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Make the Bread, Buy the Butter

What You Should and Shouldn't Cook from Scratch--Over 120 Recipes for the Best Homemade Foods *Simon and Schuster*

"A lively, frugal-chic answer to the question "Make or Buy" about 120 different food staples"--

Make the Bread, Buy the Butter

What You Should and Shouldn't Cook from Scratch -- Over 120 Recipes for the Best Homemade Foods *Simon and Schuster*

When Jennifer Reese lost her job, she was overcome by an impulse common among the recently unemployed: to economize by doing for herself what she had previously paid for. She had never before considered making her own peanut butter and pita bread, let alone curing her own prosciutto or raising turkeys. And though it sounded logical that “doing it yourself” would cost less, she had her doubts. So Reese began a series of kitchen-related experiments, taking into account the competing demands of everyday contemporary American family life as she answers some timely questions: When is homemade better? Cheaper? Are backyard eggs a more ethical choice than store-bought? Will grinding and stuffing your own sausage ruin your week? Is it possible to make an edible maraschino cherry? Some of Reese’s discoveries will surprise you: Although you should make your hot dog buns, guacamole, and yogurt, you should probably buy your hamburger buns, potato chips, and rice pudding. Tired? Buy your mayonnaise. Inspired? Make it. With its fresh voice and delightful humor, *Make the Bread, Buy the Butter* gives 120 recipes with eminently practical yet deliciously fun “Make or buy” recommendations. Reese is relentlessly entertaining as she relates her food and animal husbandry adventures, which amuse and perplex as well as nourish and sustain her family. Her tales include living with a backyard full of cheerful chickens, muttering ducks, and adorable baby goats; countertops laden with lacto-fermenting pickles; and closets full of mellowing cheeses. Here’s the full picture of what is involved in a truly homemade life—with the good news that you shouldn’t try to make everything yourself—and how to get the most out of your time in the kitchen.

Tartine Bread *Chronicle Books*

The Tartine Way — Not all bread is created equal The Bread Book "...the most beautiful bread book yet published..." -- The New York Times, December 7, 2010 Tartine — A bread bible for the home or professional bread-maker, this is the book! It comes from Chad Robertson, a man many consider to be the best bread baker in the United States, and co-owner of San Francisco's Tartine Bakery. At 5 P.M., Chad Robertson’s rugged, magnificent Tartine loaves are drawn from the oven. The bread at San Francisco's legendary Tartine Bakery sells out within an hour almost every day. Only a handful of bakers have learned the techniques Chad Robertson has developed: To Chad Robertson, bread is the foundation of a meal, the center of daily life, and each loaf tells the story of the baker who shaped it. Chad Robertson developed his unique bread over two decades of apprenticeship with the finest artisan bakers in France and the United States, as well as experimentation in his own ovens. Readers will be astonished at how elemental it is. Bread making the Tartine Way: Now it's your turn to make this bread with your own hands. Clear instructions and hundreds of step-by-step photos put you by Chad's side as he shows you how to make exceptional and elemental bread using just flour, water, and salt. If you liked Tartine All Day by Elisabeth Prueitt and Flour Water Salt Yeast by Ken Forkish, you'll love Tartine Bread!

My Bread: The Revolutionary No-Work, No-Knead Method *W. W. Norton & Company*

Outlines the author's method for creating no-knead, slow-rising artisanal breads in heavy preheated pots, sharing a variety of step-by-step recipes for such classics as a rustic Italian baguettes, the stirato and pizza Bianca.

Bread on the Table

Culinary instructor, baker, and owner of Easy Tiger Bake Shop & Beer Garden, Norman, explores the European breadmaking traditions that inspire him most --from the rye breads of France to the saltless ciabattas of Italy, to the traditional Christmas loaves of Scandinavia.avia.

Bread Book

Ideas and Innovations from the Future of Grain, Flour, and Fermentation [A Cookbook] *Lorena Jones Books*

