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Adolescent Eating Disorders: Mayo Clinic Radio **Family-Based Therapy for Anorexia Nervosa in Adolescents** *Getting Treatment for 10 Years of Bulimia: LIFE CHANGING* **Medical Complications of Eating Disorders** *Eating Disorders: The Latest Treatment Options (Part 1 of 2)* *Understanding Eating Disorders and their Treatment* **Eating Disorders The Latest Treatment Options Part 1 of 2** *PROFESSIONALS— Evidence-Based Treatment for Adolescents with Anorexia and Bulimia* *Treating bulimia with Dr. Patricia Westmoreland*

How We Treat Eating Disorders at Johns Hopkins Medicine

Child and Adolescent Eating Disorder Service (CAEDS) research strategy ~~Anorexia and other eating disorders: HOW TO HELP YOUR CHILD EAT WELL AND BE WELL~~ *What to Expect at an Inpatient Eating Disorder Treatment Centre | FAQ* **Maudsley Method (short)** *How to help someone with an eating disorder* *The Starving Art (2012)* *Orientation to BCCH Eating Disorders Unit* **The 3 Types of Eating Disorders \u0026 How to Spot Them** **Seattle Children's Eating Disorders Refeeding Program** **Eating Disorders Acute and Chronic Health Impacts Part 1 of 2** **Eating Disorder Facts and Treatment - Part 2** *Eating disorders (anorexia, bulimia, and binge-eating disorder)* *An Update on Family Based Treatment for Adolescent Eating Disorders* *Bulimia and Binge Eating in Teens: What We Know and What To Do* *Eating Disorder Facts and Treatment - Part 6* *6 Types of Eating Disorders* *The History of Anorexia \u0026 Bulimia* **It's Time to Talk About It: The Brain and Eating Disorders**

Treating Bulimia In Adolescents A

An indispensable clinical resource, this groundbreaking book is the first treatment manual to focus specifically on adolescent bulimia nervosa. The authors draw on their proven approach to treating anorexia nervosa in the family context and adapt it to the unique needs of this related yet distinct clinical population.

Treating Bulimia in Adolescents: A Family-Based Approach

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An indispensable clinical resource, this groundbreaking book is the first treatment manual to focus specifically on adolescent bulimia nervosa. The authors draw on their proven approach to treating anorexia nervosa in the family context and adapt it to the unique needs of this related yet distinct clinical population.

Treating Bulimia in Adolescents: Amazon.co.uk: Le Grange

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Most children with bulimia are girls in their teens. They tend to be from a high socioeconomic group. They may have other mental health problems, such as an anxiety or mood disorders. Children with bulimia are more likely to come from families with a history of: Eating disorders; Physical illness

Bulimia Nervosa in Adolescents | Johns Hopkins Medicine

Cognitive behavioral therapy (CBT) is probably the most common and well-known treatment for both anorexia and bulimia. This treatment option is based on the theory that a person's thoughts, behaviors and emotions are all interconnected. Therefore, they can be restructured to support new thoughts and actions.

Five Treatment Options for Adolescents with Bulimia Nervosa

Family-Based Treatment (FBT), also known as the Maudsley Approach, was first developed to treat adolescent Anorexia Nervosa (AN), and was later adapted for patients with bulimia nervosa. FBT for bulimia nervosa shares many of the same principles and strategies that make FBT for anorexia nervosa so

innovative and effective.

Family-Based Treatment for Adolescent Bulimia Nervosa

...

Despite the increasing number of RCTs for treatment of adolescents with AN and adults with BN, there continues to be few systematic studies of treatment of BN in adolescents. While FBT-BN has preliminary evidence to support the involvement of caregivers in treatment, there is considerable room for improvement to impact binge-eating and purging symptoms further among adolescent sufferers.

Bulimia nervosa in adolescents: prevalence and treatment

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There are various treatment routes that can be used effectively to help treat eating disorders like anorexia and bulimia. Finding the right treatment for your child will depend on a few factors including: Your child's BMI – those with a very low BMI (15 or less) are likely to need inpatient care. We always advise seeking care for your child as quickly as possible if they have a low BMI).

Eating disorder treatment | CAMHS UK

Medication. Antidepressants should not be offered as the only treatment for bulimia. But you may be offered an antidepressant, such as fluoxetine (Prozac), in combination with therapy or self-help treatment, to help you manage other conditions, such as: anxiety or depression. social phobia.

Bulimia - Treatment - NHS

- Medically unstable adolescents with AN or BN should be admitted to an inpatient unit for stabilization (refeeding for AN and curtailing of binge eating and purging for BN)
- Medically stable adolescents with AN should be treated on an outpatient basis, with the parents taking the lead in the patients care
- Medically stable adolescents with BN should be treated as outpatients with a family-based approach or CBT proving to be the most promising treatments at this time
- A ...

The Treatment of Adolescent Eating Disorders | Psychiatric ...

"Written by two specialists on eating disorders, this book provides a detailed description of a family-based treatment for adolescents with bulimia nervosa. Practical in orientation and comprehensive in scope, this is an invaluable resource for clinicians."--

Christopher G. Fairburn, DM, FRCPsych, FMedSci, Department of Psychiatry, Warneford Hospital, Oxford University, Oxford, UK

Treating Bulimia in Adolescents: A Family-Based Approach ...

Two leading experts in eating disorders offer a comprehensive, evidence-based, and fully customizable program for treating adolescents with anorexia nervosa, bulimia nervosa, and binge eating. If you treat adolescents with eating disorders, you need a flexible treatment plan that can be tailored to your patient's individual needs, and which fully incorporates the adolescent's family or caregivers.

Treating Eating Disorders in Adolescents |

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1.2.7 Be aware that, in addition to the points in recommendation 1.2.6, children and young people with an eating disorder may also present with faltering growth (for example, a low weight or height for their age) or delayed puberty.. 1.2.8 Do not use single measures such as BMI or duration of illness to determine whether to offer treatment for an eating disorder.

Eating disorders: recognition and treatment

Treating Bulimia in Adolescents: A Family-Based Approach: Le Grange, Daniel, Lock, James: Amazon.sg: Books

Treating Bulimia in Adolescents: A Family-Based Approach ...

Continued Nutrition and Diet's Role in Bulimia Treatment. A nutrient-dense, sugar-free diet may help reduce binge eating. Also, eliminate alcohol, caffeine, flavor enhancers, most salt, and ...

Bulimia Nervosa Treatment - Medications, Therapies, Self

...
If your teen is diagnosed with an eating disorder, treatment will

likely involve a specific type of family therapy that helps you work with your child to improve his or her eating habits, reach a healthy weight, and manage other symptoms.

Teen eating disorders: Tips to protect your teen - Mayo Clinic

Eating disorders are not uncommon among teens. Take "Kerri" (not her real name) for example. Upset with a sudden weight gain, the 15-year-old forced herself to throw up after eating her

school ...

Eating Disorders in Teenagers: Symptoms, Causes, Treatment

Antidepressants may help reduce the symptoms of bulimia when used along with psychotherapy. The only antidepressant specifically approved by the Food and Drug Administration to treat bulimia is fluoxetine (Prozac), a type of selective serotonin reuptake inhibitor (SSRI), which may help even if you're not depressed.