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The Myoskeletal Alignment Technique (MAT) system brings together the most advanced therapeutic strategies to relieve, and ultimately correct, patterns in the body that lead to pain and deterioration. With MAT therapy, clients can be free from pain, avoiding invasive surgery and toxic pain medications. Practitioners build a loyal clientele and a lucrative business.

Courses - Erik Dalton: Myoskeletal Alignment Techniques

Erik Dalton, Ph.D., Certified Advanced Rolfer® founded the Freedom From Pain Institute and created the Myoskeletal Alignment Techniques® to expand traditional deep tissue therapy to include joint biomechanics and osteopathic theory. Dalton's structurally-

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Advanced Myoskeletal Techniques | Erik Dalton Review

Myoskeletal Alignment with Aubrey Gowing. The Knee and Ankle: Assess for tibial rotation; Assess patella tracking; Myofascial techniques for the Quads; Myofascial techniques for Adductors; IT

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