A New York Times Notable Book, winner of the Jerwood Award from the Royal Society of Literature, a New York Times Book Review Editors' Choice, and named a Book of the Year by the Telegraph, Spectator, Observer, and BBC History Magazine, this bold new history of the rise of Christianity shows how its radical followers helped to annihilate Greek and Roman civilizations. The Darkening Age is the largely unknown story of how a

militant religion deliberately attacked and suppressed the teachings of the Classical world, ushering in centuries of unquestioning adherence to "one true faith." Despite the long-held notion that the early Christians were meek and mild, going to their martyrs' deaths singing hymns of love and praise, the truth, as Catherine Nixey reveals, is very different. Far from being meek and mild, they were violent, ruthless, and fundamentally intolerant. Unlike the polytheistic world, in which the addition of one new religion made no fundamental difference to the old ones, this new ideology stated not only that it was the way, the truth, and the light but that, by extension, every single other way was wrong and had to be destroyed. From the first century to the sixth, those

who didn't fall into step with its beliefs were pursued in every possible way: social, legal, financial, and physical. Their altars were upturned and their temples demolished, their statues hacked to pieces, and their priests killed. It was an annihilation. Authoritative, vividly written, and utterly compelling, this is a remarkable debut from a brilliant young historian.

**The Case Against Reality: Why Evolution Hid the Truth from Our Eyes** *W. W. Norton & Company*

Can we trust our senses to tell us the truth? Challenging leading scientific theories that claim that our senses report back objective reality, cognitive scientist Donald Hoffman argues that while we should take our perceptions

seriously, we should not take them literally. How can it be possible that the world we see is not objective reality? And how can our senses be useful if they are not communicating the truth? Hoffman grapples with these questions and more over the course of this eye-opening work. Ever since *Homo sapiens* has walked the earth, natural selection has favored perception that hides the truth and guides us toward useful action, shaping our senses to keep us alive and reproducing. We observe a speeding car and do not walk in front of it; we see mold growing on bread and do not eat it. These impressions, though, are not objective reality. Just like a file icon on a desktop screen is a useful symbol rather than a genuine representation of what a computer file looks like, the objects we

see every day are merely icons, allowing us to navigate the world safely and with ease. The real-world implications for this discovery are huge. From examining why fashion designers create clothes that give the illusion of a more “attractive” body shape to studying how companies use color to elicit specific emotions in consumers, and even dismantling the very notion that spacetime is objective reality, *The Case Against Reality* dares us to question everything we thought we knew about the world we see.

### **The Meaning of the Pentateuch**

#### **Revelation, Composition and Interpretation** *InterVarsity Press*

Persuaded of the singular vision of the Pentateuch, Old Testament professor

John Sailhamer searches out clues left by the author and the later editor of the Pentateuch that will disclose the meaning of this great work. By paying particular attention to the poetic seams in the text, he rediscovers a message that surprisingly brings us to the threshold of the New Testament gospel.

### **The Pain Management Workbook**

#### **Powerful CBT and Mindfulness Skills to Take Control of Pain and Reclaim Your Life** *New Harbinger Publications*

Change your brain, change your pain with this powerful, evidence-based workbook. If you’re struggling with chronic pain, you’re not alone: more than one hundred million Americans currently live with chronic pain. Yet,

despite its prevalence, chronic pain is not well understood. Fortunately, research has emerged showing the effectiveness of a treatment model for pain management grounded in biology, psychology, and social functioning. In this groundbreaking workbook, you'll find a comprehensive outline of this effective biopsychosocial approach, as well as scientifically supported interventions rooted in cognitive-behavioral therapy (CBT), mindfulness, and neuroscience to help you take control of your pain—and your life! You'll learn strategies for creating a pain plan for home and work, reducing reliance on medications, and breaking the pain cycle. Also included are tips for improving sleep, nutrition for pain, methods for resuming valued activities,

and more. If you're ready to take your life back from pain, this workbook has everything you need to get started.