Visionary baker Chad Robertson unveils what’s next in bread, drawing on a decade of innovation in grain farming, flour milling, and fermentation with all-new ground-breaking formulas and techniques for making his most nutrient-rich and sublime loaves, rolls, and more—plus recipes for nourishing meals that showcase them. “The most rewarding thing about making bread is that the process of learning never ends. Every day is a new study . . . the possibilities are infinite.”—from the Introduction More than a decade ago, Chad Robertson’s country levain recipe taught a generation of bread bakers to replicate the creamy crumb, crackly crust, and unparalleled flavor of his world-famous Tartine bread. His was the recipe that launched hundreds of thousands of sourdough starters and attracted a stream of understudies to Tartine from across the globe. Now, in *Bread Book*, Robertson and Tartine’s director of bread, Jennifer Latham, explain how high-quality, sustainable, locally sourced grain and flours respond to hydration and fermentation to make great bread even better. Experienced bakers and novices will find Robertson’s and Latham’s primers on grain, flour, sourdough starter, leaven, discard starter, and factoring dough formulas refreshingly easy to understand and use. With sixteen brilliant formulas for naturally leavened doughs—including country bread (now reengineered), rustic baguettes, flatbreads, rolls, pizza, and vegan and gluten-free loaves, plus tortillas, crackers, and fermented pasta made with discarded sourdough starter—*Bread Book* is the wild-yeast baker ’s flight plan for a voyage into the future of exceptional bread.

The Tassajara Bread Book *Shambhala Publications*

In a deluxe edition of the international bestseller that started a generation of Americans baking nearly thirty years ago, the author shows how to make--and enjoy--breads, pastries, muffins, and desserts for today's sophisticated palates.

Brilliant Bread *Random House*

Winner of the 2014 Guild of Food Writers Award for Cookery Book of the Year. James Morton was surely the people's favourite to win 2012's Great British Bake Off series - with his Fairisle jumpers and eccentric showstoppers, this soft-spoken Scottish medical student won the viewers' hearts if not the trophy. James's real passion is bread-making. He is fascinated by the science of it, the taste of it, the making of it. And in *Brilliant Bread* he communicates that passion to everyone, demystifying the often daunting process of "proper" bread making. James uses supermarket flour and instant yeast - you can save money by making your own bread. You don't even have to knead! It just takes a bit of patience and a few simple techniques. Using step by step photos, James guides the reader through the how-to of dough making and shaping, with recipes ranging from basic loaves through flatbreads, sourdoughs, sweet doughs, buns, doughnuts, focaccia and pretzels. Inspiring and simple to follow, with James's no-nonsense advice and tips, this book will mean you never buy another sliced white loaf again.

The Best Ever Bread Book

From Farm to Flour Mill, Recipes from Around the World *Penguin*

What's the main ingredient of bread? Flour! Find out how it is made, then use it to bake 17 sensational recipes from around the world. You don't need to travel to enjoy the variety of bread the world has to offer. Bring classic recipes to life from the comfort of your own home. From the humble loaf and classic baguette, to perfect pretzels, springy scones, and scrumptious cinnamon buns, follow simple step-by-step recipes and learn how to bake delicious bread for every occasion. Once you've mastered the basics of bread-making, you'll be ready to show off your new skills and wow your friends and family with some show-stopping variations of your own. But this isn't just a beautiful recipe ebook. From farm and flour mill to bakery, this ebook will take you on a fascinating journey of discovery. Find out how flour is farmed and milled, discover the different grain flours and legume flours, as well as the spectacular science behind the springy loaf. Would you have guessed that flour is explosive? Do you know what makes bread rise? Turn the pages of this book and discover that there's so much more to bread than meets the eye...

Never Buy Bread Again

20+ Homemade Bread Recipes

IF YOU'RE GOING TO EAT BREAD, MAKE IT REALLY GOOD BREAD!Is there anything that says "comfort food" more than the aroma of fresh baked bread? Have you wanted to bake bread but been intimidated bythe process? In *Never Buy Bread Again*, self-reliance author Laurie Neverman shares years of baking experience to help you create a wonderful array of homemade breads. In this book you'll find: * Troubleshooting tips so you can bake without fear * Easy everyday breads such as sandwich bread and crusty French bread * Quick breads such as buttermilk biscuits, corn bread and pancakes * Gluten free breads * Holiday and special occasion breads, like fruit filled kolache, Polish doughnuts and pretzel bread With a few pantry staples, you can create beautiful baked goods that make every meal a memorable one. Don't settle for grocery store loaves with questionable ingredients or pay outrageous prices for gourmet loaves - get this book and start baking with confidence today.

The Bread Bible *W. W. Norton & Company*

Presents a collection of baked bread recipes; outlines key baking techniques; and offers complementary information on ingredients, equipment, and baking chemistry.

