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The Sex Abuse Survivor Gratitude Journal: A Journey of Self-healing After Sexual Violation, by A J. Rachel is for men and women who have experienced sexual assault and have gotten some form of help through counseling, therapy or otherwise. This book is primarily used by those who have been assaulted (either as children or adults).

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The Water Phoenix charts a journey of healing from sexual ...

Antuanette Gomez, the founder of Toronto-based Pleasure Peaks, is helping women through their sexual healing journey Back to video. It all started when I stumbled upon a gourmet grilled cheese cafe & vapor lounge, Get Melted, at Church Street village seven years ago. I was naive yet eager to learn and asked at the front desk.

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Today’s guest is Wendy Maltz, author of The Sexual Healing Journey. Her book is about how to recover from sexual trauma and deepen your capacity for intimacy and sexual pleasure.

09: Deeper Intimacy Through Sexual Healing with Wendy ...

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Krystal says she is trying to work through the trauma she sustained stemming from a sexual assault when she was 23, that she is doing “healing work,” and that her sister, Lacey, hasn’t ...

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