### **Drawing on The Dominant Eye**

#### **Decoding the Way We Perceive, Create, and Learn** *Penguin*

A fascinating follow-up to the beloved bestseller *Drawing on the Right Side of the Brain*--with new insights about creativity and our unique way of seeing the world around us Millions of readers have embraced art teacher Betty Edwards's *Drawing on the Right Side of the Brain*, from art students and teachers to established artists, corporate trainers, and more--all discovering a bold new way of drawing and problem-solving based on what we see, not what we

think we see. In this highly anticipated follow-up, Edwards illuminates another piece of the creativity puzzle, revealing the role our dominant eye plays in how we perceive, create, and are seen by those around us. Research shows that much like being right-handed or left-handed, each of us has a dominant eye, corresponding to the dominant side of our brain--either verbal or perceptual. Once you learn the difference and try your hand at the simple drawing exercises, you'll gain fresh insights into how you perceive, think, and create. You'll learn how to not just look but truly see. Generously illustrated with visual examples, this remarkable guided tour through art history, psychology, and the creative process is a must-read for anyone looking for a richer

understanding of our art, our minds, and ourselves.

## **Diagnosis Normal**

### **A Memoir of Unspeakable Things** *Ebury Australia*

'I have three gears- glum melancholy, inappropriate outbursts, and extreme slapstick. On a good day, I can pass as normal but not for too many minutes. I'm what most people would regard as a hardened introvert . . . I like other people. I'm just not very good at them.' Emma Jane has lived a thousand colourful lives. She escaped a small town and a traumatic childhood by moving to Sydney, where she made an indelible imprint on the oppressively blokey mediascape. She played in an all-girl

band, married a rock star she hardly knew, had a baby, ditched journalism for academia, and changed her name from Emma Tom to Emma Jane. But all the while she was struggling with her mental health. Then, during the first Sydney lockdown she was accidentally sectioned in a psychiatric ward. At the time she wasn't sure whether to be more embarrassed by the institutionalisation or the fact she'd forgotten to set her at-home eyebrow dye timer and looked like Groucho Marx. Given everyone suffered some sort of corona-related DIY body hair disaster, however, she decided to focus on her confinement, and when she was subsequently diagnosed with autism spectrum disorder a number of things suddenly fell into place. Emma writes candidly about the complex combination

of autism, mental illness and childhood sexual abuse that led to her being the person she is, and explores the impact each has on so many others in society. Critically, by breaking the toxic silence surrounding sexual violence and mental illness, she raises the possibility of not just surviving them but thriving. As she writes- 'We need to speak unspeakable things. We need more un-pretty stories.'

## **Mindfulness**

### **Ancient Wisdom Meets Modern Psychology** *Guilford Publications*

How does mindfulness promote psychological well-being? What are its core mechanisms? What value do contemplative practices add to approaches that are already effective?

From leading meditation teacher Christina Feldman and distinguished psychologist Willem Kuyken, this book provides a uniquely integrative perspective on mindfulness and its applications. The authors explore mindfulness from its roots in Buddhist psychology to its role in contemporary psychological science. In-depth case examples illustrate how and why mindfulness training can help people move from distress and suffering to resilience and flourishing. Readers are guided to consider mindfulness not only conceptually, but also experientially, through their own journey of mindfulness practice.

### **Real Materialism**

### **and Other Essays** *OUP Oxford*

Real Materialism draws together papers written over twenty years by Galen Strawson in philosophy of mind and metaphysics. Strawson focuses on five main areas of enquiry: [1] the nature of the physical, consciousness, the 'mind-body problem', and the prospects for panpsychism; [2] the self, the subject of experience, self-consciousness, and the 'narrative' self; [3] free will and moral responsibility; [4] the nature of thought and intentionality and their connection with consciousness; [5] the problem of causation with particular reference to the philosophy of David Hume.

### **Finding Meaning in the Second Half of Life**

## **How to Finally, Really Grow Up** *Penguin*

What does it really mean to be a grown up in today's world? We assume that once we "get it together" with the right job, marry the right person, have children, and buy a home, all is settled and well. But adulthood presents varying levels of growth, and is rarely the respite of stability we expected. Turbulent emotional shifts can take place anywhere between the age of thirty-five and seventy when we question the choices we've made, realize our limitations, and feel stuck—commonly known as the "midlife crisis." Jungian psycho-analyst James Hollis believes it is only in the second half of life that we can truly come to know who we are and thus create a life that has meaning. In *Finding*

*Meaning in the Second Half of Life*, Hollis explores the ways we can grow and evolve to fully become ourselves when the traditional roles of adulthood aren't quite working for us, revealing a new way of uncovering and embracing our authentic selves. Offering wisdom to anyone facing a career that no longer seems fulfilling, a long-term relationship that has shifted, or family transitions that raise issues of aging and mortality, *Finding Meaning in the Second Half of Life* provides a reassuring message and a crucial bridge across this critical passage of adult development.

