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Where There is No Doctor

A Health Care Handbook

Where Women Have No Doctor

A Health Guide for Women

This comprehensive community-based health book for women was developed with the help of community-based groups, village health workers and women's health experts in more than 30 countries. It combines medical information with an understanding of how poverty, discrimination, and culture affect women's health and access to health care. Liberally illustrated.

Where There Is No Dentist *Diana*

This book is an important companion to Hesperian's classic book *Where There Is No Doctor*. All Hesperian books are regularly updated and reprinted to reflect accurate medical information. Community health workers, educators and individuals from around the world use *Where There Is No Dentist* to help people care for their teeth and gums. This book's broad focus makes it an invaluable resource. The author uses straightforward language and careful instructions to explain how to examine patients, diagnose common dental problems, make and use dental equipment, use local anesthetics, place fillings and remove teeth. There is also a special chapter on oral health and HIV/AIDS, which provides the dental worker with a detailed, well-illustrated discussion of the special problems faced by people living with HIV/AIDS, and appropriate treatment.

Where There is No Psychiatrist

A Mental Health Care Manual *RCPsych Publications*

This book is a practical manual of mental health care for community health workers, primary care nurses, social

workers and primary care doctors, particularly in developing countries.

Where There is No Animal Doctor *Christian Veterinary Mission*

When There Is No Doctor

The fifth title in Process' Self-Reliance series demystifies medical practices with a practical approach to 21st Century health and home medicine, particularly helpful for stressful moments in a financial downturn. *When There Is No Doctor* is smartly designed and full of medical tips and emergency suggestions. It should be no further than an arm's reach in your household at a time when our health system has become particularly susceptible to strain. "this is a book about sustainable health, primarily having to do with your health and what you can do to protect it - in bad times certainly, but also in good. I will help you ensure the health of those you love, yourself and, should you so choose, your community, if and when the world changes. World may come to mean your little town or the whole globe. It could change for a few days or weeks, or for a few years. It could change because of a flood, financial crisis, flu pandemic, or failure of our energy procurement, production or distribution systems." "I will not teach you to be a lone survivalist who anticipates doing an appendectomy on himself or a loved one on the kitchen table with a steak knife and a few spoons, although I will discuss techniques of austere and improvised medicine for really hard times." - from *When There Is No Doctor*.

Where There is No Doctor

A Health Care Handbook

Improvised Medicine: Providing Care in Extreme Environments

McGraw Hill Professional

Deliver quality healthcare in the most challenging field conditions. Full of practical clinical pearls and proven strategies, this indispensable guide shows you how to operate outside your comfort zone and devise effective treatment solutions when the traditional tools (medications, equipment, and staff) are unavailable—or when you need to provide care outside of your specialty. *Improvised Medicine* is a must for anyone who plans to work in global, disaster, or other resource-poor settings. **FEATURES:** Simple-to-follow directions, diagrams, and illustrations describe practical techniques and the improvised equipment necessary to provide quality care during crises. Contains improvisations in anesthesia and airway management, dentistry, gynecology/obstetrics, infectious disease/laboratory diagnosis, internal medicine, otolaryngology, pediatrics and malnutrition, orthopedics, psychiatry, and surgery. Also includes basic disaster communication techniques, post-disaster forensics, a model hospital disaster plan, and innovative patient-transport methods. **LEARN HOW TO:** Make an endotracheal tube in seconds. Perform digital-oral and blind-nasotracheal intubations. Make plaster bandages for splints/casts. Give open-drop ether, ketamine drips, and halothane. Use subcutaneous/intraperitoneal rehydration/transfusion. Make ORS and standard nutrition formulas. Clean, disinfect, and sterilize equipment for reuse. Warm blood units in seconds inexpensively. Take/view stereoscopic x-rays with standard equipment. Quickly and easily stop postpartum hemorrhage. Fashion surgical equipment from

common items. Evacuate patients easily for high-rise hospitals. Make esophageal and precordial stethoscopes. Quickly improvise a saline lock. Make ECG electrode/defibrillator pads and ultrasound gel.