Making Bread at Home

Over 50 recipes from around the world to bake and share *Ryland Peters & Small*

Jane Mason wants everyone to know how fun and easy it is to bake bread at home - and how much better it is for you than any store-bought, plastic-wrapped loaf out there. You don’t have to have made bread before to start creating delicious loaves. This book explains the basic techniques, and shows you, with step-by-step photography, how simple it is to make a huge variety of breads at home. The recipes come from the four corners of the globe, but they all have one thing in common - they are easy to follow and the result is so much better for you than anything you can buy in shops. Choose from more than 50 recipes, such as pitta bread, soda bread, cinnamon buns, cheese rolls, rye bread and cornbread. Spanning wheat and the myriad other grains used from country to country, this book will teach you how to make bread and understand its unique ability to bring people together to celebrate, share and enjoy it.

Paul Hollywood's Bread *Bloomsbury Publishing*

Paul Hollywood is Britain's favourite master baker. His new book is all about bread - how to make it and how to use it. But while it's all very well making a lovely loaf of bread, can you guarantee that it won't be wasted? You know those times when you have a lovely crusty loaf, fresh from the oven, and you have a horrible feeling that after the initial excitement is over, half of it's going to get pushed aside and not eaten...? Well, maybe it's time to bring bread back into mealtimes for real. Not only does Paul teach you exactly how to make a variety of breads, but for each one there is a spin-off recipe that shows you how to make a fantastic meal of it. The book has six chapters, each with five bread recipes - plus the spin-off recipes for main courses. Not only are Paul's recipes delicious but they are also foolproof, with comprehensive step-by-step photographs. Try your hand at a basic white bloomer, which can become a savoury picnic loaf; stilton and bacon rolls, which are excellent served with celery soup; fluffy crumpets, which become the base for eggs Benedict; flatbreads, which are a natural pairing with chickpea masala; ciabatta, which the Italians have traditionally used as a base for tomatoey panzanella; pizza bases, which can become home-made fig, Parma ham and Gorgonzola pizzas; or white chocolate and raspberry bread, which makes for the best summer pudding you've ever tasted. Tying in with the BBC2 television series, *Paul Hollywood's Bread* is all that you could want from a book and more. Get baking!

Bread

A Baker's Book of Techniques and Recipes *Wiley*

When *Bread* was first published in 2004, it received the Julia Child Award for best First Book and became an instant classic. Hailed as a “masterwork of bread baking literature,” Jeffrey Hamelman’s *Bread* features 140 detailed, step-by-step formulas for versatile sourdough ryes; numerous breads made with pre-ferments; and simple, straight dough loaves. Here, the bread baker and student will discover a diverse collection of flavors, tastes, and textures; hundreds of drawings that vividly illustrate techniques; and four-color photographs of finished and decorative breads.

You Buy the Peanut Butter, I'll Get the Bread

The Absolutely True Adventures of Best Friends in Business *Penguin*

Best friends and business partners, two remarkable women share their secrets to starting and succeeding in your own business Part inspiring business story and part insider’s how-to, *You Buy the Peanut Butter, I’ll Get the Bread* shares the lessons two best friends learned while making their business dreams come true. The co-founders of Noelle-Elaine Media, Inc.—a New York City-based event management, media relations, video and technical production firm with many notable corporate and celebrity clients—Kirsten and Renée give aspiring small-business starters the real deal on what it takes to succeed and endure, both professionally and personally. With refreshing honesty and sisterly counsel, they offer an up-close look at the daily highs and lows of starting, managing, and maintaining a business in the midst of developing and losing friendships, dating, falling in and out of love, and getting married—as well as the particular challenges women business owners face. Despite some peanut butter sandwich dinners, Kirsten and Renée made it happen, and their story will empower entrepreneurs everywhere that they can too.

How to Make Bread

Step-by-step recipes for yeasted breads, sourdoughs, soda breads and pastries *Ryland Peters & Small*

Today, people are rediscovering the joys of baking their own bread, not only as a cost-saving measure, but with the desire to go back to basics and enjoy making something rewarding. Emmanuel Hadjiandreou is passionate about bread and in this, his first book, he shows you how to make it, step by step. The book starts by explaining the key to good bread: why flour, yeast and temperature are important, and which kitchen equipment makes life easier. In Basic Breads, you'll learn how to make a Basic White Loaf with clear, step-by-step photos. With this method, you'll have the base for a number of variations. The rest of the book covers Wheat- or Gluten-free Breads, Sourdoughs, Flavoured Yeasted Breads, and Pastries and Morning Bakes - in more than 60 easy-to-follow recipes. Emmanuel Hadjiandreou has worked for Gordon Ramsay, Flour Power City Bakery, Daylesford Organic and Judges Bakery in Hastings. He currently teaches at The School Of Artisan Food in Nottinghamshire. His sourdough bread, stollen and other bread creations have won him several awards.