## **A Secret History of Consciousness** *SteinerBooks*

## **The Science of the Art of**

**Psychotherapy (Norton Series on Interpersonal Neurobiology)** W. W. Norton & Company

The latest work from a pioneer in the study of the development of the self. Focusing on the hottest topics in psychotherapy—attachment, developmental neuroscience, trauma, the developing brain—this book provides a window into the ideas of one of the best-known writers on these topics. Following Allan Schore's very successful books on affect regulation and dysregulation, also published by Norton, this is the third volume of the trilogy. It offers a representative collection of essential expansions and elaborations of regulation theory, all written since 2005. As in the first two volumes of this series, each chapter represents a further

development of the theory at a particular point in time, presented in chronological order. Some of the earlier chapters have been re-edited: those more recent contain a good deal of new material that has not been previously published. The first part of the book, Affect Regulation Therapy and Clinical Neuropsychanalysis, contains chapters on the art of the craft, offering interpersonal neurobiological models of the change mechanism in the treatment of all patients, but especially in patients with a history of early relational trauma. These chapters contain contributions on "modern attachment theory" and its focus on the essential nonverbal, unconscious affective mechanisms that lie beneath the words of the patient and therapist; on clinical

neuropsychanalytic models of working with relational trauma and pathological dissociation: and on the use of affect regulation therapy (ART) in the emotionally stressful, heightened affective moments of clinical enactments. The chapters in the second part of the book on Developmental Affective Neuroscience and Developmental Neuropsychiatry address the science that underlies regulation theory's clinical models of development and psychopathogenesis. Although most mental health practitioners are actively involved in child, adolescent, and adult psychotherapeutic treatment, a major theme of the latter chapters is that the field now needs to more seriously attend to the problem of early intervention and prevention. Praise for Allan N. Schore:

"Allan Schore reveals himself as a polymath, the depth and breadth of whose reading-bringing together neurobiology, developmental neurochemistry, behavioral neurology, evolutionary biology, developmental psychoanalysis, and infant psychiatry-is staggering." -British Journal of Psychiatry  
 "Allan Schore's...work is leading to an integrated evidence-based dynamic theory of human development that will engender a rapprochement between psychiatry and neural sciences."-American Journal of Psychiatry  
 "One cannot over-emphasize the significance of Schore's monumental creative labor...Oliver Sacks' work has made a great deal of difference to neurology, but Schore's is perhaps even more revolutionary and pivotal...His

labors are Darwinian in scope and import."—Contemporary Psychoanalysis "Schore's model explicates in exemplary detail the precise mechanisms in which the infant brain might internalize and structuralize the affect-regulating functions of the mother, in circumscribed neural tissues, at specifiable points in its epigenetic history." —Journal of the American Psychoanalytic "Allan Schore has become a heroic figure among many psychotherapists for his massive reviews of neuroscience that center on the patient-therapist relationship." —Daniel Goleman, author of *Social Intelligence*

### **Contrary Imaginations**

**A Psychological Study of the English Schoolboy** *Routledge*

### **The Brain That Changes Itself**

**Stories of Personal Triumph from the Frontiers of Brain Science**  
*Penguin*

"Fascinating. Doidge's book is a remarkable and hopeful portrait of the endless adaptability of the human brain."—Oliver Sacks, MD, author of *The Man Who Mistook His Wife for a Hat* What is neuroplasticity? Is it possible to change your brain? Norman Doidge's inspiring guide to the new brain science explains all of this and more An astonishing new science called neuroplasticity is overthrowing the centuries-old notion that the human brain is immutable, and proving that it is, in fact, possible to change your brain. Psychoanalyst, Norman Doidge, M.D.,

traveled the country to meet both the brilliant scientists championing neuroplasticity, its healing powers, and the people whose lives they've transformed—people whose mental limitations, brain damage or brain trauma were seen as unalterable. We see a woman born with half a brain that rewired itself to work as a whole, blind people who learn to see, learning disorders cured, IQs raised, aging brains rejuvenated, stroke patients learning to speak, children with cerebral palsy learning to move with more grace, depression and anxiety disorders successfully treated, and lifelong character traits changed. Using these marvelous stories to probe mysteries of the body, emotion, love, sex, culture, and education, Dr. Doidge has written an

immensely moving, inspiring book that will permanently alter the way we look at our brains, human nature, and human potential.

