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Core Transformation Reaching The Wellspring

Andreas is best known for her development of the groundbreaking Core Transformation process, a method of gentle and profound transformation through accessing states of Peace, Oneness, and Presence. She is co-author of many books and training manuals, including *Heart of the Mind*, an engaging introduction and handbook of key NLP methods.

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Core Transformation: Reaching the Wellspring Within ...

Tamara Andreas is co-author of the book, Core Transformation: Reaching the Wellspring Within. She designs and teaches Core Transformation Trainings at all levels, including the Core Transformation Coach Certification Training in partnership with Mark Andreas.

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Co-Author, Lead Trainer. Tamara Andreas is an international transformational seminar leader and co-author of the book, Core Transformation: Reaching the Wellspring Within, and the Core Transformation Training Manual. She has been bringing the Core Transformation work to people around the world for over two decades, and has been the lead trainer for this process and for the Wholeness Work trainings in Asia.

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