
The Myth Of Male Power

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The Myth of Male Power

Why Men Are the Disposable Sex

...lies understanding. This is what bestselling author Warren Farrell discovered when he took a stand against established views of the male role in society, and pursued a course of study to find out who men really are. Here are the eye-opening, heart-rending, and undeniably enlightening results...

The Myth of Male Power *Berkley*

A guide to men/women relationships challenges the victim/oppressor mindset and offers a new perspective on the roots of gender conflict, explaining how to understand gender differences and forge deeper bonds. Reprint.

The Myth of Male Power

Why Men are the Disposable Sex

Manifesto of the men's movement, arguing that the image of men holding the power in society is a myth. Holds that men and women are both oppressed by sex roles and social expectations. Indexed. Author of 'Why Men Are the Way They Are' has worked with men's organisations and the National Organisation of Women, and teaches at the School of Medicine of the University of California at San Diego.

The Myth of Male Power

Why Men are the Disposable Sex *Berkley Trade*

The bestselling author of *Why Men Are the Way They Are* sheds new light on the state of men in today's society, arguing that male power is a myth with startling and eye-opening facts. Farrell brilliantly illustrates how the male-as-oppressor image has fueled hatred between the sexes: making women feel angry and victimized and men unloved and unappreciated.

The Myth of Male Power

The Hazards of Being Male

Surviving the Myth of Masculine Privilege *Wellness Institute, Inc.*

The Beauty Myth

How Images of Beauty Are Used Against Women *Harper Collins*

The bestselling classic that redefined our view of the relationship between beauty and female identity. In today's world, women have more power, legal recognition, and professional success than ever before. Alongside the evident progress of the women's movement, however, writer and journalist Naomi Wolf is troubled by a different kind of social control, which, she argues, may prove just as restrictive as the traditional image of homemaker and wife. It's the beauty myth, an obsession with physical perfection that traps the modern woman in an endless spiral of hope, self-consciousness, and self-hatred as she tries to fulfill society's impossible definition of "the flawless beauty."

Unwell Women

Misdiagnosis and Myth in a Man-Made World *Penguin*

A trailblazing, conversation-starting history of women's health—from the earliest medical ideas about women's illnesses to hormones and autoimmune diseases—brought together in a fascinating sweeping narrative. Elinor Cleghorn became an unwell woman ten years ago. She was diagnosed with an autoimmune disease after a long period of being told her symptoms were anything from psychosomatic to a possible pregnancy. As Elinor

learned to live with her unpredictable disease she turned to history for answers, and found an enraging legacy of suffering, mystification, and misdiagnosis. In *Unwell Women*, Elinor Cleghorn traces the almost unbelievable history of how medicine has failed women by treating their bodies as alien and other, often to perilous effect. The result is an authoritative and groundbreaking exploration of the relationship between women and medical practice, from the "wandering womb" of Ancient Greece to the rise of witch trials across Europe, and from the dawn of hysteria as a catchall for difficult-to-diagnose disorders to the first forays into autoimmunity and the shifting understanding of hormones, menstruation, menopause, and conditions like endometriosis. Packed with character studies and case histories of women who have suffered, challenged, and rewritten medical orthodoxy—and the men who controlled their fate—this is a revolutionary examination of the relationship between women, illness, and medicine. With these case histories, Elinor pays homage to the women who suffered so strides could be made, and shows how being unwell has become normalized in society and culture, where women have long been distrusted as reliable narrators of their own bodies and pain. But the time for real change is long overdue: answers reside in the body, in the testimonies of unwell women—and their lives depend on medicine learning to listen.

Why Men Rule

A Theory of Male Dominance *Open Court Publishing Company*

The first edition of this book was lavishly praised by many

authorities as the most formidable demonstration of an unpopular truth: males rule in all societies known to history or anthropology, for reasons arising from innate physiology, a brute fact that can never be conjured away by tinkering with social institutions. This new edition has been completely rewritten in the light of two decades of scholarship and debate, taking account of all published criticisms of earlier editions.

The Boy Crisis

Why Our Boys Are Struggling and What We Can Do About It *BenBella Books*

What is the boy crisis? It's a crisis of education. Worldwide, boys are 50 percent less likely than girls to meet basic proficiency in reading, math, and science. It's a crisis of mental health. ADHD is on the rise. And as boys become young men, their suicide rates go from equal to girls to six times that of young women. It's a crisis of fathering. Boys are growing up with less-involved fathers and are more likely to drop out of school, drink, do drugs, become delinquent, and end up in prison. It's a crisis of purpose. Boys' old sense of purpose—being a warrior, a leader, or a sole breadwinner—are fading. Many bright boys are experiencing a "purpose void," feeling alienated, withdrawn, and addicted to immediate gratification. So, what is The Boy Crisis? A comprehensive blueprint for what parents, teachers, and policymakers can do to help our sons become happier, healthier men, and fathers and leaders worthy of our respect.