**Seven and a Half Lessons about the Brain** *Houghton Mifflin*

From the author of *How Emotions Are Made*, a myth-busting primer on the brain, in the tradition of *Seven Brief Lessons on Physics* and *Astrophysics for People in a Hurry*

**Standard Deviations**

**Flawed Assumptions, Tortured Data, and Other Ways to Lie with Statistics** *Abrams*

Did you know that baseball players whose names begin with the letter "D"†?

are more likely to die young? Or that Asian Americans are most susceptible to heart attacks on the fourth day of the month? Or that drinking a full pot of coffee every morning will add years to your life, but one cup a day increases the risk of pancreatic cancer? All of these “facts” have been argued with a straight face by credentialed researchers and backed up with reams of data and convincing statistics. As Nobel Prize-winning economist Ronald Coase once cynically observed, “If you torture data long enough, it will confess.” Lying with statistics is a time-honored con. In *Standard Deviations*, economics professor Gary Smith walks us through the various tricks and traps that people use to back up their own crackpot theories. Sometimes, the unscrupulous

deliberately try to mislead us. Other times, the well-intentioned are blissfully unaware of the mischief they are committing. Today, data is so plentiful that researchers spend precious little time distinguishing between good, meaningful indicators and total rubbish. Not only do others use data to fool us, we fool ourselves. With the breakout success of Nate Silver’s *The Signal and the Noise*, the once humdrum subject of statistics has never been hotter. Drawing on breakthrough research in behavioral economics by luminaries like Daniel Kahneman and Dan Ariely and taking to task some of the conclusions of *Freakonomics* author Steven D. Levitt, *Standard Deviations* demystifies the science behind statistics and makes it easy to spot the fraud all around. London

Times Book of the Week (2014)

## **Immoderate Greatness**

**Why Civilizations Fail** *Createspace Independent Pub*

\*Immoderate Greatness\* explains how a civilization's very magnitude conspires against it to cause downfall. Civilizations are hard-wired for self-destruction. They travel an arc from initial success to terminal decay and ultimate collapse due to intrinsic, inescapable biophysical limits combined with an inexorable trend toward moral decay and practical failure. Because our own civilization is global, its collapse will also be global, as well as uniquely devastating owing to the immensity of its population, complexity, and consumption. To avoid the common

fate of all past civilizations will require a radical change in our ethos—to wit, the deliberate renunciation of greatness—lest we precipitate a dark age in which the arts and adornments of civilization are partially or completely lost.

## **Rings of Fire**

**Walking in Faith through a Volcanic Future** *NavPress*

What Lies Ahead for Christians around the World? If you follow the works of bestselling authors Malcolm Gladwell, Faith Popcorn, Daniel Pink, and other trend forecasters, you'll appreciate learning about over 25 rings of fire that lie ahead for Christians around the world. Len Sweet once again maps the

future for the church in this sweeping survey of the twenty-first century. In the face of eruptive and disruptive culture changes from economics and communications to bioethics and beyond, how do we fight fire with fire, not only catching up to our culture but leading our friends and neighbors toward the feet of Christ? No one has done more to startle the church from its slumber than Len Sweet, and no one has equipped the church as effectively. This is a benchmark book from a seminal leader of the modern evangelical movement. Mark Chironna provides incisive questions to stimulate creative thinking for individual or group study and an afterword that ties Len's expansive work together and sets us on the right course for decades to come.

## **Left Brain, Right Brain**

### **Edusemiotics**

#### **Semiotic philosophy as educational foundation** *Routledge*

Edusemiotics addresses an emerging field of inquiry, educational semiotics, as a philosophy of and for education. Using "sign" as a unit of analysis, educational semiotics amalgamates philosophy, educational theory and semiotics. Edusemiotics draws on the intellectual legacy of such philosophers as John Dewey, Charles Sanders Peirce, Gilles Deleuze and others across Anglo-American and continental traditions. This volume investigates the specifics of semiotic knowledge structures and processes, exploring current dilemmas

and debates regarding self-identity, learning, transformative and lifelong education, leadership and policy-making, and interrogating an important premise that still haunts contemporary educational philosophy: Cartesian dualism. In defiance of substance dualism and the fragmentation of knowledge that still inform education, the book offers a unifying paradigm for education as edusemiotics and emphasises ethical education in compliance with the semiotic unity between knowledge and action. Chapters contain accessible discussions in the context of educational philosophy and theory, crossing the borders between logic, art, and science together with a provocative theoretical critique. Recently awarded a PESA book award for

its contribution to the philosophy of education, Edusemiotics will appeal to an academic readership in education, philosophy and cultural studies, while also being an inspiring resource for students.