Where No Doctor Has Gone Before

Cuba's Place in the Global Health Landscape *Wilfrid Laurier Univ. Press*

Tens of thousands of people around the world die each day from causes that could have been prevented with access to affordable health care resources. In an era of unprecedented global inequity, Cuba, a small, low-income country, is making a difference by providing affordable health care to millions of marginalized people. Cuba has developed a world-class health care system that provides universal access to its own citizens while committing to one of the most extensive international health outreach campaigns in the world. The country has trained thousands of foreign medical students for free under a moral agreement that they serve desperate communities. To date, over 110,000 Cuban health care workers have served overseas. *Where No Doctor Has Gone Before* looks at the dynamics of Cuban medical internationalism to understand the impact of Cuba's programs within the global health landscape. Topics addressed include the growing moral divide in equitable access to health care services, with a focus on medical tourism and Cuba's alternative approach to this growing trend. Also discussed is the hidden curriculum in mainstream medical education that encourages graduates to seek lucrative positions rather than commit to service for the marginalized. The author shows how Cuba's *Escuela Latinoamericana de*

Medicina (ELAM) serves as a counter to this trend. An acknowledgement of Cuba's tremendous commitment, the book reveals a compelling model of global health practice that not only meets the needs of the marginalized but facilitates an international culture of cooperation and solidarity.

Where There is No Vet *Oxfam Publications*

Intended for anyone in the tropics who keeps animals, this book is for people who help, advise, or teach others who keep animals. The text covers topics that affect the health of livestock, from diarrhoea to rinderpest, traditional remedies to the uses of modern medicines and vaccines, and includes advice on care, feeding and handling of animals.

The Survival Doctor's Complete Handbook *Simon and Schuster*

It's the worst snowstorm you can remember. The ice-covered streets are abandoned. You hear a boom in the distance, and your computer screen goes blank. Darkness. A crash and another bang from inside the house. In the hallway, your husband sits on the floor, soaked in blood. You dial 911, and all you get is a busy signal. Would you know what to do next? The Survival Doctor's Complete Handbook will teach you just what you need to know to take care of yourself and your loved ones in the event you aren't able to get professional medical help right away. Encompassing but going well beyond immediate first aid, the book covers: how to put a dislocated joint back into place how to prevent hypothermia when your heat has gone out what to do for asthma when you don't have your inhaler whether you can really drink your

own urine if you run out of water what to feed your toddler if he has a fever and you have no medicine and much more Featuring more than 100 illustrations, along with quick quizzes and real-life examples, The Survival Doctor's Complete Handbook will take you step by step through the essentials of medical care during a crisis. Perhaps you've been stranded by a sudden storm when out camping. Maybe you live alone in a rural area, and can't easily get to a doctor when you hurt your arm. Or you just want to make sure you and your family are prepared to safely weather the next Superstorm Sandy, polar vortex, tornado strike, heat wave, earthquake, or other natural disaster. Whatever your situation and your health needs, The Survival Doctor's Complete Handbook is your must-have medical resource.

Every Minute Is a Day

A Doctor, an Emergency Room, and a City Under Siege *Crown*

An urgent, on-the-scene account of chaos and compassion on the front lines of ground zero for Covid-19, from a senior doctor at New York City's busiest emergency room "Remarkable and inspiring . . . We're lucky to have this vivid firsthand account."—A. J. Jacobs, bestselling author of *The Year of Living Biblically* When former New York Times journalist Dan Koeppel texted his cousin Robert Meyer, a twenty-year veteran of the emergency room at Montefiore Medical Center in the Bronx, at the beginning of the Covid-19 crisis in the United States, he expected to hear that things were hectic. On a scale of 1 to 10, 10 being overwhelmed, where do you think you are? Koeppel asked. Meyer's grave reply—100—was merely the cusp

of the crisis that would soon touch every part of the globe. In need of an outlet to process the trauma of his working life over the coming months, Meyer continued to update Koeppel with what he'd seen and whom he'd treated. The result is an intimate record of historic turmoil and grief from the perspective of a remarkably resilient ER doctor. Every Minute Is a Day takes us into a hospital ravaged by Covid-19 and is filled with the stories of promises made that may be impossible to keep, of life or death choices for patients and their families, and of selflessness on the part of medical professionals who put themselves at incalculable risk. As fast-paced and high-tempo as the ER in which it takes place, Every Minute Is a Day is at its core an incomparable firsthand account of unrelenting compassion, and a reminder that every human life deserves a chance to be saved.