Gender Mosaic

Beyond the Myth of the Male and Female Brain *Little, Brown Spark*

With profound implications for our most foundational assumptions about gender, Gender Mosaic explains why there is no such thing as a male or female brain. For generations, we've been taught that women and men differ in profound and important ways. Women are more sensitive and emotional, whereas men are more aggressive and sexual, because this or that region in the brains of women is smaller or larger than in men, or because they have more or less of this or that hormone. This story seems to provide us with a neat biological explanation for much of what we encounter in day-to-day life. But is it true? According to neuroscientist Daphna Joel, it's not. And in Gender Mosaic, she sets forth a bold and compelling argument that debunks the notion of female and male brains. Drawing on the latest scientific evidence, including the groundbreaking results of her own studies, Dr. Joel explains that every human brain is a unique mixture -- or mosaic -- of "male" and "female" features, and that these mosaics don't map neatly into two categories. With urgent practical implications for the way we understand ourselves and the world around us, Gender Mosaic is a fascinating look at the science of gender, sex and the brain, and at how freeing ourselves from the gender binary can help us all reach our full human potential.

Why Men are the Way They are

The Male-female Dynamic *Berkley*

Considers aspects of male-female relationships in America today

to determine the motivations behind male behavior

Delusions of Gender: How Our Minds, Society, and Neurosexism Create Difference *W. W. Norton & Company*

Using findings from the latest information in developmental psychology, neuroscience and education, this book debunks the assumed differences between male and female brain function and reveals the brain's remarkable plasticity and the influence of culture on identity. Reprint.

Le Deuxième Sexe *Vintage*

The classic manifesto of the liberated woman, this book explores every facet of a woman's life.

Culture Against Man *Vintage*

Illuminates the anxieties suffered by Americans of all classes and ages as they try to conform to the cultural norms

Why Men Earn More

The Startling Truth Behind the Pay Gap--and what Women Can Do about it *AMACOM Div American Mgmt Assn*

What are the real reasons women earn less than men? What can they do about it? Find out in a new expos(r) from the bestselling author of "The Myth of Male Power."

The Frailty Myth

Redefining the Physical Potential of Women and Girls

Random House

Can women be equal to men as long as men are physically stronger? And are men, in fact, stronger? These are key questions that Colette Dowling, author of the bestselling *The Cinderella Complex*, raises in her provocative new book. The myth of female frailty, with its roots in nineteenth-century medicine and misogyny, has had a damaging effect on women's health, social status, and physical safety. It is Dowling's controversial thesis that women succumb to societal pressures to appear weak in order to seem more "feminine." The Frailty Myth presents new evidence that girls are weaned from the use of their bodies even before they begin school. By adolescence, their strength and aerobic powers have started to decline unless the girls are exercising vigorously--and most aren't. By sixteen, they have already lost bone density and turned themselves into prime candidates for osteoporosis. They have also been deprived of motor stimulation that is essential for brain growth. Yet as breakthroughs among elite women athletes grow more and more astounding, it begins to appear that strength and physical skill--for all women--is only a matter of learning and training. Men don't have a monopoly on physical prowess; when women and men are matched in size and level of training, the strength gap closes. In some areas, women are actually equipped to outperform men, due partly to differences in body structure, and partly to the newly discovered strengthening benefits of estrogen. Drawing on extensive research in motor development, performance assessment, sports physiology, and endocrinology, Dowling presents an astonishing picture of the new physical woman. And she creates a powerful argument that true equality isn't possible

until women learn how to stand up for themselves--physically.

Testosterone Rex: Myths of Sex, Science, and Society *W. Norton & Company*

"Beliefs about men and women are as old as humanity itself, but Fine's funny, spiky book gives reason to hope that we've heard Testosterone rex's last roar." —Annie Murphy Paul, New York Times Book Review Many people believe that, at its core, biological sex is a fundamental force in human development. According to this false-yet-familiar story, the divisions between men and women are in nature alone and not part of culture. Drawing on evolutionary science, psychology, neuroscience, endocrinology, and philosophy, Testosterone Rex disproves this ingrained myth and calls for a more equal society based on both sexes' full human potential.