Modernist Cuisine

El arte y la ciencia de la cocina / The Art and Science of Cooking *Taschen America Llc*
Técnicas rompedoras utilizadas por los mejores chefs del mundo "El libro más importante en las artes culinarias desde Escoffier." --Tim Zagat Una revolución está en marcha en el arte de la cocina. Al igual que el impresionismo francés rompió con siglos de tradición artística, en los últimos años la cocina modernista ha franqueado los límites de las artes culinarias. Tomando prestadas técnicas de laboratorio, los chefs de santuarios gastronómicos mundialmente reconocidos, como elBulli, The Fat Duck, Alinea y wd~50, han abierto sus cocinas a la ciencia y a la innovación tecnológica incorporando estos campos de conocimiento al genio creativo de la elaboración de alimentos. En Modernist Cuisine: El arte y la ciencia de la cocina, Nathan Myhrvold, Chris Young y Maxime Bilet --científicos, creadores y reconocidos cocineros-- revelan a lo largo de estos seis volúmenes, de 2.440 páginas en total, unas técnicas culinarias que se inspiran en la ciencia y van de lo insospechado a lo sublime. Las 20 personas que componen el equipo de The Cooking Lab han conseguido nuevos y asombrosos sabores y texturas con utensilios como el baño María, los homogeneizadores y las centrífugas e ingredientes como los hidrocoloides, los emulsionantes y las enzimas. Modernist Cuisine es una obra destinada a reinventar la cocina. ¿Cómo se hace una tortilla ligera y tierna por fuera pero sabrosa y cremosa por dentro? ¿O patatas fritas esponjosas por dentro y crujientes por fuera? Imagínese poder envolver un mejillón con una esfera de gelatina de su propio jugo, dulce y salado a la vez. O preparar una mantequilla solo a base de pistachos, fina y homogénea. Modernist Cuisine explica todas estas técnicas y le guía paso a paso con ilustraciones. La ciencia y la tecnología de la gastronomía cobran vida en miles de fotografías y diagramas originales. Las técnicas fotográficas más novedosas e impresionantes permiten al lector introducirse en los alimentos para ver toda la cocina en acción, desde las fibras microscópicas de un trozo de carne hasta la sección transversal de una barbacoa Weber. La experiencia de comer y cocinar bajo una perspectiva completamente nueva. Una muestra de lo que va a descubrir: Por qué sumergir los alimentos en agua helada no detiene el proceso de cocción Cuando cocer en agua es más rápido que al vapor Por qué subir la parrilla no reduce el calor Por qué el horneado es principalmente un proceso de secado Por qué los alimentos fritos se doran mejor y saben más si el aceite se ha utilizado previamente Cómo pueden las modernas técnicas de cocina conseguir resultados perfectos sin el tiempo exacto o la buena suerte que requieren los métodos tradicionales Incluye aspectos cruciales como: Los sorprendentes principios científicos que encierran los métodos tradicionales de preparación de los alimentos, como asar, ahumar y saltear La guía más completa publicada hasta la fecha sobre la cocina al vacío, con las mejores opciones para baños María, materiales de envasado y equipos de sellado, estrategias de cocción y consejos para solucionar problemas Más de 250 páginas sobre carnes, pescados y marisco y 130 páginas sobre frutas, verduras y cereales, incluidas cientos de recetas paramétricas y técnicas paso a paso Extensos capítulos que explican cómo obtener conseguir resultados increíbles utilizando modernos espesantes, geles, emulsiones y espumas, incluidas recetas de muestra y muchas fórmulas Más de 300 páginas de nuevas recetas con presentaciones listas para servirse en restaurantes de alta cocina, además de recetas adaptadas de grandes chefs como Grant Achatz, Ferran Adrià, Heston Blumenthal, David Chang, Wylie Dufresne y David Kinch, entre otros Volumen 1: Historia y fundamentos Volumen 2: Técnicas y equipamiento Volumen 3: Animales y plantas Volumen 4: Ingredientes y preparaciones Volumen 5: Recetas listas para servir Volumen 6: Manual de cocina, impreso en papel resistente al agua, con recetas de ejemplo y exhaustivas tablas de referencia

Josey Baker Bread

Get Baking - Make Awesome Bread - Share the Loaves *Chronicle Books*
This is the first true entry-level bread-baking cookbook, from Josey Baker (that's his real name!), a former science teacher turned San Francisco baking sensation. Josey Baker Bread combines step-by-step lessons with more than 100 photographs, offering easy-to-follow guidance for aspiring bakers. Recipes start with the basic formula for making bread— requiring little more than flour, water, time, and a pan—and build in depth and detail as the user progresses to more complex loaves, including Josey's cult favorite Dark Mountain Rye. With chapters dedicated to pizza, pocketbreads, and treats, Josey's playful, encouraging tone makes for a fun read full of great advice for bakers of all levels.