Lifelines

A Doctor's Journey in the Fight for Public Health *Metropolitan Books*

From medical expert Leana Wen, MD, *Lifelines* is an insider's account of public health and its crucial role—from opioid addiction to global pandemic—and an inspiring story of her journey from struggling immigrant to being one of Time's 100 Most Influential People. "Public health saved your life today—you just don't know it," is a phrase that Dr. Leana Wen likes to use. You don't know it because good public health is invisible. It becomes visible only in its absence, when it is underfunded and ignored, a bitter truth laid bare as never before by the devastation of COVID-19. Leana Wen—emergency physician, former Baltimore health commissioner, CNN

medical analyst, and Washington Post contributing columnist—has lived on the front lines of public health, leading the fight against the opioid epidemic, outbreaks of infectious disease, maternal and infant mortality, and COVID-19 disinformation. Here, in gripping detail, Wen lays bare the lifesaving work of public health and its innovative approach to social ills, treating gun violence as a contagious disease, for example, and racism as a threat to health. Wen also tells her own uniquely American story: an immigrant from China, she and her family received food stamps and were at times homeless despite her parents working multiple jobs. That child went on to attend college at thirteen, become a Rhodes scholar, and turn to public health as the way to make a difference in the country that had offered her such possibilities. Ultimately, she insists, it is public health that ensures citizens are not robbed of decades of life, and that where children live does not determine whether they live.

The Real Doctor Will See You Shortly

A Physician's First Year *Crown Publishing Group (NY)*

"A young doctor stumbles through his experience as a first year intern at a major New York hospital"--

No Apparent Distress: A Doctor's Coming of Age on the Front Lines of American Medicine *W. W. Norton & Company*

A brutally frank memoir about doctors and patients in a health care system that puts the poor at risk. *No Apparent Distress* begins with a mistake made by a white medical student that may have

hastened the death of a working-class black man who sought care in a student-run clinic. Haunted by this error, the author—herself from a working-class background—delves into the stories and politics of a medical training system in which students learn on the bodies of the poor. Part confession, part family history, *No Apparent Distress* is at once an indictment of American health care and a deeply moving tale of one doctor's coming-of-age.

A Book for Midwives

Care for Pregnancy, Birth, and Women's Health

Handbook of Medicine in Developing Countries *Christian Medical & Dental Assn*

Epidemic Illusions

On the Coloniality of Global Public Health *MIT Press*

A physician-anthropologist explores how public health practices—from epidemiological modeling to outbreak containment—help perpetuate global inequities. In *Epidemic Illusions*, Eugene Richardson, a physician and an anthropologist, contends that public health practices—from epidemiological modeling and outbreak containment to Big Data and causal inference—play an essential role in perpetuating a range of global inequities. Drawing on postcolonial theory, medical anthropology, and critical science studies, Richardson demonstrates the ways in which the flagship discipline of epidemiology has been shaped by the colonial, racist, and patriarchal system that had its inception in 1492.

Helping Health Workers Learn [microform] : a Book of Methods, Aids, and Ideas for Instructors at the Village Level *Beauport, Quebec : C.M.I.C., [between 1982 and 1985]*

How Doctors Think *HarperCollins*

On average, a physician will interrupt a patient describing her symptoms within eighteen seconds. In that short time, many doctors decide on the likely diagnosis and best treatment. Often, decisions made this way are correct, but at crucial moments they can also be wrong -- with catastrophic consequences. In this myth-shattering book, Jerome Groopman pinpoints the forces and thought processes behind the decisions doctors make. Groopman explores why doctors err and shows when and how they can -- with our help -- avoid snap judgments, embrace uncertainty, communicate effectively, and deploy other skills that can profoundly impact our health. This book is the first to describe in detail the warning signs of erroneous medical thinking and reveal how new technologies may actually hinder accurate diagnoses. *How Doctors Think* offers direct, intelligent questions patients can ask their doctors to help them get back on track. Groopman draws on a wealth of research, extensive interviews with some of the country's best doctors, and his own experiences as a doctor and as a patient. He has learned many of the lessons in this book the hard way, from his own mistakes and from errors his doctors made in treating his own debilitating medical problems. *How Doctors Think* reveals a profound new view of twenty-first-century medical practice, giving doctors and patients the vital information they need to make better judgments together.

Ditch Medicine

Advanced Field Procedures For Emergencies *Paladin Press*

Whether it's a war zone or a civil disaster area, traumatic injuries often occur in remote, unsanitary locations. This book teaches advanced field procedures for small wound repair, care of the infected wound, IV therapy, pain control, amputations, treatment of burns, airway procedures and more.