Joining Forces

Balancing Masculine and Feminine *Smyth & Helwys Publishing, Inc.*

Many of us absorbed the rules for being male or female from our families and the culture in which we grew to adulthood. We formed beliefs about a man's role and a woman's role based on what we observed and experienced; mostly, those beliefs had to do with what men and woman did rather than who they were. Our ideas about what constitutes "masculine" and "feminine", by now outdated and inadequate, have led to a precarious imbalance both in our inner lives and in our external lives of relating to men and women. The result? A gender war. In *Joining Forces*, Jeanie

Miley explains that our deeply ingrained gender expectations have created an imbalance in our emotional and spiritual lives and have kept us from becoming our most authentic selves. *Joining Forces* will help readers discover the masculine and feminine characteristics that connect, unite, and restore us—traits that men and women alike can and do express. By joining our masculine and feminine strengths, we restore our own souls, our creative energies, and our own true, essential natures.

The Gendered Brain

The New Neuroscience that Shatters the Myth of the Female Brain *Arrow*

Barbie or Lego? Reading maps or reading emotions? Do you have a female brain or a male brain? Or is that the wrong question? On a daily basis we face deeply ingrained beliefs that our sex determines our skills and preferences, from toys and colours to career choice and salaries. But what does this mean for our thoughts, decisions and behaviour? Using the latest cutting-edge neuroscience, Gina Rippon unpacks the stereotypes that bombard us from our earliest moments and shows how these messages mould our ideas of ourselves and even shape our brains. Rigorous, timely and liberating, *The Gendered Brain* has huge repercussions for women and men, for parents and children, and for how we identify ourselves. 'Highly accessible... Revolutionary to a glorious degree' *Observer*

The Myth of Sisyphus And Other Essays *Vintage*

One of the most influential works of this century, *The Myth of*

Sisyphus and Other Essays is a crucial exposition of existentialist thought. Influenced by works such as *Don Juan* and the novels of Kafka, these essays begin with a meditation on suicide; the question of living or not living in a universe devoid of order or meaning. With lyric eloquence, Albert Camus brilliantly posits a way out of despair, reaffirming the value of personal existence, and the possibility of life lived with dignity and authenticity.

Power Through Prayer *Wildside Press LLC*

The contents of this message upon prayer should be read alike by preacher and teacher, evangelist and intercessor. Its pages contain an appeal to every "worker together with Christ," and stimulate the desire for prayer in the varied relationships of Christian life. The appeal deserves a wide circulation amongst members of Prayer Circles and Prayer Unions, and, indeed, amongst all who are looking for a revival of true religion in our land, and an exodus of ambassadors for Christ to heathen and Moslem populations. -- Albert A. Head.

Women Can't Hear What Men Don't Say

Destroying Myths, Creating Love *Penguin*

In *Women Can't Hear What Men Don't Say*, Dr. Warren Farrell demonstrates how gender-based anger at home, in the workplace, in omnipresent media images, and throughout the overall culture combines with men's own fear of speaking out to misrepresent the inner and outer reality of men's lives. Looking at the world from the perspectives of both men and women, Dr. Farrell provides a remarkable communication program to assist

couples in moving beyond the current tripwire assumptions that lead to so much gender-based conflict, and to allow them to understand and love each other more fully than ever. His methods are the culmination of thirty years of experience with thousands of men and women in workshops, groups, and seminars. They prove that strategies that create love at home can also produce success and respect in the workplace.

Man and Nature

Or, Physical Geography as Modified by Human Action

Myth of Male Power

The Feminist Lie

It Was Never about Equality *Createspace Independent Publishing Platform*

Feminist ideology has seeped into every aspect of our society. This book is a sobering true story of tragedy, suicide, and murder directly caused by feminism. It not only chronicles true stories that show feminism's discrimination against men, it's backed by peer-reviewed research. Additionally, it includes investigative journalism that proves feminism was never about equality. The reality is that feminism doesn't just victimize men. It also victimizes women, children, families, and communities.