The Best of Artisan Bread in Five Minutes a Day

Favorite Recipes from Bread*In5 St. Martin's Press*
WITH A FOREWORD BY ANDREW ZIMMERN "What Zoë and Jeff have done with the Artisan Bread in Five Minutes series is prove that the world’s easiest yeasted loaf, the most versatile bread dough recipe (even pizza!), can be taken in so many directions and have so many applications that it has created a series of hits." —From the Foreword by Andrew Zimmern From Jeff Hertzberg, M.D., and Magnolia Network's Zoë François, the authors of the Artisan Bread in Five Minutes a Day series, comes a collection of all time favorite recipes and techniques. With nearly one million copies of their books in print, Jeff Hertzberg and Zoë François have proven that people want to bake their own bread, so long as they can do it easily and quickly. But with five very different “Bread in Five” books to choose from, bakers have been asking: “Which one should I get if I want a little of everything: the best of European and American classics, whole-grain recipes, pizza and flatbread, gluten-free, sourdough, and loaves enriched with eggs and butter?” With The Best of Artisan Bread in Five Minutes a Day, Jeff and Zoë have chosen their absolute favorite 80 recipes from all five of their books, bringing them together into a single volume that is the only bread book a baker needs. In addition to old favorites, the book pulls in a few new tricks, tips, and techniques that Jeff and Zoë have learned along the way. With this revolutionary stored-dough technique—along with color and

instructional black-and-white photographs—readers can have stunning, delicious bread on day one. The Best of Artisan Bread in Five Minutes a Day will make everyone a baker—with only five minutes a day of active preparation time.

Beard on Bread

A Cookbook *Knopf*
NATIONAL BESTSELLER • The definitive cookbook on bread baking, Beard on Bread contains 100 recipes and variations for making delicious, fresh bread at home—by one of the most influential cookery teachers of the twentieth century. Covering breads from Sourdough to Challah, Brioche to fruits breads, and Parker House Rolls to Buttermilk White Bread, this classic cookbook brings together simple, easy-to-make recipes from across America and around the world. Written by culinary icon James Beard—the “Dean of American Gastronomy”—and featuring a wonderful variety of different types of bread—plain, whole-meal, and sweetened breads, batter breads, baking powder and soda breads, rolls, flat breads, filled breads, fried breads, and more—as well as a 12-point list of remedies to help you bake a better loaf, this is the only book home bakers need in order to master the art of making bread.

Mastering Bread

The Art and Practice of Handmade Sourdough, Yeast Bread, and Pastry [A Baking Book] *Ten Speed Press*
From a master of the artisan bread movement comes a comprehensive guide to making incredible bread at home, featuring more than 70 delicious recipes NAMED ONE OF THE BEST COOKBOOKS OF THE YEAR BY THE ATLANTA JOURNAL-CONSTITUTION “Here, finally, is the one bread book that every cook needs on their kitchen worktable.”—Andrew Zimmern, host of Bizarre Foods The Vetri Cucina Bread Program began over a decade ago and has been part of the American movement to reclaim high-quality bread as a cornerstone of our food culture. In Mastering Bread, Marc Vetri and his former head baker, Claire Kopp McWilliams, show home cooks how to create simple breads with unique flavors in a home oven. Included are more than seventy recipes for their bestselling sourdough and yeast loaves as well as accompaniments to serve with the breads. Their process of bread-making is broken down into three easy-to-digest chapters: Mix, Shape, and Bake. Another chapter includes recipes for enjoying breadin dishes such as Bruschetta, Panzanella, and Ribollita. There’s even a bonus chapter revealing the secrets of Vetri’s coveted Panettone. This book shares everything that Vetri and McWilliams have learned over the years about the art and science of making incredible bread. They explain how to use fresh milled and whole-grain flours as well as local and regional wheat varieties, with easy instructions for adapting bread recipes for success with whatever flour is available in your market. Included throughout are bios and interviews with grain farmers, millers, and bread bakers from around the nation. Mastering Bread is a master class from an award-winning chef who makes world-class artisan bread easy to bake for both home cooks and professionals alike.