This Is Going to Hurt

Secret Diaries of a Medical Resident *Little, Brown Spark*

In the US edition of this international bestseller, Adam Kay channels Henry Marsh and David Sedaris to tell us the "darkly funny" (The New Yorker) -- and sometimes horrifying -- truth about life and work in a hospital. Welcome to 97-hour weeks. Welcome to life and death decisions. Welcome to a constant tsunami of bodily fluids. Welcome to earning less than the hospital parking meter. Wave goodbye to your friends and relationships. Welcome to the life of a first-year doctor. Scribbled in secret after endless days, sleepless nights and missed weekends, comedian and former medical resident Adam Kay's *This Is Going to Hurt* provides a no-holds-barred account of his time on the front lines of medicine. Hilarious, horrifying and heartbreaking by turns, this is everything you wanted to know -- and more than a few things you didn't -- about life on and off the hospital ward. And yes, it may leave a scar.

The Book of Lost Things

A Novel *Simon and Schuster*

Taking refuge in fairy tales after the loss

of his mother, twelve-year-old David finds himself violently propelled into an imaginary land in which the boundaries of fantasy and reality are disturbingly melded. By the author of *The Black Angel*. 75,000 first printing.

On My Own Country

A Popular National Song *BookRags*

The Role of Telehealth in an Evolving Health Care Environment

Workshop Summary *National Academies Press*

In 1996, the Institute of Medicine (IOM) released its report *Telemedicine: A Guide to Assessing Telecommunications for Health Care*. In that report, the IOM Committee on Evaluating Clinical Applications of Telemedicine found telemedicine is similar in most respects to other technologies for which better evidence of effectiveness is also being demanded. Telemedicine, however, has some special characteristics-shared with information technologies generally-that warrant particular notice from evaluators and decision makers. Since that time, attention to telehealth has continued to grow in both the public and private sectors. Peer-reviewed journals and professional societies are devoted to telehealth, the federal government provides grant funding to promote the use of telehealth, and the private technology industry continues to develop new applications for telehealth. However, barriers remain to the use of telehealth modalities, including issues related to reimbursement, licensure, workforce, and costs. Also, some areas of telehealth have developed a stronger evidence base than others. The Health Resources and Service Administration

(HRSA) sponsored the IOM in holding a workshop in Washington, DC, on August 8-9 2012, to examine how the use of telehealth technology can fit into the U.S. health care system. HRSA asked the IOM to focus on the potential for telehealth to serve geographically isolated individuals and extend the reach of scarce resources while also emphasizing the quality and value in the delivery of health care services. This workshop summary discusses the evolution of telehealth since 1996, including the increasing role of the private sector, policies that have promoted or delayed the use of telehealth, and consumer acceptance of telehealth. The Role of Telehealth in an Evolving Health Care Environment: Workshop Summary discusses the current evidence base for telehealth, including available data and gaps in data; discuss how technological developments, including mobile telehealth, electronic intensive care units, remote monitoring, social networking, and wearable devices, in conjunction with the push for electronic health records, is changing the delivery of health care in rural and urban environments. This report also summarizes actions that the U.S. Department of Health and Human Services (HHS) can undertake to further the use of telehealth to improve health care outcomes while controlling costs in the current health care environment.

Chasing My Cure

A Doctor's Race to Turn Hope into Action; A Memoir *Ballantine Books*

LOS ANGELES TIMES AND PUBLISHERS WEEKLY BESTSELLER • The powerful memoir of a young doctor and former college athlete diagnosed with a rare

disease who spearheaded the search for a cure—and became a champion for a new approach to medical research. “A wonderful and moving chronicle of a doctor’s relentless pursuit, this book serves both patients and physicians in demystifying the science that lies behind medicine.”—Siddhartha Mukherjee, New York Times bestselling author of *The Emperor of All Maladies* and *The Gene* David Fajgenbaum, a former Georgetown quarterback, was nicknamed the Beast in medical school, where he was also known for his unmatched mental stamina. But things changed dramatically when he began suffering from inexplicable fatigue. In a matter of weeks, his organs were failing and he was read his last rites. Doctors were baffled by his condition, which they had yet to even diagnose. Floating in and out of consciousness, Fajgenbaum prayed for a second chance, the equivalent of a dramatic play to second the game into overtime. Miraculously, Fajgenbaum survived—only to endure repeated near-death relapses from what would eventually be identified as a form of Castleman disease, an extremely deadly and rare condition that acts like a cross between cancer and an autoimmune disorder. When he relapsed while on the only drug in development and realized that the medical community was unlikely to make progress in time to save his life, Fajgenbaum turned his desperate hope for a cure into concrete action: Between hospitalizations he studied his own charts and tested his own blood samples, looking for clues that could unlock a new treatment. With the help of family, friends, and mentors, he also reached out to other Castleman disease patients and physicians, and eventually came up with an ambitious plan to crowdsource the most promising