The Myth of Mars and Venus

Do men and women really speak different languages? *OUP Oxford*

Popular assumptions about gender and communication - famously summed up in the title of the massively influential 1992 bestseller *Men Are From Mars, Women Are From Venus* - can have unforeseen but far-reaching consequences in many spheres of life, from attitudes to the phenomenon of 'date-rape' to expectations of achievement at school, and potential discrimination in the work-place. In this wide-ranging and thoroughly readable book, Deborah Cameron, Rupert Murdoch Professor of Language and Communication at Oxford University and author of a number of leading texts in the field of language and gender studies, draws on over 30 years of scientific research to explain what we really know and to demonstrate how this is often very different from the accounts we are familiar with from recent popular writing. Ambitious in scope and exceptionally accessible, *The Myth of Mars and Venus* tells it like it is: widely accepted attitudes from the past and from other cultures are at heart related to assumptions about language and the place of men and women in society; and there is as much similarity and variation within each gender as between men and women, often associated with social roles and relationships. The author goes on to consider the influence of Darwinian theories of natural selection and the notion that girls and boys are socialized during childhood into different ways of using language, before addressing problems of 'miscommunication' surrounding, for example, sex and consent to sex, and women's relative lack of success in work and politics. Arguing that what linguistic differences there are between men and women are driven by the

need to construct and project personal meaning and identity, Cameron concludes that we have an urgent need to think about gender in more complex ways than the prevailing myths and stereotypes allow. A compelling and insightful read for anyone with an interest in communication, language, and the sexes.

Black Macho and the Myth of the Superwoman *Verso Books*

Originally published in 1978, *Black Macho and the Myth of the Superwoman* caused a storm of controversy. Michele Wallace blasted the masculine biases of the black politics that emerged from the sixties. She described how women remained marginalized by the patriarchal culture of Black Power, demonstrating the ways in which a genuine female subjectivity was blocked by the traditional myths of black womanhood. With a foreword that examines the debate the book has sparked between intellectuals and political leaders, as well as what has—and, crucially, has not—changed over the last four decades, *Black Macho and the Myth of the Superwoman* continues to be deeply relevant to current feminist debates and black theory today.

Sacred Pleasure

Sex, Myth, and the Politics of the Body- *Harper Collins*

Riane Eisler shows us how history has consistently promoted the link between sex and violence—and how we can sever this link and move to a politics of partnership rather than domination in all our relations.

A Door in the Earth *Little, Brown*

From the bestselling author of *The Submission*: A young Afghan-American woman is trapped between her ideals and the complicated truth in this "penetrating" (*O, Oprah Magazine*), "stealthily suspenseful," (*Booklist*, starred review), "breathtaking and achingly nuanced" (*Kirkus*, starred review) novel. Parveen Shams, a college senior in search of a calling, feels pulled between her charismatic and mercurial anthropology professor and the comfortable but predictable Afghan-American community in her Northern California hometown. When she discovers a bestselling book called *Mother Afghanistan*, a memoir by humanitarian Gideon Crane that has become a bible for American engagement in the country, she is inspired. Galvanized by Crane's experience, Parveen travels to a remote village in the land of her birth to join the work of his charitable foundation. When she arrives, however, Crane's maternity clinic, while grandly equipped, is mostly unstaffed. The villagers do not exhibit the gratitude she expected to receive. And Crane's memoir appears to be littered with mistakes, or outright fabrications. As the reasons for Parveen's pilgrimage crumble beneath her, the U.S. military, also drawn by Crane's book, turns up to pave the solde road to the village, bringing the war in their wake. When a fatal ambush occurs, Parveen must decide whether her loyalties lie with the villagers or the soldiers -- and she must determine her own relationship to the truth. Amy Waldman, who reported from Afghanistan for the *New York Times* after 9/11, has created a taut, propulsive novel about power, perspective, and idealism, brushing aside the dust of America's longest-standing war to reveal the complicated truths beneath. *A Door in the Earth*

is the rarest of books, one that helps us understand living history through poignant characters and unforgettable storytelling.

Toward a Feminist Theory of the State *Harvard University Press*

This book presents MacKinnon's powerful analysis of politics, sexuality, and the law from the perspective of women. Using the debate over Marxism and feminism as a point of departure, MacKinnon develops a theory of gender centered on sexual subordination and applies it to the state.