Delancey

A Man, a Woman, a Restaurant, a Marriage *Simon and Schuster*
"When Molly Wizenberg married Brandon Pettit, she vowed always to support him, to work with him to make their hopes and dreams real. She evinced enthusiasm about Brandon's enthusiasms: building a violin, building a boat, and opening an ice cream store--none of which came to pass. So when Brandon started making plans to open a pizza restaurant, Molly felt sure that the restaurant would join the list of Brandon's abandoned projects. When she finally realized that Delancey really was going to happen, that Brandon was going to change all of her assumptions about what their married life would be like, it was too late. She faced the first crisis in their young marriage. Opening a restaurant is not like hosting a dinner party every night. Molly and Brandon's budget was small, and the tasks at hand were often overwhelming. They had to find a space they could afford, gut renovate it themselves, find second-hand furniture and equipment, build what furniture they couldn't find, buy and install a wood-burning oven, pass health inspections, hire staff, and establish a billing and payroll system. They lost a financial partner. Their cook disappeared the day they opened. Still, their restaurant was a success, and Molly managed to convince herself that she was happy in their new life. Until Halloween night, when she was forced to admit she could no longer pretend. While Delancey is a funny and frank look at behind-the-scenes restaurant life, it is also a bravely honest and moving portrait of a tender young marriage and two partners who had to find out how to let each other go in order to come together"--

Bread Science

The Chemistry and Craft of Making Bread
Bread Science is the complete how-to guide to bread making. It covers the entire process in detail. With over 250 photos and illustrations, it makes bread making approachable and fun. Learn how to . . .-use preferments to increase the flavor of your bread,-create and maintain your own sourdough starter,-mix a well-balanced dough and knead it to perfection,-give your dough additional strength with a folding technique,-shape smooth, symmetric boules, batards, and baguettes,-modify your oven to make it better for baking bread, and more.In addition to the craft, Bread Science explains the science behind bread making, from fermentation reactions to yeast behavior, gluten structure, gas retention, and more. If you like to understand why things happen, Bread Science is for you.The 15th anniversary edition contains all the great content of the original edition, with a beautiful new cover.

Make Ahead Bread

100 Recipes for Melt-in-Your-Mouth Fresh Bread Every Day
"This book created in a two-part approach that both saves time and enhances flavor, the recipes in Make Ahead Bread will give inexperienced bakers and busy home cooks the information they need to make bread on a schedule that works for them"--

Bread Making

Crafting the Perfect Loaf, from Crust to Crumb *Storey Publishing*
Imagine making your own ciabatta, whole-wheat sourdough, English muffins, challah, naan, rye bread, brioche, and more! Even complete beginners can successfully bake their own bread with this in-depth course in core bread-making techniques. From buying flour to slicing a warm baguette, you ll find everything you need to know to make artisanal loaves of every bread style, including straight doughs, sourdoughs, yeasted flatbreads, and more. "

Food Matters

A Guide to Conscious Eating with More Than 75 Recipes *Simon and Schuster*
From the award-winning champion of culinary simplicity who gave us the bestselling How to Cook Everything and How to Cook Everything Vegetarian comes Food Matters, a plan for responsible eating that's as good for the planet as it is for your weight and your health. We are finally starting to acknowledge the threat carbon emissions pose to our ozone layer, but few people have focused on the extent to which our consumption of meat contributes to global warming. Think about it this way: In terms of energy consumption, serving a typical family-of-four steak dinner is the rough equivalent of driving around in an SUV for three hours while leaving all the lights on at home. Bittman offers a no-nonsense rundown on how government policy, big business marketing, and global economics influence what we choose to put on the table each evening. He demystifies buzzwords like "organic," "sustainable," and "local" and offers straightforward, budget-conscious advice that will help you make small changes that will shrink your carbon footprint -- and your waistline. Flexible, simple, and non-doctrinaire, the plan is based on hard science but gives you plenty of leeway to tailor your food choices to your lifestyle, schedule, and level of commitment. Bittman, a food writer who loves to eat and eats out frequently, lost thirty-five pounds and saw marked improvement in his blood levels by simply cutting meat and processed foods out of two of his three daily meals. But the simple truth, as he points out, is that as long as you eat more vegetables and whole grains, the result will be better health for you and for the world in which we live. Unlike most things that are virtuous and healthful, Bittman's plan doesn't involve sacrifice. From Spinach and Sweet Potato Salad with Warm Bacon Dressing to Breakfast Bread Pudding, the recipes in Food Matters are flavorful and sophisticated. A month's worth of meal plans shows you how Bittman chooses to eat and offers proof of how satisfying a mindful and responsible diet can be. Cheaper, healthier, and socially sound, Food Matters represents the future of American eating.