research questions and recruit world-class researchers to tackle them. Instead of waiting for the scientific stars to align, he would attempt to align them himself. More than five years later and now married to his college sweetheart, Fajgenbaum has seen his hard work pay off: A treatment he identified has induced a tentative remission and his novel approach to collaborative scientific inquiry has become a blueprint for advancing rare disease research. His incredible story demonstrates the potency of hope, and what can happen when the forces of determination, love, family, faith, and serendipity collide. Praise for *Chasing My Cure* “A page-turning chronicle of living, nearly dying, and discovering what it really means to be invincible in hope.”—Angela Duckworth, #1 New York Times bestselling author of *Grit* “[A] remarkable memoir . . . Fajgenbaum writes lucidly and movingly . . . Fajgenbaum’s stirring account of his illness will inspire readers.”—Publishers Weekly

U.S. Army Special Forces Medical Handbook *paladin Press*

This handy guide is packed with the all the info you need to stay alive and well in the field, including disease diagnosis and treatment, drugs and dosages, emergency paramedical skills and preventive medicine. Special sections cover wartime emergencies (burn and blast injuries; nuclear, biological and chemical warfare; and emergency surgery) as well as primitive and veterinary medicine, obstetrics, pediatrics and orthopedics. Also includes practical survival techniques.

Grit

The Power of Passion and Perseverance *Simon and Schuster*

In this instant New York Times bestseller, Angela Duckworth shows anyone striving to succeed that the secret to outstanding achievement is not talent, but a special blend of passion and persistence she calls “grit.” “Inspiration for non-geniuses everywhere” (People). The daughter of a scientist who frequently noted her lack of “genius,” Angela Duckworth is now a celebrated researcher and professor. It was her early eye-opening stints in teaching, business consulting, and neuroscience that led to her hypothesis about what really drives success: not genius, but a unique combination of passion and long-term perseverance. In *Grit*, she takes us into the field to visit cadets struggling through their first days at West Point, teachers working in some of the toughest schools, and young finalists in the National Spelling Bee. She also mines fascinating insights from history and shows what can be gleaned from modern experiments in peak performance. Finally, she shares what she’s learned from interviewing dozens of high achievers—from JP Morgan CEO Jamie Dimon to New Yorker cartoon editor Bob Mankoff to Seattle Seahawks Coach Pete Carroll. “Duckworth’s ideas about the cultivation of tenacity have clearly changed some lives for the better” (The New York Times Book Review). Among *Grit*’s most valuable insights: any effort you make ultimately counts twice toward your goal; grit can be learned, regardless of IQ or circumstances; when it comes to child-rearing, neither a warm embrace nor high standards will work by themselves; how to trigger lifelong interest; the magic of the Hard Thing Rule; and so much more. Winningly personal,

insightful, and even life-changing, *Grit* is a book about what goes through your head when you fall down, and how that—not talent or luck—makes all the difference. This is “a fascinating tour of the psychological research on success” (*The Wall Street Journal*).

Man's 4th Best Hospital *Berkley*

The sequel to the bestselling and highly acclaimed *The House of God* One of the most prominent and enduring titles in medical fiction is the biting funny *House of God*, which has sold more than 2 million copies, becoming required reading for generations of medical students and health care professionals. With *Man's 4th Best Hospital*, Samuel Shem “the comic genius and holy terror of medicine” returns us to the hilarious and heartbreaking world of modern medicine. After *The House of God*, the resident known as The Fat Man and his eccentric band of interns scattered to the four corners of the country. Today Fats, now rich and famous, has been lured across town to the House of God's WASPy rival, *Man's Best Hospital*. But the august institution has sunk from being ranked the best hospital in the country to an embarrassing, and unacceptable, 4th! Fats' mission? To help the hospital climb back up the rankings. But as always, he's pursuing his own agenda. . . At his new Future of Medicine Clinic, the team comes back together to renew their life-changing friendships and teach a new generation of interns and residents. In a medical landscape dominated by computer screens and corrupted by money, they have a daunting goal: “To put the human back into healthcare.” What follows is an emotional and laugh-out-loud novel that reflects the issues in American healthcare today, from the tyranny of

computer screens to doctor burnout to the greed of the health insurance industry. * Bill McKibben

The HomeGrown Herbalist

Come along as clinical herbalist and practicing veterinarian Dr. Patrick Jones explores the principles of herbal medicine. He will teach you the importance of being plant-based rather than product based in your herbal healing. Also included are chapters on the principles of herbal therapy, herbal medicine making and details on about 28 readily-available, medicinal plants that every herbalist should know and love. Dr. Jones has a unique writing style and sense of humor that make this information a joy to read and accessible to anyone. Whether you are a seasoned herbalist or are just beginning, this book will give you much to inspire and teach you. The book is fully illustrated. You can be an herbalist!