Biology at Work

Rethinking Sexual Equality *Rutgers University Press*

Does biology help explain why women, on average, earn less money than men? Is there any evolutionary basis for the scarcity of female CEOs in Fortune 500 companies? According to Kingsley Browne, the answer may be yes. *Biology at Work* brings an evolutionary perspective to bear on issues of women in the workplace: the "glass ceiling," the "gender gap" in pay, sexual harassment, and occupational segregation. While acknowledging the role of discrimination and sexist socialization, Browne suggests that until we factor real biological differences between men and women into the equation, the explanation remains incomplete. Browne looks at behavioral differences between men and women as products of different evolutionary pressures facing them throughout human history. Women's biological investment in their offspring has led them to be on average more nurturing and risk averse, and to value relationships over competition. Men

have been biologically rewarded, over human history, for displays of strength and skill, risk taking, and status acquisition. These behavioral differences have numerous workplace consequences. Not surprisingly, sex differences in the drive for status lead to sex differences in the achievement of status. Browne argues that decision makers should recognize that policies based on the assumption of a single androgynous human nature are unlikely to be successful. Simply removing barriers to inequality will not achieve equality, as women and men typically value different things in the workplace and will make different workplace choices based on their different preferences. Rather than simply putting forward the "nature" side of the debate, Browne suggests that dichotomies such as nature/nurture have impeded our understanding of the origins of human behavior. Through evolutionary biology we can understand not only how natural selection has created predispositions toward certain types of behavior but also how the social environment interacts with these predispositions to produce observed behavioral patterns.

Disgrace

A Novel *Penguin*

J.M. Coetzee's latest novel, *The Schooldays of Jesus*, is now available from Viking. *Late Essays: 2006-2016* will be available January 2018. Set in post-apartheid South Africa, J. M. Coetzee's searing novel tells the story of David Lurie, a twice divorced, 52-year-old professor of communications and Romantic Poetry at Cape Technical University. Lurie believes he has created a comfortable, if somewhat passionless, life for himself. He lives

within his financial and emotional means. Though his position at the university has been reduced, he teaches his classes dutifully; and while age has diminished his attractiveness, weekly visits to a prostitute satisfy his sexual needs. He considers himself happy. But when Lurie seduces one of his students, he sets in motion a chain of events that will shatter his complacency and leave him utterly disgraced. Lurie pursues his relationship with the young Melanie—whom he describes as having hips “as slim as a twelve-year-old’s”—obsessively and narcissistically, ignoring, on one occasion, her wish not to have sex. When Melanie and her father lodge a complaint against him, Lurie is brought before an academic committee where he admits he is guilty of all the charges but refuses to express any repentance for his acts. In the furor of the scandal, jeered at by students, threatened by Melanie’s boyfriend, ridiculed by his ex-wife, Lurie is forced to resign and flees Cape Town for his daughter Lucy’s smallholding in the country. There he struggles to rekindle his relationship with Lucy and to understand the changing relations of blacks and whites in the new South Africa. But when three black strangers appear at their house asking to make a phone call, a harrowing afternoon of violence follows which leaves both of them badly shaken and further estranged from one another. After a brief return to Cape Town, where Lurie discovers his home has also been vandalized, he decides to stay on with his daughter, who is pregnant with the child of one of her attackers. Now thoroughly humiliated, Lurie devotes himself to volunteering at the animal clinic, where he helps put down diseased and unwanted dogs. It is here, Coetzee seems to suggest, that Lurie gains a redeeming sense of compassion absent from his life up to this point. Written

with the austere clarity that has made J. M. Coetzee the winner of two Booker Prizes, *Disgrace* explores the downfall of one man and dramatizes, with unforgettable, at times almost unbearable, vividness the plight of a country caught in the chaotic aftermath of centuries of racial oppression.

The Penelopiad *Faber & Faber*

As portrayed in Homer's *Odyssey*, Penelope - wife of Odysseus and cousin of the beautiful Helen of Troy - has become a symbol of wifely duty and devotion, enduring twenty years of waiting when her husband goes to fight in the Trojan War. As she fends off the attentions of a hundred greedy suitors, travelling minstrels regale her with news of Odysseus' epic adventures around the Mediterranean - slaying monsters and grappling with amorous goddesses. When Odysseus finally comes home, he kills her suitors and then, in an act that served as little more than a footnote in Homer's original story, inexplicably hangs Penelope's twelve maids. Now, Penelope and her chorus of wronged maids tell their side of the story in a new stage version by Margaret Atwood, adapted from her own wry, witty and wise novel. The *Penelopiad* premiered with the Royal Shakespeare Company in association with Canada's National Arts Centre at the Swan Theatre, Stratford-upon-Avon, in July 2007.