Bread Comes to Life

A Garden of Wheat and a Loaf to Eat
Beginning with a bit of wheat grass in his backyard, a baker goes through the process of making bread, from threshing and grinding to mixing and baking, and also offers at-home activities like making chewing gum and baking your own loaf.

Advanced Bread and Pastry *Cengage Learning*
Advanced Bread & Pastry has a unique approach to providing advanced level concepts, techniques and formulas to those aspiring to be professional bakers and professional pastry chefs. Exquisite photographs are throughout to further inspire learners and professionals of the unlimited potential of the craft. Advanced Bread and Pastry provides in depth information and troubleshooting strategies for addressing the complex techniques of the advanced level of bread and pastry arts. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

Swiss Bread

A culinary journey with 42 sweet and savory recipes *Helvetiq*
A piece of Swiss tradition to share with your friends and family: In Switzerland, you will find over 200 different types of bread. Many of these breads have a unique connection to the history, culture and geography of the country. Apart from Fondue, the Sunday "Zopf" is probably the most well-known national food. Bread has been an important part of everyday life in Switzerland for a long time. The majority of Swiss breads have a strong connection to their cantons of origin. Many of the breads also have links to festivities and traditions, such as the Three King's Cake. Bread is also found as an ingredient in many Swiss dishes. Whether you are baking for the first time or have a lot of experience already, this book offers you plenty of recipes to try out. With many fascinating stories appearing alongside these recipes, you will get to know Switzerland through its delicious bread.

Tartine *Chronicle Books*
Every once in a while, a cookbook comes along that instantly says "classic." This is one of them. Acclaimed pastry chef Elisabeth Prueitt and master baker Chad Robertson share not only their fabulous recipes, but also the secrets and expertise that transform a delicious homemade treat into a great one. It's no wonder there are lines out the door of Elisabeth and Chad's acclaimed Tartine Bakery. It's been written up in every magazine worth its sugar and spice. Here their bakers' art is transformed into easy-to-follow recipes for the home kitchen. The only thing hard about this cookbook is deciding which recipe to try first: moist Brioche Bread Pudding; luscious Banana Cream Pie; the sweet-tart perfection of Apple Crisp. And the cakes! Billowing chiffon cakes. Creamy Bavarians bursting with seasonal fruits. A luxe Devil's Food Cake. Lemon Pound Cake, Pumpkin Tea Cake. Along with the sweets, cakes, and confections come savory treats, such as terrifically simple Wild Mushroom Tart and Cheddar Cheese Crackers. There's a little something here for breakfast, lunch, tea, supper, hors d'oeuvres—and, of course, a whole lot for dessert! Practical advice comes in the form of handy Kitchen Notes. These "hows" and "whys" convey the authors' know-how, whether it's the key to the creamiest quiche (you'll be surprised), the most efficient way to core an apple, or tips for ensuring a flaky crust. Top it off with gorgeous photographs throughout and you have an utterly fresh, inspiring, and invaluable cookbook.

Let's Make Bread *Childrens Press*
Photographs and simple text introduce the steps involved in making a loaf of bread.

The Book of Bread *William Morrow Cookbooks*
"The Book of Bread . . . is a treasure. Written by two of the best-known food authorities in the U.S., the book makes the baking of bread a true labor of love."--San Francisco Chronicle

Bread Cookbook

The Complete Guide to Achieving Bakery-Quality Results At Home Delicious Bread

Recipes with Images Make Cooking Easier With Bread Cookbook
Learn how to make hot and tasty bread using flour, yeast, water, and salt in the comfort of your own home. Bread Baking is the perfect bread cookbook for new bakers, with clear instructions. This wonderful bread cookbook includes step-by-step photos and directions, as well as a delicious collection of recipes for kneaded, no-knead, and enriched breads. You will discover techniques for resolving bread baking problems and important information on everything from preparation and proof periods to example sentences and kitchen basics. You have always hope to know how to bake bread from the comfort of your own home. If you are a beginner baker who has never made bread before, you'll be able to succeed right away with this book in your hands! Inside the Bread Cookbook, you'll find: What Is Bread? How Do You Make Bread? Why should you start baking bread? Choosing the bread ingredients 15 Different Types of Bread Bread Recipes Breakfast Bread Recipes This book will help you become the star of your kitchen.