If I Ran the Zoo *Random House Books for Young Readers*

Gerald tells of the very unusual animals he would add to the zoo, if he were in charge.

Healing Back Pain

The Mind-Body Connection *Grand Central Publishing*

Dr. John E. Sarno's groundbreaking research on TMS (Tension Myoneural Syndrome) reveals how stress and other psychological factors can cause back pain-and how you can be pain free without drugs, exercise, or surgery. Dr. Sarno's program has helped thousands of patients find relief from chronic back conditions. In this New York Times bestseller, Dr. Sarno teaches you how to identify stress and other psychological

factors that cause back pain and demonstrates how to heal yourself--without drugs, surgery or exercise. Find out: Why self-motivated and successful people are prone to Tension Myoneural Syndrome (TMS) How anxiety and repressed anger trigger muscle spasms How people condition themselves to accept back pain as inevitable With case histories and the results of in-depth mind-body research, Dr. Sarno reveals how you can recognize the emotional roots of your TMS and sever the connections between mental and physical pain...and start recovering from back pain today.

The Ultimate Guide To Choosing a Medical Specialty *McGraw Hill Professional*

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read." --Review from a 4th year Medical Student

The Law of Financial Success

One Friday in April: A Story of Suicide and Survival *W. W. Norton & Company*

Named one of the Most Anticipated of Books of 2021 by the Los Angeles Times,

Literary Hub, and The Millions A searing and brave memoir that offers a new understanding of suicide as a distinct mental illness. As the sun lowered in the sky one Friday afternoon in April 2006, acclaimed author Donald Antrim found himself on the roof of his Brooklyn apartment building, afraid for his life. In this moving memoir, Antrim vividly recounts what led him to the roof and what happened after he came back down: two hospitalizations, weeks of fruitless clinical trials, the terror of submitting to ECT—and the saving call from David Foster Wallace that convinced him to try it—as well as years of fitful recovery and setback. One Friday in April reframes suicide—whether in thought or action—as an illness in its own right, a unique consequence of trauma and personal isolation, rather than the choice of a depressed person. A necessary companion to William Styron's classic *Darkness Visible*, this profound, insightful work sheds light on the tragedy and mystery of suicide, offering solace that may save lives.

Suicide

The Forever Decision : for Those Thinking about Suicide and for Those who Know, Love, Or Counsel Them *Crossroad Publishing Company*

This is a frank, compassionate book written to those who contemplate suicide as a way out of their situations. The author issues an invitation to life, helping people accept the imperfections of their lives, and opening eyes to the possibilities of love.

Where There is No Doctor

A Village Health Care Book

Reports from the Sierra Madre

Stories Behind the Health Handbook Where There Is No Doctor

The Reports from the Sierra Madre comprise an on-the-spot journal of the first year David Werner spent as a novice health worker in the isolated villages of the Sierra Madre Occidental, the rugged mountain range of western México. That year was 1966. He was 31 years old. His engagement with the Sierra Madre spanned half a century, and had a far-reaching impact. His work in those isolated mountains led him to write the internationally acclaimed *Where There Is No Doctor*, a book that has influenced primary health care practices throughout the world. These four reports -- here published together for the first time -- were initially scribbled by lamplight and sent in serial form to friends to raise funds for this unlikely grassroots endeavor. Over two hundred photos, paintings and drawings by the author have been added to the original text. *Where There Is No Doctor*

grew out of David's personal experiences living and working side-by-side with the villagers, sharing their joys and hardships, and joining their struggles for their health and rights. These shared ventures also gave rise to several other ground-breaking primary health care and disability-related manuals by David Werner.

Nothing about Us Without Us

Developing Innovative Technologies For, by and with Disabled Persons *Healthwrights*

A Community Guide to Environmental Health

"Covers topics: community mobilization; water source protection, purification and borne diseases; sanitation; mosquito-borne diseases; deforestation and reforestation; farming; pesticides and toxics; solid waste and health care waste; harm from mining and oil extraction. Includes group activities and appropriate technology instructions."