Ending the Male Leadership Myth

How Women Can Save Us from Destroying Ourselves *Createspace Independent Pub*

In Fernando Pargas' new work, he encourages men and women to

work together to usher in a better world by re-defining what real leadership is. To realize this new world, he urges men to change their Piscean masculine qualities that emphasize survival to Aquarian feminine traits that accentuate thriving. Female leadership centers on building and maintaining relationships while making the other guy look bad and blocking anything that will make him look good is what men are mostly about, he declares. "We men have lived in our own certainty for all of history," he says. "We are so burdened by the baggage of culture, tribalism, gender, racism, ethnicity and religion that we have cut ourselves off from reality." This better world that he envisions will be a change from the old, he argues, because men have driven the stagecoach of history down a rocky cliff too often. Women, on the other hand, are prepared to take these stagecoach reins of leadership and reorient them. And men must accept this startling new reality

The Myth of Sex Addiction *Rowman & Littlefield*

Presents the history and questionable science underlying sexual addiction, suggesting that men take responsibility for sexual choices rather than labeling sexual desire as a force that must be resisted, feared, and treated.

The Myth of Masculinity *Mit Press*

In this book, Joseph Pleck examines and analyzes the full body of research literature on the male role that has appeared since the 1930s and subjects it to a devastating critique. He identifies the components of the "male sex role paradigm" which has been the basis of research for the past forty years, and notes numerous

instances of blatant misrepresentation of data, twisted reinterpretations of disconfirming results, misogyny, homophobia, and class bias. He proposes a new theory, the "sex role strain paradigm," offers a reinterpretation of sex role stereotyping, and a critique of research by sociobiologists that allegedly demonstrates a biological basis for male aggression.

The Pregnant Male as Myth and Metaphor in Classical Greek Literature *Cambridge University Press*

This book traces the image of the pregnant male as it evolves in classical Greek literature. Originating as a representation of paternity and, by extension, "authorship" of creative works, the image later comes to function also as a means to explore the boundary between the sexes.

The New Soft War on Women

How the Myth of Female Ascendancy Is Hurting Women, Men--and Our Economy *Penguin*

For the first time in history, women make up half the educated labor force and are earning the majority of advanced degrees. It should be the best time ever for women, and yet... it's not. Storm clouds are gathering, and the worst thing is that most women don't have a clue what could be coming. In large part this is because the message they're being fed is that they now have it made. But do they? In *The New Soft War on Women*, respected experts on gender issues and the psychology of women Caryl Rivers and Rosalind C. Barnett argue that an insidious war of subtle biases and barriers is being waged that continues to

marginalize women. Although women have made huge strides in recent years, these gains have not translated into money and influence. Consider the following: - Women with MBAs earn, on average, \$4,600 less than their male counterparts in their first job out of business school. - Female physicians earn, on average, 39 percent less than male physicians. - Female financial analysts take in 35 percent less, and female chief executives one quarter less than men in similar positions. In this eye-opening book, Rivers and Barnett offer women the real facts as well as tools for combating the “soft war” tactics that prevent them from advancing in their careers. With women now central to the economy, determining to a large degree whether it thrives or stagnates, this is one war no one can afford for them to lose.

The Masculine Way

What Your Dream Girl Really Wants - Dissecting Alpha Males, Pickup Artists and Nice Guys *CreateSpace*

This book is not meant to teach you routines for picking up women, or to give you the secrets on how to get her into bed in three easy steps. You're not meant to carry this book around as your go-to guide when you see a hot girl that you want to get to know. If you are looking for a quick fix, you should buy another book. What this book is truly about is rediscovering your

masculinity that society has beaten out of you, if you even had it to begin with. A philosophical journey which will have you questioning all that you have believed up until recently, and a cognitive path that will show you the steps you need to take in order to be a man who truly warrants, attracts and settles for nothing less than his Dream Girl. Included within the book are sections covering: -12 Things Nice Guys do that Screw Things Up -6 Things About Bad Boys that Drive Women Wild -4 Key "Good Man" Character Traits Women Value -The Truth About Flirting and Attraction Skills that Pickup Artists Never Share -Why Moving too Quickly Hurts Men More than Moving too Slowly -Why the Average Man Does Not Meet Enough Women -The Secret Behind Your Car, Money & Looks as far as Women are Concerned - Lessons in Giving Up Too Quickly vs. Not Quickly Enough -The Plight of Men who are Simply Not Interesting -Hidden Realities of Angry Men and how it Affects their Success -What Living in your Own Head Truly Means, and how it Hurts You -Seeking Approval vs. Giving Approval -Philosophical Overview on why Your Perception of Reality is Flawed -Overcoming Limiting Beliefs -The Importance of a Man's Purpose in Life -Analyzing what Makes a Dream Girl -The Subtle and Not-so-Subtle Differences Between Alpha Males, Pickup Artists and Nice Guys Also includes a free bonus section highlighting the 20 phases of a man's level of proficiency with women.