### **Lost Knowledge of the Imagination**

*Floris Books*

The ability to imagine is at the heart of what makes us human. Through our imagination we experience more fully the world both around us and within us. Imagination plays a key role in creativity and innovation. Until the seventeenth century, the human imagination was celebrated. Since then, with the emergence of science as the dominant worldview, imagination has been marginalised -- depicted as a way of

escaping reality, rather than knowing it more profoundly -- and its significance to our humanity has been downplayed. Yet as we move further into the strange new dimensions of the twenty-first century, the need to regain this lost knowledge seems more necessary than ever before. This insightful and inspiring book argues that, for the sake of our future in the world, we must reclaim the ability to imagine and redress the balance of influence between imagination and science. Through the work of Owen Barfield, Goethe, Henry Corbin, Kathleen Raine, and others, and ranging from the teachings of ancient mystics to the latest developments in neuroscience, *The Lost Knowledge of the Imagination* draws us back to a philosophy and tradition that restores imagination to its rightful place,

essential to our knowing reality to the full, and to our very humanity itself.

### **Medicine, Mind, and the Double Brain**

**A Study in Nineteenth-Century Thought** *Princeton University Press*

The description for this book, *Medicine, Mind, and the Double Brain: A Study in Nineteenth-Century Thought*, will be forthcoming.

### **Saving Normal**

**An Insider's Revolt against Out-of-Control Psychiatric Diagnosis, DSM-5, Big Pharma, and the Medicalization of Ordinary Life** *Harper Collins*

From "the most powerful psychiatrist in America" (New York Times) and "the man who wrote the book on mental illness" (Wired), a deeply fascinating and urgently important critique of the widespread medicalization of normality. Anyone living a full, rich life experiences ups and downs, stresses, disappointments, sorrows, and setbacks. These challenges are a normal part of being human, and they should not be treated as psychiatric disease. However, today millions of people who are really no more than "worried well" are being diagnosed as having a mental disorder and are receiving unnecessary treatment. In *Saving Normal*, Allen Frances, one of the world's most influential psychiatrists, warns that mislabeling everyday problems as

mental illness has shocking implications for individuals and society: stigmatizing a healthy person as mentally ill leads to unnecessary, harmful medications, the narrowing of horizons, misallocation of medical resources, and draining of the budgets of families and the nation. We also shift responsibility for our mental well-being away from our own naturally resilient and self-healing brains, which have kept us sane for hundreds of thousands of years, and into the hands of "Big Pharma," who are reaping multi-billion-dollar profits. Frances cautions that the new edition of the "bible of psychiatry," the *Diagnostic and Statistical Manual of Mental Disorders-5* (DSM-5), will turn our current diagnostic inflation into hyperinflation by converting millions of "normal" people

into "mental patients." Alarming, in DSM-5, normal grief will become "Major Depressive Disorder"; the forgetting seen in old age is "Mild Neurocognitive Disorder"; temper tantrums are "Disruptive Mood Dysregulation Disorder"; worrying about a medical illness is "Somatic Symptom Disorder"; gluttony is "Binge Eating Disorder"; and most of us will qualify for adult "Attention Deficit Disorder." What's more, all of these newly invented conditions will worsen the cruel paradox of the mental health industry: those who desperately need psychiatric help are left shamefully neglected, while the "worried well" are given the bulk of the treatment, often at their own detriment. Masterfully charting the history of psychiatric fads throughout history,

Frances argues that whenever we arbitrarily label another aspect of the human condition a "disease," we further chip away at our human adaptability and diversity, dulling the full palette of what is normal and losing something fundamental of ourselves in the process. *Saving Normal* is a call to all of us to reclaim the full measure of our humanity.

## **God's Glory in Salvation through Judgment**

### **A Biblical Theology** *Crossway*

In Exodus 34 Moses asks to see God's glory, and God reveals himself as a God who is merciful and just. James Hamilton Jr. contends that from this passage comes a biblical theology that unites the

meta-narrative of Scripture under one central theme: God's glory in salvation through judgment. Hamilton begins in the Old Testament by showing that Israel was saved through God's judgment on the Egyptians and the Caananites. God was glorified through both his judgment and mercy, accorded in salvation to Israel. The New Testament unfolds the ultimate display of God's glory in justice and mercy, as it was God's righteous judgment shown on the cross that brought us salvation. God's glory in salvation through judgment will be shown at the end of time, when Christ

returns to judge his enemies and save all who have called on his name. Hamilton moves through the Bible book by book, showing that there is one theological center to the whole Bible. The volume's systematic method and scope make it a unique resource for pastors, professors, and students.

**Understanding Consciousness**  
*Routledge*

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