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# Own Your Own Life

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The Secret of Compounding Habits - How Small Actions add up to Massive Results  
By Holly Scherer 4  
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Sorrow is a collection of 16 short stories (almost all of them less than 20 pages) that explore loneliness, loss, and what it means to be a family.

Patterson's writing is haunting, intimate and raw. I was continually awed by how much depth was drawn in only 15 pages.

**The Secret Habit of  
Sorrow by Victoria  
Patterson**

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