Bread Baking for Beginners

The Essential Guide to Baking Kneaded Breads, No-Knead Breads, and Enriched Breads *Rockridge Press*
The guidance you need to go from absolute beginner to artisanal bread baker Discover how anyone can combine flour, yeast, water, and salt to create hot and delicious bread in the comfort of your own kitchen. Filled with straightforward guidance, Bread Baking for Beginners is the ideal bread cookbook for new bakers. Complete with step-by-step photographs and instructions, this beautiful bread baking guide offers a tasty collection of recipes for kneaded, no-knead, and enriched breads. In addition to important info on everything from prep and proof times to key terminology and kitchen essentials, you'll also get must-have tips for troubleshooting bread baking issues. From total scratch to your very first batch, this bread cookbook includes: Knead to know—Discover the science behind the bread baking process, popular techniques, and the tools needed to bake fluffy, flavorful loaves. Stepping scones—Level up your bread baking skills with recipes that progress from a beginner's, easy-to-master recipe into dozens of intermediate and advanced sweet and savory breads. From 'd'oh!' to dough—Troubleshoot bread baking issues with FAQs that address everything from burnt brioche to deflated baguettes. This bread cookbook will help you master the craft of bread making so you can share homemade loaves with the people you love.

The Bread Machine Cookbook for Beginners

Amazing Bread Machine Recipes That Make Home Baking a Breeze. Easy-To-Follow Guide to Baking Delicious Breads, Buns, Rolls and Loaves

The Artisan Bread Cookbook

Beginner's Guide to Artisanal Baking with Easy Homemade Recipes for Classic and Modern Breads, Sourdough, Pizza, and Pastries

Aunt Barb's Bread Book *Native Ground Music*
Bake up your great grandmother's wholesome, tasty hearth-baked breads in your own kitchen today! You will be amazed by the stunning loaves and rolls you pluck from new or vintage cast ironware, baking stones, or everyday gizmos that produce yesterday's radiant cooking environments for your modern oven, wood fireplace, or campfire. Recipes from 1820 through 1920 include harvest apple bread, whole-grain little gem breads, oat sandwich loaf, buttermilk rolls, and lots more. Features many period photographs and bread-lore and is appropriate for all skill levels.

Artisan Bread in Five Minutes a Day

The Discovery That Revolutionizes Home Baking *Thomas Dunne Books*
For 30+ brand-new recipes and expanded 'Tips and Techniques', check out The New Artisan Bread in Five Minutes a Day, on sale now. This is the classic that started it all - Artisan Bread in Five Minutes a Day has now sold hundreds of thousands of copies. With more than half a million copies of their books in print, Jeff Hertzberg and Zoë François have proven that people want to bake their own bread, so long as they can do it easily and quickly. Crusty baguettes, mouth-watering pizzas, hearty sandwich loaves, and even buttery pastries can easily become part of your own personal menu, Artisan Bread in Five Minutes a Day will teach you everything you need to know, opening the eyes of any potential baker.

How To Make Your Homemade Bread With Ease

Complete Picture Step By Step Guide On How To Make Your Own Homemade Bread Like A Pro
MAKING YOUR HOMEMADE BREADIf you'd like to learn how to bake bread, here's a wonderful place to start. This easy white bread recipe bakes up deliciously golden brown. There's nothing like the homemade aroma wafting through my kitchen as it bakes.Have you ever wanted to master homemade bread? Real, crusty, chewy, delicious bakery-style loaves that taste incredible with dips, soups, sauces, and comforting dinners? This recipe is where you start. This artisan bread is for beginners, but even bread masters will appreciate its flavor and ease. It's so fresh, so flavorful, and so surprisingly easy because it basically makes itself.GET YOURS NOW and learn how to bake your own bread at the comfort of your home...By Clicking BUY NOW

Making Bread at Home *Weidenfeld & Nicolson*
The owner of the famous Carved Angel restaurant serves up his first-hand knowledge of making the perfect tasty, nutritious loaf--and proves that it's within anyone's grasp. Beginning with information on grains, leavening, mixing, kneading, shaping, and cooking, he then presents 50 easy-to-follow, utterly delicious international recipes. Try crusty French baguettes, Italian ciabatta, Indian naan, sweet Austrian gugelhupf, San Francisco sourdough, West Indian roti, tortillas, bagels, pita, and more. You'll never buy bread again!